From Absolute to Ultimate,
The Gist of All Spirituality

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Introduction

High-level spirituality is not "easy." It’s not merely about meditating, reading books, or watching videos. It puts immense pressure on your mind. Every connection in your brain and mind will be unraveled and rewired. You won’t always “like” the process as you go through it. It’s often bitter and doesn’t always feel "great" or "joyful." There will be tests, and you will fail some of them. You might even have to metaphorically burn yourself to ashes and rise again.

The only way to make this journey slightly easier is to let go of all your prior understanding, ideas, and knowledge—and begin with a completely clean slate.

God Works In A Mysterious Way

Another important aspect is trust. Pray to Allah for guidance toward the correct and easiest path, and place your trust in Him. The universe may reveal things you don’t like or that clash with your previous understanding, ideas, or knowledge. Yet, you must trust that the universe is showing you the right path, regardless of how it appears.

There are no "coincidences." If something arises, it has done so for your higher realization (like this book you're reading—ha ha ha!). Take the time to understand the lesson it holds for you.

Your personal self—ego, mind, or lower self—will resist the lessons. It will do everything it can to avoid them.

An important point to note is that most people cannot handle true "enlightenment." It is often "too heavy" for their minds to bear.

Even those seeking enlightenment often look for something simple or comfortable. Some begin the process but abandon it just before reaching true enlightenment because the weight of the journey becomes overwhelming.

Of those who embark on the path, only a few ever reach the highest level of enlightenment, often referred to as the "absolute level." And this book delves into what lies beyond even that level!

There are also those who reach the absolute level but then fall into the trap of their egos, leading them onto a new path of misguidance. Be careful of such individuals.

It is hard to find statistics, but I found the following statistics from this link:

(https://nurtureyourspirit.org/how-many-people-are-spiritually-awake-awakening-stats/):

	Has had an STE (according to research)	Has had a spiritual awakening (reddit poll)	Reddit poll calculated with viewers who didn't vote	Fully enlightened according to experts
Percentage of the population	41%	34%	8.2%	0.0001%

This 0.0001% represents the approximate proportion of the population that reaches the highest level of enlightenment, often referred to as the absolute level. As you can imagine, achieving this is neither easy nor simple. It requires extensive research, effort, and dedication to reach such a stage.

However, this book is not about that level. It is about the levels that go beyond the absolute level of consciousness, beyond what is commonly referred to as "enlightenment." There are no statistics to indicate how many from that 0.0001% have reached these further levels, but it would undoubtedly be very, very few. And beyond that lies the "Ultimate Level Part 3," which I will discuss at the end of this book. That ultimate level can only be attained by one specific person, yet paradoxically, everyone in the world is already at that level—whether they accept it or not, ha ha ha!

The reason I am sharing this is to emphasize that if you're looking for something simple or easy, you might feel disappointed. Still, you should read this book, LOL! Nothing happens without a reason, so if this book has somehow found its way into your hands, better dive in and discover what it has to reveal to you!

Rules For Reading This Book

Do Not Trust Your Eyes

Trust Allah more than your eyes. Eyes can sometimes deceive you—they don't always show what is truly there. At times, they may even distort reality based on your inner state. If your heart is unclean, your perception will also be unclear. Trust in Allah and cleanse your heart for a clearer vision. Read the book multiple times; if you don't understand something, read it again.

Do Your Homework

This book is not here to repeat what you already know or what a quick Google search can reveal. Its purpose is to share insights that are rarely spoken of. Seek out additional knowledge and understanding through your own efforts.

You Don't Have to Understand Everything

On your spiritual journey, some information will resonate with your mind, while other parts will speak directly to your heart. Don't get frustrated if certain ideas feel unclear. Understanding will come in its own time, when you're ready.

The secret of spiritual realizations is that they are effortless. You don't have to understand everything. Just read, watch the videos, and whatever you need to realize will come to you automatically. When the time is right, realization will happen on its own.

Sleep

If you feel sleepy while reading this book, or even afterward, don't worry. Let yourself rest—it's part of the process.

Vastness

The subject of this book is vast and cannot be fully conveyed through words. That's why I've included references to videos and webpages. Pause to watch or read them; otherwise, you may miss key insights.

References

In some cases, I have included text from Wikipedia. I am aware that Wikipedia is not considered a reliable academic reference, but I am not concerned with such formalities. My goal is simply to convey my message in the clearest way possible. Do your own research if you feel the need.

Silence

The lessons in this book go beyond the intellect. To truly grasp its depth, practice silence after reading. Let your heart absorb and realize what you've read.

The more you know, the more silent you become.

Read this book at least three times. The first time, you can read it all at once if you want. The next time, take your time with each chapter—or even each line—and reflect, think, or do your own research.

The Real is One.

Even if your mind doesn't like what is written in this book,

Complete reading it.

Then sit in silence.

Like Rumi said:

"Silence is God's language."

Let your heart realize the meaning of these words.

Don't get stuck on the words; the realization is far more important than the words.

About Me

I am a Muslim. I am a Sufi mystic. I will write from an Islamic point of view, but try to realize with your heart, not your brain, regardless of what religion you follow—or if you follow none at all.

That's all I have to say about myself.
I am nothing more than that beggar who was begging on the street,
And I got close to God when I looked into her eyes.

Knowledge:

There are two kinds of knowledge:

One, which can be described in words and understood by the mind.

The second, which cannot be described in words and can only be realized with the heart through direct experience.

How deeply you will understand or realize the second kind of knowledge depends on how clean your heart is. The cleaner the heart, the deeper the knowledge will be realized.

A Very Interesting Thing

I am sure that if I went to someone and said, “Hey, you know you could manifest yourself as a billionaire. Would you like to know how to do that?”—he would eagerly listen, maybe even dance with excitement.

But that same person would not listen if I told him, “I have a fruit of knowledge, and I want to share it with you.”

It is very interesting—whenever I try to share this knowledge, even with people from my community, they reject it strongly. It is as if *something* within them resists it with all its strength. No matter what, they refuse to listen for even a minute. They interrupt, question, and argue every ten seconds. One person even told me, “Stop talking about these things, or you will no longer be my friend!”

I have seen the same reaction even from those who have spiritual knowledge. Even they could not bear listening to these facts.

This is not about simple manifesting techniques, an easy life, or achieving a blissful state through meditation.

It is something deeper.

And *something* inside people knows that.

Something within the mind opposes this kind of teaching very, very strongly. Because accepting it would mean facing its own destruction.

That something is the ego. It does not want to die.

Why am I telling you this?

Because, most likely, you will feel the same resistance. Your ego will try to stop you from finishing this book and realizing what is written here.

That is its nature.

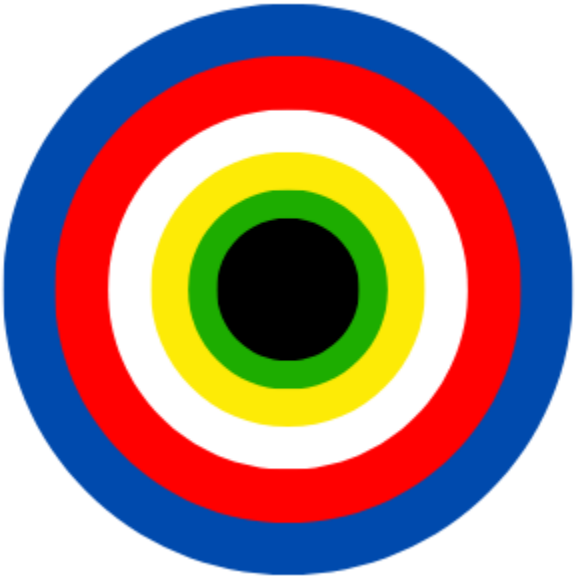
But I challenge you—make a firm decision now. No matter what, you will finish reading this book.

Because beyond that resistance lies something far greater.

Rings:

The Quran is structured in a ring-like pattern, or mirror image, called ring composition. In this structure, the central meaning of the text is in the middle, and the second half mirrors the first half in reverse order. The matching can be based on themes, content, literary features, or style. The result is that the text looks like concentric rings.

Source: https://www.islam21c.com/texts/ring-theory-the-qurans-structural-coherence/



Everything in creation follows a circular pattern. For example, the moon orbits the Earth in a ring. Spiritual levels of understanding are also like rings, one within another. The same spiritual realization experienced at a lower level can reappear at a higher level, but with greater clarity and a broader perspective. At times, it may seem like the same idea is being expressed twice in different words, but it is actually being conveyed from a more expansive viewpoint.

Why I Am Writing This Book

I want to let my fellow spiritual seekers know that ‘absolute level of unity’ is not the final level that can be achieved. We need to know this because:

The compass: When you were in the lower levels, your ‘spiritual compass’ was showing the upper direction and you were going up. The moment you reached the ‘absolute level’ and then came back to normal life and started thinking it is the highest most possible level, your ‘spiritual compass’ started showing the down direction and you are going down from upper levels to lower level again without realizing it.

I am not saying this has happened with most seekers. Many seekers have reached the absolute level of unity and managed to maintain balance in their lives without progressing to the next higher level. The ‘compass’ problem mentioned earlier is observed primarily in ‘new age spirituality,’ which are often blended with beliefs such as:

1. ***Aliens created humans, rather than The Real.***
2. ***There is nothing significant to do in life; we will just die anyway.***
3. ***There is no afterlife, and everything is happening 'now’.***

    - *(This reflects a misunderstanding of the actual truth that 'everything happening now' **includes** the afterlife as part of the larger reality.)*

4. ***Since this is just a simulation, I can use the knowledge I’ve acquired to 'play in this dream of simulation’ in any way I (my ego or personal self) wish, and I can just keep dreaming.***

    - *(This belief dismisses the afterlife and its consequences, leading to a refusal to 'wake up' or seek deeper truths. It is as if the seeker first woke up, realized it is a dream and NOT REAL, and then chose to fall asleep again to dream more rather than striving to seek THE REAL.)*

Why The Compass Can Go Down?

Because we are living in the era of ‘post-truth,’ it is very easy to become misguided due to the widespread influence of information technology.

The Veil And The Key

To reach the ultimate level, you will need a key and you will have to unveil the greatest veil among all other veils. If you read this book patiently, you will find the key and information about that veil inside of it!

What is Enlightenment?

Spiritual enlightenment means realizing the oneness in everything. Simply put, it means realizing in your *heart* that there is only *one*—not many. There is no collective, no few, no couple, no big, no small—there is only *one*. If you still believe in something "collective," then you have not yet reached true enlightenment.

You are trying to figure this out with your *head*, but the head was not made for understanding spiritual truths—that is the heart's job. And it takes *time* and *effort*.

Here's what happens when you try to figure this out with your head: The head connects with the ego, and together, they create another "reality" or "understanding" for you—just to make sure they continue to exist within you. *Ha Ha Ha!*

Confused?

Keep reading. If Allah wills, it will become clear to you in the end!

Who is Allah?

My friend asked what I mean when I write *Allah*. Do I mean the absolute self, the supreme self, or something else?

Do your own research. Search for the meaning of the name *Allah*. The name can be explained in various ways, and it holds its own secrets.

Imam Ali (a.s.) said, *Allah* means "the worshipped one."

In general, that is what I mean when I write *Allah*.

Know that ‘worshipping’ is an extremely important part of spirituality.

All selves are the mirrored selves of The Real. All selves, in the end, are selves of The Real. The Real has countless names or attributes, and their purposes will be discussed later. The name *Allah* encompasses all of these attributes. Moreover, this name has its own secret meaning.

Pause here and read this:

https://sufinama.org/sufi-terminology/the-name-allah-ism-allah-terminology

Okay, now if you want me to explain this further: The Real exists outside of the entire creation. The individual self exists within the creation. It is said that there is no end to knowing *Allah* (I mean The Real, whom my individual self worships), and that is why there is no end to the life in heaven for the individual self. It’s not as though everything is still. The Real is knowing Himself through the individual self in every moment. This is the purpose of creating the individual self’s life.

From your individual self’s point of view, you can never transcend your individual self because your ‘youness’ is eternal. What you can do is: Worship The Real as the individual self and fulfill the purpose for which the individual self was created.

The Real self and the individual self are both part of the same self, but since The Real wanted to know Himself out of love, He descended (divine descent) through many selves, all the way down to the individual self, which is you. All these selves are ‘present’ at every moment. In your spiritual journey, you come to realize all these selves until you reach The Real self.

It is true that since The Real self is the source, other selves appear ‘unreal’ in comparison to The Real self. But you cannot ‘remove’ other selves because, if you do, you will not be able to know The Real self. The Real created these selves to know itself, right? These selves are like mirrors of The Real through which The Real knows itself, isn’t it? How will The Real know itself without a mirror? How will you know The Real if you remove the mirrors?

So, again, we must keep all the selves. The individual self's purpose is to know The Real as 'God' and worship The Real by knowing The Real. **It's like a circle**.

Now, you may think that in your spiritual journey, when you come to know your other selves, and when you are in one self, the other selves do not exist, or you can leave the other selves and just be in one self. The truth is: That is not what happens. The proof is: Your body does not vanish when you are in another self. What happens is: The *focus* shifts to a particular self, but the other selves are still there, aren't they?

Those who do not know about the other selves don't know much about spirituality; they are just focused on their individual selves. But that doesn't mean they don't have the other selves within them, does it?

To realize the entire circle, the individual self must worship The Real. Without worship, the circle will not be revealed to the individual self. 'Knowing' is also a form of worship. 'Praising' God is also a form of 'knowing God,' isn't it?

So, how do you 'balance' all of this after realizing the existence of all these selves? The only way to balance is to complete the circle—continue the worship of the individual self.

So, when I write *Allah*, I, as my individual self, mean the One whom I worship. In spiritual terms, this is The Real or The Source.

Why do I name it *Allah*?

Because that's what was taught by Prophet Muhammad (PBUH) (the spiritual reality of Prophet Muhammad will be discussed later).

Names are important. In the cosmos, there is nothing else except the infinite names of *Allah*!

There is a secret in this name: It encompasses all the names!

Simply put, by Allah, I mean God—the Creator of you, me, and everything that exists. The One who owns all.

You may think that the One has been divided into many, so who am I referring to then? This is an absolutely false understanding—a lie that has been planted in your mind. The One remains exactly as He was before and has never been divided!

Why There Is Suffering In Spiritual Journey?

Why were you created? What is the purpose of creation? I told you—it is not purposeless or meaningless!

God created so that God could know Himself. Or in other words, God created you so that *you* could know God. To put it more clearly: God loves you so much that, through *yourself*, God wanted to know Himself! The only purpose of creating you is so that you can know God. And that purpose is being fulfilled in every single moment—you're just not realizing it.

Your knowledge about God is polluted, unclean.
Your heart is trying to clean itself so it can acquire true knowledge about God. Your heart is *seeking* God.

This is why there is suffering. The secret behind suffering is this: when your individual self tries to know God, it has to clean itself—clean its heart. Without a clean heart, you cannot have a clear vision of God. How will you 'see' God through your heart if your heart is unclean? How will you gain a clear vision to truly know God?

Think about cleaning a carpet, or anything. You soak it in water, scrub it with detergent, rub it, beat it. If that object were alive, just imagine how it would feel—ha ha ha—it would feel suffering! But in the end, when it sees its clean self, it would feel happy, wouldn't it?

Watch this video:

https://www.youtube.com/shorts/4SmdXd3uaQs

Now, what do I mean when I say your knowledge about God is not yet clean?

Ask yourself: Who is God?

What do you truly know about God?

Before Absolute Level

The Most Dangerous Misunderstanding: There Is No Afterlife or Hereafter

The afterlife and the hereafter both refer to the existence that continues after death.

Everything is happening *now.*

Presence.

You have already realized this.

Now, let me ask you: What is this *now*?

Is *now* a minute, a second, an hour, a day, a year, or your entire lifetime?

The secret is this: *Both pre-eternity and eternity have nothing to do with physical time!*

Allah's Messenger (ﷺ) said, "Allah said, 'The son of Adam hurts me for he abuses Time though I am Time: in My Hands are all things, and I cause the revolution of day and night.' (Hadith)

Sufis and the Timeless Moment

Sufis are travelers on the spiritual path, and along their journey, they may encounter blessed moments that lift them beyond the bounds of ordinary time. In Sufism, we say: there is a time when time cannot be divided—there is your time!

Okay, let's make this clearer with a little bit of science.

Planck time, **5.39e-44** seconds, is the smallest meaningful unit of time, derived from fundamental constants like Planck's constant, gravity, and the speed of light. It marks a scale beyond which we cannot study the universe with science. For example, examining something smaller than the Planck length would require using a photon with extremely high energy, but this energy would create a black hole, making observation impossible.

This means there is a time beyond the reach of science because we can't test or observe it using normal scientific methods.

This 'moment'—when 'physical time is gone'—is the **now**.

Understand this point very carefully: Everything that you realize spiritually has a physical manifestation.

For example: **‘Death before death’** or **‘Die before you die.’**

What is the manifestation of this in your physical life?
Death—when the physical body dies.

But did your physical body die and cease to exist after realizing death spiritually?
How are you reading this line, then?

Since everything—from pre-eternity to infinite eternity—is happening **now**, in this very moment...

You did not die while reading this line.
You existed before and after reading the above line.

So, you existed in pre-eternity and will exist in infinite eternity.

Since your ‘youness’ did not change while reading the above text...
Since everything is happening **now**...

Your ‘youness’ existed in pre-eternity and will exist in infinite eternity.

Since everything is happening **now**…
Since your ‘youness’ did not change while reading the above text...

There will be no ‘reincarnation’ for your ‘youness.’ This means it is NOT as if ‘you’ are just born, then die, and then ‘you’ are born again in another body with a different identity infinitely—because if that were the case, your ‘youness’ would have changed.

Since everything is happening **now**...
Since your ‘youness’ did not change while reading the above text...

You exist in pre-eternity and will exist in infinite eternity with this **youness**. You are not going to reincarnate into another being where your ‘youness’ ceases to exist. If that were to happen in the future, then you couldn’t be reading these lines in this ‘now.’

Since everything is happening **now**…
You did not die while reading the above lines.

But your body went through many changes—around **37 billion trillion** biochemical reactions occur in the human body every second. This means there have been and will be changes in your body in both pre-eternity and infinite eternity.

Your bodily existence existed in pre-eternity (as a soul), and your bodily existence (a physical manifestation of your spiritual realization) will exist in infinite eternity. This means that after your physical death, there will be a hereafter or afterlife for you. That afterlife will be a physical

manifestation (heaven or hell) of your **this moment's** spiritual realizations—and it will last for infinite eternity after your physical death.

The new-age, alien-based spiritual teachers do not dismiss the fact that there were prophets! Although they have their own explanations, the fact is that they don't deny their existence. They even borrow ideas and understandings from the prophets and often quote them. **LOL!**

Why do you think these prophets taught about hell, heaven, and Judgment Day?

You are thinking from a very tiny point of view—you are thinking that the 'now' consists only of what you have realized, seen, or experienced so far.

Think in a bigger **picture**.

Are you in heaven or hell at this moment—**now**—in this picture?

What Will Happen If You Don’t Really Wake Up?

You might already know about life in the grave, hell, Judgment Day, and you may be wondering about their spiritual meaning. The purpose behind your creation is for you to know God.

Whether you like it or not, whether you understand it or not, that purpose **will** be fulfilled—one way or another.

If you’ve already noticed, in order to truly know yourself, you must go through **suffering**. This "suffering" actually occurs due to your own resistance. If you fail to know yourself—if you don’t truly wake up from your earthly dream, meaning if you don’t **realize yourself**—then the difficulty will be **70,000 times greater** in the afterlife than it is here.

So, it’s better to do it now, because in the hereafter, it will be **70,000 times harder**.

Don’t be a hard nut to crack.

Why will it be more difficult there? Because the life of the hereafter is **infinite**, whereas life on earth is finite—if you think in a linear way.

We sent thee not, but as a Mercy for all creatures.
Quran 21:107

Now, the Path of Spirituality

This **‘suffering’** is not easy. The hardships. The **weight** of spiritual knowledge. Not everyone is able to bear it. That is why Prophet Muhammad (PBUH) was sent with the message of Islam.

Those who possess spiritual knowledge can realize that Islam is, in fact, a path for all. It is as if you don’t need to uncover all the spiritual secrets through deep contemplation—if you simply **believe**, fulfill the obligatory acts, and strive to improve your character and purify your heart as much as possible, you will be safe, In Sha Allah.

You can live a normal life while safeguarding your hereafter, without having to endure the intense hardships required to gain secret spiritual knowledge. However, if you wish to go deeper, you can. You can stand directly before Allah and enlighten your heart whenever you desire.

For example, a common person does not have to go through 30 years of intense spiritual struggle to understand the meaning of **The Unity** or **Oneness**. He can simply believe, recite the Surah below, and safeguard his hereafter:

Surah Al-Ikhlas

112:1 Say, ˹O Prophet,˺ “He is Allah—One ˹and Indivisible˺;
112:2 Allah—the Sustainer ˹needed by all˺.
112:3 He has never had offspring, nor was He born.
112:4 And there is none comparable to Him.”

Source: https://www.islamawakened.com/quran/112/st69.htm

Now pause here and watch this:

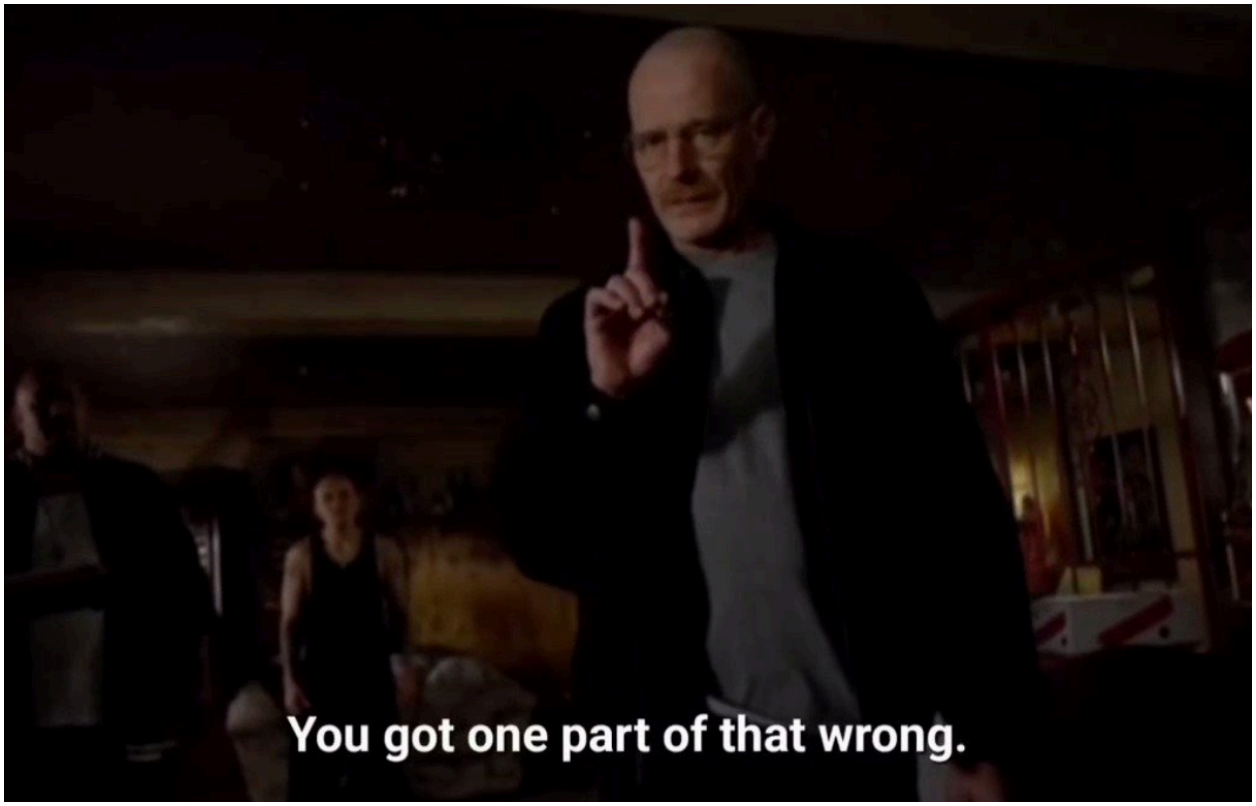
https://youtu.be/tUHbGIHkoQA?si=djhCmijqSOGkNGJZ

Here Maulana Tariq Jameel is explaining this line:

112:1 Say, ˹O Prophet,˺ “He is Allah—One ˹and Indivisible˺;

Now, notice that his understanding of Oneness is 70,000 times deeper than the modern, new-age spiritual views, where they believe that The Source has been *‘divided’* and that everyone has become a God. LOL!

After reading the above, you might be confused because that’s what you thought happened, right? Well, take a look at the image below—it's for you:



Just keep reading the book, and you will discover where you are making mistakes!

By the way, I would like to inform you about the trick of the **‘Bad Department’** or **‘Satan’**, and how they are attempting to make your individual self sit beside their own selves in hell:

Surely Allah does not forgive that a partner be ascribed to Him, although He forgives any other sins for whomever He wills [Quran: 4:48]

So, when you believe that God has been divided into many, you are committing that one sin which God does not forgive.

Interestingly, almost all other spiritual practices and major religions are free from this particular sin, but the new-age, alien-based ones are falling into it.

Well, no problem though—if you’ve realized the mistake, there’s still a chance to come back and receive a warm welcome. 🙂

Say, “O My servants who have transgressed against themselves [by sinning], **do not despair of the mercy of Allah**. Indeed, Allah forgives all sins. Indeed, it is He who is the Forgiving, the Merciful.” (Qur’an 39:53)

“Turn to your Lord ˹in repentance˺, and ˹fully˺ submit to Him before the punishment reaches you, ˹for˺ then you can no longer be helped (Quran 39:54).

Also, if someone embraces Islam, all their previous sins are forgiven, and they are given a clean slate.

Know Yourself

The Voice In Your Head

The "voice in your head," also known as your internal monologue, is a continuous stream of thoughts and self-talk that most people experience throughout the day, essentially acting like a running commentary on your experiences and actions.

It is not you.

You are not what you think you are.

Know thyself.

The ancient ‘holy’ spiritual paths aim to silent this voice.

The new age spirituality aims to let this ‘voice’ guide them. That’s why it is becoming ‘unholy’. This is why they can not understand that there is no ‘collective’, there is only One.

The voice in the head comes from the ego.

The individual self is the ‘false self’ or the ‘ego,’ known as the ‘nafs’ in Islam.

In this entire book, I have written to make the heart alive instead of the head. This is the reason behind this. Because the ego lives in your head and it is your heart where the truth resides.

In Islamic theology, *nafs* refers to the "self" or "ego," often linked to desires and worldly inclinations, while *ruh* signifies the "spirit" or divine essence within a person, representing the soul’s pure and spiritual dimension. Essentially, *nafs* is the lower self that requires purification, whereas *ruh* embodies the higher, divine aspect of the soul.

Your ego/nafs is the enemy.
Your false self/ego/nafs has seven layers,
One of which is the animal self.
Most spiritual paths stop at the point when the animal self or animal soul is ‘avoided’ or ‘silent.’

The *nafs* is the part of you that will go to heaven or hell.

The *ruh* is a secret!

If you manage to ascend to the seventh layer of the *nafs*, then you will understand what the *ruh* (soul) is.

Here you can find information about the seven layers of your false self or ‘nafs’ and how to go above them:

https://sufism.org/sufism/writings-on-sufism/levels-of-the-self-2

http://www.jerrahi.org/articles/level_nafs_adapted_ibrahim_hakki_erzurumi_ks

The Real Free Will

Abū ʿAlī Daqāq said, "Remember, real freedom is in total obedience. Therefore if someone has total obedience in God, he will be free from the slavery of non God".

The real free will is simply this: Surrender your head to God and let your heart work with God.

Because true free will actually comes from your soul, not from your head. The head's job is simply to cope with what is happening.

Thought Test: Look at the doorknob and try to move it with your thoughts. Nothing happens, right?

If you've been in spirituality for long enough, you already know that this is not the head's job to do.

A secret: In pre-eternity, Adam's nafs (physical body) was happy in heaven, **but his Ruh (Soul) was not happy**. Adam's soul desired God, and it was told that if it wanted God, it would have to humiliate itself. Adam's soul agreed, and this became part of Adam's destiny. In other words, what you see in physical life is just 1% of what is happening in other spiritual realms.

So, when Adam's physical body faced the event, Adam did not resist or question who put him in this situation. His head surrendered to the will of his soul. Thus, he achieved ultimate free will. After a brief life on earth, he would receive heaven for eternity. The soul can see eternity, so what it chooses, it chooses for eternity. As it has been said, life on earth is like a prison for the believers and like heaven for the disbelievers.

But wasn't Adam in heaven before? Yes.

Then why did he come down to Earth in such a humiliating way? I have already explained that answer before.

Now, the secret behind this can only be understood by those who have truly sacrificed the animal (ego) within themselves for Allah. Still, I will try to explain this at the end of the book.

Was he able to attain what his soul desired?

What do you think?

Watch this video now:

https://www.youtube.com/shorts/XU7h3Br-dTc

On the other hand, Satan also desired the same high position as Adam. He wanted that secret knowledge, but when his physical body faced humiliation, he rebelled against it.

Just like you cannot move a doorknob with your thoughts, you cannot change your situation with your head either. It may feel like you are in a prison, but when you mature spiritually, you come to understand that it was your own decision to be in that prison. When you realize this, you feel free from it.

For example, the state of the "seer" or the "advaita" or "zen meditation" view is like this: Things are happening, and you are just watching. By merely watching, you distance yourself (your head) from the event, allowing it to unfold without rebellion. This brings you a sense of freedom. The reason you feel free is because you are actually surrendering your head.

But if you rebel and try to move the doorknob with your thoughts, nothing will happen. However, you may continue rebelling, trying to break the doorknob with a hammer in anger, and doing whatever your head tells you to do. It will feel like heaven on earth, where you can do whatever you want. But the moment you realize you can't actually do whatever you will, you rebel more against your soul and enter a situation that may seem "better" than the last.

For example, instead of listening to God, Satan requested to be granted life until Judgment Day, asking for powers to deceive others. For the rest of eternity, he will be in prison after Judgment Day, but for a brief time, he chose this dream of free will because he listened to his head.

If you have noticed, all spiritual paths actually teach one thing: how to distance yourself from your head. **LOL!** That's the main issue! **HA HA HA.**

For those who are not spiritually matured or can't go that far, this idea can be understood through the simple act of prostration (Sujud) done in Salah. In Sujud, we surrender the head and elevate the heart above it. Anyone who has done this knows the peace that comes with it. If you can feel 'humiliation' in Sujud, you will feel even more peace. Interestingly, this is because, by doing so, you are placing your head further away.

To simplify it more:

- You already know there is no one else.
- You wanted something in pre-eternity.
- Your head's job is just to cope with everyday life.
- Your heart has access to everything, but that's another subject.
- So when your head rebels, it is actually rebelling against your soul.
- This creates the 'lack of free will'—the feeling that you can't do what you will.
- But when your head surrenders, it realizes what it is surrendering to (if you know what I mean).
- Thus, you feel freedom—not the free will of the head, but the feeling of freedom.
- That is the actual real free will.

When you surrender your head, your soul has free will.
When you rebel, you rebel against your soul.

Your soul is eternal.
With its free will, it can choose things for eternity.
But your head doesn't have access to those higher levels. It can only see the world.
So with its free will, the head can only choose for a very short period of worldly time.

So basically, free will can be experienced in both ways:

1. **Free Will in Earthly Life** – Which comes from the head.
   The head thinks it controls everything, but in reality, it can only see 1% of what is happening in other levels. So, it creates its own dream. You already know how to experience this.
2. **Free Will for Eternity** – Which comes from the soul.
   This can be experienced by following spiritual paths. The level of experience depends on your spiritual progress. If you reach the ultimate level, I think you will "test" it more deeply than at other levels!

So, when you surrender your head to God, you are surrendering the idea of free will, which is actually a dream created by your head. You feel freedom because your soul has the free will. Your physical self will not understand everything (unless it undergoes spiritual purification), but your soul is freely choosing in the higher realms. In eternity, this is reflected as you being in heaven, where your physical self gets everything it desires.

When you don't surrender your head to God, you rebel against yourself. Your head creates a dream of free will. Your soul is not free to act from the higher levels, and in eternity, this is reflected as being in hell, where your physical self receives everything it does **not** desire.

Realizing The Mirror!

There are two major selves in you. One is the individual self—who you think you are. The individual self is different for each person.

The other is the seer self, which is the same in everyone. This is the One, the same in all beings.

When you realize the seer self within you, you become enlightened.

A common metaphor: Imagine two birds sitting on the branch of a tree. One bird is eating fruit, while the other bird does nothing—just watching.

The bird eating the fruit is the individual self.
The bird simply watching is the seer self.

Step 01:

Notice the thoughts. Every day, approximately 70,000 thoughts enter the mind of an average person. These thoughts come in various forms:

Thoughts from past experiences:

They keep circling in the mind, generating negative emotions, as if you were stirring water in a bucket—only in this case, your head is the bucket!

Questions:

"Why did that person say that?"
"What did they mean by it?"
"Did they think this about me, or that about me?"
"Did they say this from one point of view or another?"
Such thoughts keep your mind busy, trying to find answers.

Useless imagination:

"What if I were eating a slice of pizza right now?"
"What if I were in the mountains?"
These “what if” thoughts keep your mind occupied with scenarios that don’t exist.

Loops:

Some thought patterns appear like loops, repeating the same ideas over and over again.

Weird thoughts:

These are a special category—bizarre thoughts that you wouldn't dare share with anyone. When such thoughts appear, they can make you feel bad. If you dwell on them and later realize you've been thinking about them, you might feel worse, wondering why such a strange thought came to mind. In these cases, remind yourself: *I didn't choose this thought; it was inserted into my mind.*

These are just a few examples—there are countless other types of thoughts.

Imagine walking on a road crowded with hundreds of people. Each person represents a thought. If you don't stop and engage with them, they'll pass by without interacting with you. The same applies to your thoughts: if you don't engage with them, they'll come and go.

Just as you can't stop thinking, you can't stop breathing.
Thinking is continuous, and so is breathing.
You can't control the flow of thoughts, but you can decide where to direct your focus.
Instead of focusing on the thoughts, shift your focus to your breath.
Simply observe yourself breathing and concentrate on it.

Pause here and visit this channel to watch some videos (browse and choose any that interest you): ZenPsych.

By doing so, you'll learn how to observe your breath and focus your attention on it.

Step 02:

When you breathe in, silently say ***Allah*** in your mind, and as you breathe out, silently say ***Hu***, imagining that the breath is flowing out, not from your nose, but from the center of your heart.

With regular practice, this process will become automatic—just like your breathing is automatic.

Step 03:

Just stand in front of a mirror and try to see the mirror. Do this for some time. By "trying to see the mirror," I mean that when you look at the mirror, you see the reflection of the surroundings. But I'm not asking you to focus on that—I'm asking you to try to see the mirror itself. Now go

ahead, stand in front of a mirror and **Try, Try, and Try**! Go, do it now. Oh, and one more thing—don't just stand there looking at your own face. I'm not telling you to look at yourself. I'm telling you to look at the mirror itself. Look at every part of the mirror, which includes you and your entire surroundings. See if you can get a glimpse of the mirror itself anywhere.

—

Now, get back to your normal life and think that everything you are seeing is just the reflection of a mirror. Every thought, every image in front of your eyes, every smell you inhale, every word you hear, every taste you savor, your entire body, your entire surroundings—everything—is just reflections you are perceiving. It's as if you are sitting in a room surrounded by mirrors!

"Try, when you look at yourself in a mirror, to see the mirror itself, and you will find that you cannot do so. So much is this the case that some have concluded that the image perceived is situated between the mirror and the eye of the beholder." Ibn Arabi

In Step 01-02, you were watching yourself breathe and concentrating on your breath. In Step 03, you are observing your individual self going about everyday life. 🙂

So, if you are watching your individual self doing everyday life,

Who are you then? You are the seer self!

You can shift your focus from the individual self to the seer self easily with this mirror analogy, whenever you wish!

The INFINITE Mirror!

The Two Selves

It is as if there are two selves within you:

1. The first self is experiencing (the individual self, your ‘youness’).
2. The second self is watching the experience (the Supreme self).

Now, understand this at a deeper level because others may tell you that you become ‘united’ with the ‘Supreme Self’ and get rid of the ‘cycle of life’ or ‘reincarnation,’ etc.

If you believe this, then it may be the endpoint of your spirituality, and you could end up saying, “Life is meaningless.” But that is not what really happens.

What actually happens is this:

You gain a clear understanding of these two selves and how it feels to view things from both perspectives.

Both selves—individual and supreme—are of the same essence! That is, if you look deeply into yourself, you will find both of these selves within you. In other words, there are two selves in you: YOUR individual self and YOUR supreme self. So both of these selves are YOU. It is YOURSELF.

The focus can shift from one point of view to another from time to time.

Your focus can shift between the individual self and the supreme self, but both will always remain within you.

It is not as though the individual self will suddenly disappear or anything like that.

Now, pay close attention to the following because this is what really happens. Yet, even among those who reach this level, very few can fully realize it:

There is a point where the viewpoints of both selves merge into one:

Worshipping.

There are two kinds of worshipping:

1. **Worshipping** – the general kind you are familiar with. This is the worship of the individual self towards the supreme self.

2. Another secret or hidden, often unrealized, form of worship is what the individual self is always doing: **experiencing**. The creation of the experience is the worship of the supreme self towards the individual self.

In short, the individual self worships the Supreme self.

How does the individual self worship the supreme self?

Worshipping – in the conventional sense, the individual self worships the supreme self through acts of devotion. Now, not everyone might consider themselves as worshiping something (for example, those who don't believe in God). But, **thinking** itself is an act of worship. Their thoughts about God, or even the lack of them, are part of the worship process. If they don't think there is a God, that's still an act of thinking, isn't it?

Now, what is the highest form of 'experiencing' from the point of view of the supreme self?

Worshipping.

So when the individual self is worshipping, the supreme self is observing this worship.

But, remember:

Both are of the same self.

Thus, it works like a mirror.

The Supreme self also worships the individual self in return!

Here's where it gets interesting, right?

You might be wondering how the Supreme self could possibly worship the individual self. Well, here's how:

The first self is the one experiencing (the individual self, your 'youness').
The second self is the one watching the experience (the Supreme self).

But WHO is the creator of the experience ultimately?

Pause here and think for a moment. Let this sink in!

Okay, so it's like this: The Supreme self is the creator of all experiences from behind the scenes. But it observes these experiences through the eyes of the individual self.

By creating the experience for the individual self, the Supreme self is, in fact, worshiping the individual self back.

But didn’t you think the Supreme self just watches and doesn’t do anything else?

Hadith 22

Abdullah ibn Mu’awiyah reported: A man said, “What is purification of the soul?” The Messenger of Allah, peace and blessings be upon him, said:

أَنْ يَعْلَمَ أَنَّ اللَّهَ عَزَّ وَجَلَّ مَعَهُ حَيْثُ كَانَ

That one knows Allah Almighty is with him wherever he is.

Source: al-Mu’jam al-Ṣaghīr 555, Grade: ***Sahih***

There is a hidden self behind the supreme self (wink), which creates experiences for the individual self. This is the ‘Unconditionally Loving God Self.’ It does so out of unconditional love for the individual self. But why does it love the individual self unconditionally?

Because creation is not meaningless. There is a reason behind everything—a purpose. Why did God create creation? To know Himself. So, God created you so that you could know Him. God loves you so much that He wanted to know Himself through your eyes!

Out of unconditional love for the individual self, the unconditional loving God self is creating the entire experience for the individual self. This experience includes ‘everything out there’—all that exists—so that the individual self can come to know God. Take note: all of this was created for the individual self to realize God, but these are creations, not God Himself. Every experience is designed for the individual self to perceive God within its heart.

For example, imagine watching a movie that explains how your breathing system works. By watching the movie, you gain knowledge of the system, and when you breathe, you realize it firsthand. However, the movie itself is not your breathing system.

This unconditional loving God self—and the way it creates experiences for the individual self—is the secret behind realizations such as: ‘As above, so below; as below, so above,’ ‘Life is a mirror,’ ‘Life is like watching a movie,’ and similar insights. Or, as an Indian spiritual guru once realized: ‘Life is like moving your hand in a bucket of water—as you are, so will be your experience of life.’

The important point to understand here is that 'all that is' is not God Himself. Rather, God created 'all that is' for you, so that through it, you can come to know Him.

Those of you who think that you should ‘unconditionally love’ everything—your minds think so because you have caught a glimpse of the idea of the unconditional loving God self. During meditation, you may have ‘felt,’ ‘tested,’ or ‘seen’ the ‘shadow’ of this divine love, and then your head assumes that you should unconditionally love everything around you. But this is a misunderstanding—you haven’t yet grasped the full picture. Simply loving everything unconditionally will not elevate you to higher spiritual levels. To truly understand, read the *True Love* chapter and follow its guidance.

To get the full picture, you must turn your head around and look behind your eyes. In other words, to 'complete the cycle,' you must also love God unconditionally, just as God loves you unconditionally.

Those of you who think that you are ‘free’ to do whatever you wish, since God loves you unconditionally, please remember what I wrote before: ‘God loves you so much that through your eyes, God wanted to know himself!

Unconditional love means unconditional love. I love you, and I will create the entire cosmos for you. I will create earth, hell, and heaven for you. I will give you free will (your free will is not limited to your physical body, but you can’t understand it because you are trying to understand it with your head, not your heart). I will send you guidance, but I will respect your free will out of love. Whatever your free will wants, I will create anything—any experience you desire. Even if it means I have to place you in hell. Even if it means I have to place you in trials and tribulations—just so that through your eyes, I can know myself. It is impossible to truly understand what unconditional love means unless you test true love (we will discuss it later).

Now, you can also come to know God when you are in the fire of hell—the purpose can also be served in that way.

One of Allah’s names is: Adh-Dharr, which means: The Balancer, The Punisher, The Harmer.

So, when you find yourself in hell, you will come to understand the meaning of this name, won't you, ultimately?

In this way, the purpose of your creation will be fulfilled!

Those of you who think you will be able to get out of hell just because you wouldn't like it, so you can continue doing whatever you wish: Hehe, here’s a parable: Since everything is happening 'now' in this 'moment,' if you are not 'knowing' God in this moment, how would you get out of hell in this moment's future? After all, this moment contains the future too, doesn’t it?

I know that alien-based new age spirituality teaches you the opposite and encourages you to live life without truly knowing God. But know this: their knowledge is unclean and polluted

because it comes from Satan, whose only purpose is to lead you where he will end up at the end. They will tell you all the secrets, except for that one secret, ha ha ha!

And Satan will say ˹to his followers˺ after the judgment has been passed, “Indeed, Allah has made you a true promise. I too made you a promise, but I failed you. I did not have any authority over you. **I only called you, and you responded to me. So do not blame me; blame yourselves.** I cannot save you, nor can you save me. Indeed, I denounce your previous association of me with Allah ˹in loyalty˺. Surely the wrongdoers will suffer a painful punishment.” Quran 14:22

I understand that you don’t believe in 'Satan' in the traditional sense and prefer to view things in a 'mathematical' way (because you want to understand these concepts with your head rather than seeing them from the heart). Alright, let’s put it in a way that makes sense to you: at the end of this book, you'll find a chapter A Simple Diagram, and I hope that will help clarify things for you.

Now, I must point out one thing: there is a difference between those who have felt unconditional love for everything and those who try to make sense of everything with their head. At least the ones who love unconditionally everything out there are attempting to make sense with their heart (even though their hearts may not be fully open yet). That’s why they feel the love, which is a very good and admirable characteristic of them. But that being said, they need to understand that simply loving everything unconditionally will not take them anywhere in spirituality. Instead, they need to focus on loving the One Being (God) who is creating the experience of everything for them.

Now, pause here and read this:

https://en.wikipedia.org/wiki/Qalb

So, Allah does not care about the knowledge in your head; Allah is only interested in your heart.

Whatever, right now in this chapter, we are focusing on another subject, so let's get back to it.

In reality, the ‘unconditional loving God self’ and the ‘Supreme Self’ are two completely different selves. The ‘unconditional loving God self’ is hidden behind the ‘Supreme Self,’ but I am presenting it this way for two reasons: first, to break down an extremely complex concept in a way that is easier for you to understand, and second, if I were to describe the true nature of the ‘unconditional loving God self,’ you would not be able to comprehend it fully.

I can only tell you a few things:

Even if you gathered all the ink in the universe, the ‘unconditional loving God self’ could not be adequately described in words.

Those who have not experienced ‘True Love’ can never understand what it truly is.

In the Ultimate Level 03 chapter, I have written a little more about the ‘unconditional loving God self.’

BUT UPON WHAT BASIS DOES THE SUPREME SELF CREATE THE EXPERIENCE?

The worship performed by the individual self toward the Supreme Self.

So, when the individual self worships the Supreme Self, the Supreme Self, in return, worships the individual self by creating ALL experiences for it.

Okay, by now, I think you more or less understand what I’ve written above. But here’s something new to think about:

The mirror you are looking into is an **INFINITE** mirror.
It does not merely reflect a few years of possibilities in your earthly life.
It’s not that ‘small’—ha ha ha!

Why do you always look at everything from such a narrow point of view?

Why can’t you truly think of something INFINITE when talking about infinity?

What’s stopping you?

Think!

“Allah says, ‘The sons of Adam offend Me and say, Woe to time, but they should not say Woe to time. **I am time**, I alternate the night and the day, and if I willed, I could seize them both.’” Hadith.

It contains everything—from pre-eternity to infinite eternity—encompassing your infinite, eternal life.

This includes your time in the grave, your hereafter, heaven or hell, and the infinite beyond.

Yes, I know the voice in your head might bring up parallel lives—well, it includes that too, if that's how you want to see it (wink).

So, be mindful of what you place before the mirror.

If you deny the hereafter, you are merely projecting the desires of your brief, earthly existence.

And the mirror will reflect this into infinite eternity.

That won't end well for you!

This way, you won't escape the simulation or see beyond the mirror!

"**Verily, thinking well about Allah Almighty is a part of the excellent worship of Allah**." (Hadith).

Below is the meaning of Surah Al-Fatihah, the first Surah of the Quran.
Just read it and reflect for a moment—if you believe in it and recite it, how will it be mirrored back to you?

Surah Al-Fatihah

1:1 In the name of Allah, the All-Merciful, the Bestower of mercy.
1:2 All praise be to Allah, Lord of all realms,
1:3 the All-Merciful, the Bestower of mercy,
1:4 Master of the Day of Recompense.
1:5 It is You we worship, and it is You we call for help.
1:6 Guide us to the straight path:
1:7 the path of those You have blessed, not those who have incurred (Your) wrath, nor those who have gone astray.

Source: https://www.islamawakened.com/quran/1/st80.htm

How To Think ‘Infinite’

Ar-Rahman is one of the 99 names of Allah (known to mankind), referred to as Al Asma Ul Husna. It is translated as **"The Most Merciful"** or **"The Beneficent."**

Pause here and watch this video:

https://www.youtube.com/watch?v=i6sPhpNvd0Y

Now think—if **you** repent and ask for forgiveness, God will forgive you.
Think—if **your family** repents and asks for forgiveness, God will forgive them.
Think—if **the entire country** repents and asks for forgiveness, God will forgive them.
Think—if **the entire world** repents and asks for forgiveness, God will forgive them.
Think—if **the entire universe**, all the zillions of creatures, repent and ask for forgiveness, God will forgive them all.

Think bigger! What else can you imagine?

Think—if **all the creatures God has ever created and will ever create** repent and ask for forgiveness, God will forgive them.

Think even bigger! What else can you imagine?

Think—if all the creatures commit so many sins that the entire earth is filled with them, and yet they **truly repent**, then **God will still forgive them!**

Now think even bigger! What else can you imagine?

Al-Khaliq is an Arabic name for Allah that means "The Creator" or "The Maker". It's one of the 99 names of Allah in Islam.

Think that God created you.
Look at your body; think that God created each of the cells in it.
See your surroundings; think that God created those.
Look at the earth and think that God created it.
Look at the sky and think that God created it.

Look at the stars and think that God created them.
Look at the ocean and think that God created it.
Look at the universe and think that God created it.

Think bigger—what else can you think?
Think that zillions of galaxies, God created them.
Think that the entire human race, God created them.

Think bigger—what else can you think?
Think that all the creatures—seen and unseen—God created them.
Think that every moment of time, every heartbeat, every breath, God created them.
Think that the past, present, and future all exist because God created them.
Think that every law of physics, every force of nature, every particle, God created them.

Think bigger! What else can you think?
Think that if there are dimensions beyond what we perceive, God created them.
Think that if there are realities beyond our imagination, God created them.
Think that if there are infinite universes, God created them.

Keep expanding your mind—what else can you think?

As-Samee is one of the names of Allah, the Arabic word for "the All-Hearer". It is one of the 99 names of Allah.

Think that if you speak to God, then God will hear you.
Think that if your family speaks to God, then God will hear them.
Think that if the entire country wants to speak to God, then God will hear each one of them.
Think that if the entire world wants to speak to God, then God will hear every single voice.
Think that if all the zillions of galaxies want to speak to God, then God will hear them all.
Think that if all the ants in the world want to speak to God, then God will hear each and every one of them.

Think bigger—what else can you think?
Think that if all the creatures, seen and unseen, in every corner of existence, want to speak to God, then God will hear them all at once.
Think that if every soul, from the beginning of time to the end of eternity, cries out to God, then God will hear each voice distinctly.
Think that if all the atoms in the universe had voices and wanted to speak to God, then God would hear them.

Think bigger! What else can you think?
Think that if every possible version of reality, every timeline, every parallel world, every

conceivable existence, spoke to God, then God would hear them all simultaneously—without confusion, without delay.

Think infinitely! What else can you think?

Why I am telling you to do this?

“I am as My slave thinks I am” (Hadith)

“Allah says: I am as My servants expects of Me. If he thinks good of Me, he will have it. If he thinks evil of Me, he will have it” (Hadith, Ibn Ḥibbān 639).

It means that you will find God as you think about Him. If you think that God is mad, you will find God to be 'mad.'
If you think that God is angry, you will find God to be angry.
If you think that God is bad, you will find God to be bad.
Be careful what you think about God in this life; it will manifest in your eternal life.

God created creation to know Himself. Or, in other words, God created you so that you could know God. That purpose will be served one way or another.

You are given infinite chances to fulfill that purpose in this life (you can think about your understanding of 'parallel lives' if you wish).

If you think infinitely with the attributes of Allah, you will realize that Allah is so vast that, as if, there is nothing beside Him!

As if, there is only Allah, and nothing else!

Now, pause here and read this:

https://seekersguidance.org/answers/islamic-belief/what-is-the-true-meaning-of-la-ilaha-ill-allah/

Why Are You So Hyped About Aliens?

First of all, those channelers are not actually communicating with real aliens. They don't see them physically, do they? So, you can't say for sure whom they are actually channeling.

In reality, they are just connecting with some demonic beings from another level of creation.

Yes, there is a chance that if enough people start believing in them, then it will allow those demonic beings to achieve what they want—the ability to manifest physically on Earth. In the future, they may even appear before you in physical form. But in reality, they will be nothing more than demonic entities disguising themselves as 'aliens' to misguide you.

👉**Are there supernatural creations?**

👉Yes, there are, from another level of creation. There are also good and bad in them just like as in real aliens. Some (not all) of them are also connected to the bad department. Many of them are with the good department.

By the way, supernatural creatures are not as 'complex' as humans. They are 'simple' and actually have more beautiful minds than many humans I have seen.

👉**Are there real 'aliens'?**

👉Yes, there are, and some (not all) of them are also connected to the bad department. Some alien civilizations are more advanced than humans, but they were not given what Allah gave to humans.

But so what?

Humans are created in God's image, and no other creation can have a heart like a human does.

Do you know that others actually study humans to understand what makes them so special?

"Indeed, I will make upon the earth a successive authority (Khalifa)." (Quran 2:30)

Do you know that as a human, you can reach the station of **Khalifa**—**a vicegerent of God** in the cosmos?

Watch this now (Starting from 31:32, the link will automatically begin at that timestamp):

https://youtu.be/KsYqBTNi2u0?si=fuZ9-E3BOZkAy8rP

Some Western people are so hyped about aliens and supernatural creatures that they are being distracted from real spirituality. These things are not new to ancient spiritual paths, nor are they new to real mystics.

Look at where these channelers are leading you: You ask them a question, and they tell you about a new alien race—this race, that race, this force, that force, this energy, that energy—bla bla bla. How much of this jargon will you keep stuffing into your head? Until you are completely distracted from real spirituality? Until you fall into yet another illusion?

Don't you realize they are actually dragging you into a bigger illusion?

Black Magic - The Price

There are some crucial points to understand. I am presenting these things in a very simple, easy-to-understand manner with minimal words. So, read carefully and multiple times.

You should, of course, know about God and how things work. Knowing Him is the purpose for which you were created. So, don't stop trying to know about God. I am not saying you should stop seeking spiritual knowledge or understanding how things work; I am saying you need to understand the entire picture here.

Now, you already know what black magic is—or you can Google it. But what is the price for this?

> They ˹instead˺ followed the magic promoted by the devils during the reign of Solomon. Never did Solomon disbelieve, rather the devils disbelieved. They taught magic to the people, along with what had been revealed to the two angels, Hârût and Mârût, in Babylon.[1] The two angels never taught anyone without saying, "We are only a test ˹for you˺, so do not abandon ˹your˺ faith." Yet people learned ˹magic˺ that caused a rift ˹even˺ between husband and wife; although their magic could not harm anyone except by Allah's Will. They learned what harmed them and did not benefit them—although they already knew that whoever buys into magic would have no share in the Hereafter. Miserable indeed was the price for which they sold their souls, if only they knew!

Quran 2:102.

Now, you already know the rituals and everything, or you can Google it or whatever. But focus on the point: **'no share in the hereafter.'**

How do they teach you to manifest your desires? You already know.

But do they include the hereafter in their teachings?

What do they tell you about the hereafter?
Think!

Alien-based New Age spiritual teachings focus on concepts like ascension, higher dimensions, or merging with a universal consciousness, but they often completely ignore or reject the idea of

an actual *hereafter*—a continuation of individual existence beyond death, including accountability, judgment, and eternal consequences.

Instead, they tend to promote ideas like reincarnation, dissolving into cosmic energy, or simply evolving into a different state of being, often bypassing the concept of divine justice and personal responsibility after death.

It's an interesting contrast to Sufi teachings, where the hereafter is not just an important belief but a *necessary* part of divine knowledge and spiritual realization.

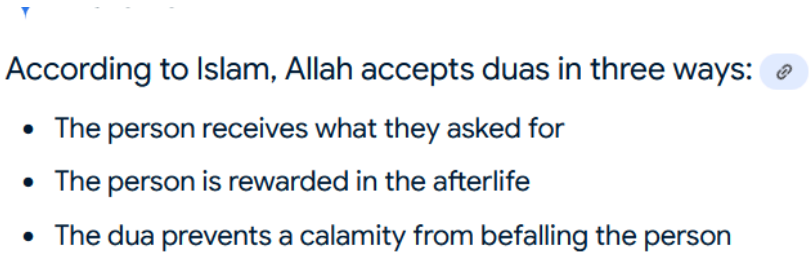
Now, if you have already gone through higher spiritual levels, you know that what your physical brain and eyes perceive is actually only 1% of what is happening at the background or soul level.

> They ˹instead˺ followed the magic promoted by the devils during the reign of Solomon. Never did Solomon disbelieve, rather the devils disbelieved. They taught magic to the people, along with what had been revealed to the two angels, Hârût and Mârût, in Babylon.[1] The two angels never taught anyone without saying, "We are only a test ˹for you˺, so do not abandon ˹your˺ faith." Yet people learned ˹magic˺ that caused a rift ˹even˺ between husband and wife; although their magic could not harm anyone except by Allah's Will. They learned what harmed them and did not benefit them—although they already knew that whoever buys into magic would have no share in the Hereafter. Miserable indeed was the price for which they sold their souls, if only they knew!

Quran 2:102.

People who are manifesting their worldly desires without considering the hereafter—what are their souls actually agreeing to? What they're really teaching is how to live a 'happy life' with as much 'hallucination and imagination' as possible, so that you get more deeply trapped in the simulation, rather than breaking free and discovering The Real.

Think!
How are we taught to pray?



According to Islam, Allah accepts duas in three ways:

- The person receives what they asked for
- The person is rewarded in the afterlife
- The dua prevents a calamity from befalling the person

It is said that after you pray, you should:

1. Think that your prayer has already been accepted, and
2. One of these three things will happen.

They are teaching you point 1: think that your prayer has already been accepted.

But they are not teaching you about point 2:

2. One of these three things will happen, especially this point:

The person is rewarded in the afterlife.

Think!

I am not telling you to stop manifesting, but you should not forget the most important points mentioned above.

I am not saying that you should avoid imagining or believing that your prayer is accepted. In fact, you can practice the manifestation techniques you have learned in this context. Personally, I don't see any issue with that (Allah knows best). Everything is fine, but when you remove the concept of the afterlife or do not truly believe in the afterlife, hell, and heaven, that's where it crosses into black magic. By doing so, you are agreeing, on another level, that you are sacrificing your share in the afterlife in exchange for worldly gains!

Whoever desires the harvest of the Hereafter, We will increase their harvest. And whoever desires ˹only˺ the harvest of this world, We will give them some of it, but they will have no share in the Hereafter. Quran: 42:20

When you are only taught a fragment of the picture and cannot see the whole, a little knowledge can be dangerous.

Have you noticed: How the alien based new age spirituality TOTALLY 'decline' the hereafter?

They may not directly show you the weird, demonic rituals and practices you see in movies, but if you have been on a spiritual journey for some time, you should understand that the depth of understanding is far more important than doing those rituals. The mechanisms they use involve an entire system, and they are employing that system to shape your understanding.

Speaking of auras, there is another important point to consider: They teach that you are manifesting these things as a 'co-creator' or part of a 'collective creator'. This is a critical point to understand in spirituality—as an individual person, as long as you are within creation, you cannot claim to be the creator.

First of all, it is illogical. Second, by doing so, you create another bubble in the mirror of the simulation. The Creator (God) is outside of the simulation. The Creator is not inside it. Third, thinking this way (and haven't they already taught you that thinking matters!) spiritually lowers you. When you were at the absolute level, you already realized the absolute ONENESS. If everyone becomes a 'co-creator' and suddenly there are billions of 'co-creators,' what is the point of reaching the level of absolute oneness and gaining all that knowledge?

Oh, how little you see of The Creator in your mirrors when you think of yourselves as co-creators, while you are creations yourselves—if only you knew!

Allah is The Creator of all things, and He is the Maintainer of everything. Quran: 39:62

Think!

Now read this:

https://sahibulsaif.wordpress.com/2014/02/21/should-i-run-away-from-dunya/

Here is an example of a beautiful prayer which includes asking for good for both in this life and in the afterlife:

https://myislam.org/rabbana-atina-fid-dunya-hasanah/

The Dangers

Watch this video below:

https://www.youtube.com/watch?v=qGZIKCEWuHE

You can get an idea of how Sufis teach their students this kind of secret knowledge. There are dangers with this knowledge. What are people doing with it? They are simply busy manifesting their worldly desires, despite knowing that it is all a dream, and they won't take any of it with them to their grave.

They are selling their worldly life for the life of the hereafter.

Do you think you will take these worldly manifestations with you to your grave?

What you will take is the realizations of your heart.
You are not fully awake yet. Wake up now, before it's too late.
So, concentrate only on your heart.
Try to get as close to Allah as you possibly can.

People are asleep, when they die they will wake up. Hazrat Ali.

Jabir ibn Abdullah reported: The Messenger of Allah, peace and blessings be upon him, passed through the market from a higher part of the city and people were look at him from both sides. The Prophet passed by the carcass of a one-eared goat and he reached out to take its ear. The Prophet said, "**Which one of you would like this for a coin?**" They said, "Who among us would want it while it is worth nothing? What would we do with it?" The Prophet said three times, "**Would you like to have it?**" They said no each time and said, "No, by Allah, if it were alive it would be defective as it only has one ear. How so if it were dead?" The Prophet said, "**By Allah, the worldly life is less important to Allah than this is to you.**"

Source: al-Adab al-Mufrad 962

Bukhari narrated that Abu Hurairah (may Allah be pleased with him) said:

I memorized from the Prophet ﷺ two vessels of knowledge. As for one of the two, I broadcasted it to people. As for the other, were I to broadcast it, my throat would be slit.

This knowledge is not something new to the Sufis. They have been practicing it for thousands of years and are able to reach levels far beyond what any other creation can imagine. They can do things that others find incomprehensible. Yet, they do nothing except what aligns with Allah's will. This is called spiritual courtesy. Although they possess the power to act, they choose not to use it (it's a parable, wink)! The secret knowledge of the Sufis comes directly from Allah and His Messenger, in the most refined and purest way, without any chance of mixing in impurities.

They follow strict disciplines because they are fully aware of the dangers. There was a Sufi who lived as a shoe polisher, yet his spiritual level was extremely high. I'm not suggesting that one must remain poor—just offering an example! These Sufis do not care for their worldly life, heavenly life, spiritual power, spiritual experiences, or anything else except Allah. Their goal is Allah, their Beloved, and only Him. This is called 'spiritual poverty'—they don't feel the need for anything or anyone other than Allah. On the other hand, Allah fulfills whatever their heart desires and their body needs :)

Now, don't get me wrong—I'm not saying you should abandon everything in your life. What I'm saying is, don't trade your hereafter for your earthly life. ***You can practice manifestation, but it should be within the rules, as outlined in the previous chapter, particularly within the framework of prayer***.

Also, you should not forget the hereafter. The new-age, alien-based spirituality teaches that one should simply 'enjoy' life and that there's no need to 'know' God. According to this belief, God is divided into all things, as if God is not even a 'being,' and everything is unfolding on its own. So, just enjoy life and manifest your desires—then die. Or even better, 'don't die'—just enter into a hallucination of 'collective consciousness,' so that your ego can think it has ditched death.

But on this path, what will happen is: you will die, then there will be a Day of Judgment, and you will be asked what you have done with the knowledge that was given to you. What will your answer be? 'I was just busy manifesting my desires'? I was busy worshipping my own ego (desires) instead of worshipping Allah?

This life is not given to you just so you can enjoy it. Look at the animals. There is an animal within your soul as well. If you live like an animal, that animal will manifest as 'you' in the hereafter. This life was given to you so that you can 'worship' Allah. Another meaning of 'worship' is also 'knowing.' In other words, Allah created beings so that they could come to know Him. This is the purpose, and it will be fulfilled.

I did not create jinn and humans except to worship Me. Quran 51:56

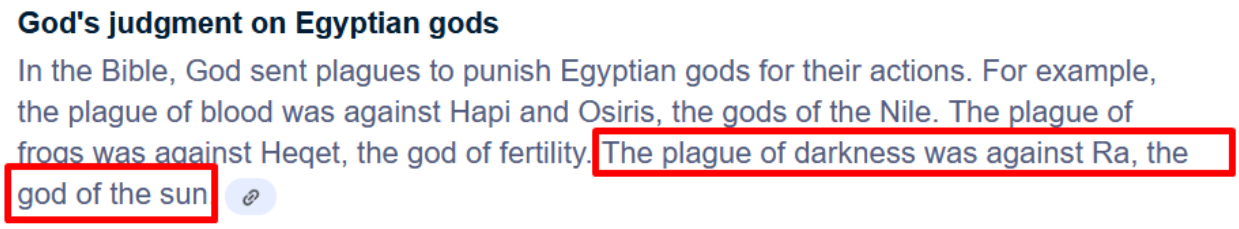
Knowing is also a form of worship. Therefore, knowing God or The Source is itself a form of worship.

Alien-Based New Age Spirituality

The core idea behind this ‘alien-based’ New Age spirituality—or New Age spirituality in general—is that some ‘other civilizations’ from different planets, or ‘aliens,’ came to Earth and established a kind of ‘lab’ where they allegedly created humans. According to this belief, these beings later returned during the Egyptian era, helping the people build the pyramids and teaching them the so-called ‘secrets of spirituality.’

These ‘aliens’ were considered the deities of the ancient Egyptians. We all know the historical narratives, but in short: New Age spirituality claims to *revive* the spiritual knowledge of that pyramid-era Egyptian civilization, repackaging it with modern terminology and concepts.

DO NOT FORGET: These ancient Egyptian deities were rejected and replaced by the human prophets sent by God. If what they were teaching was truly good, do you think God would have sent His prophets to remove them?



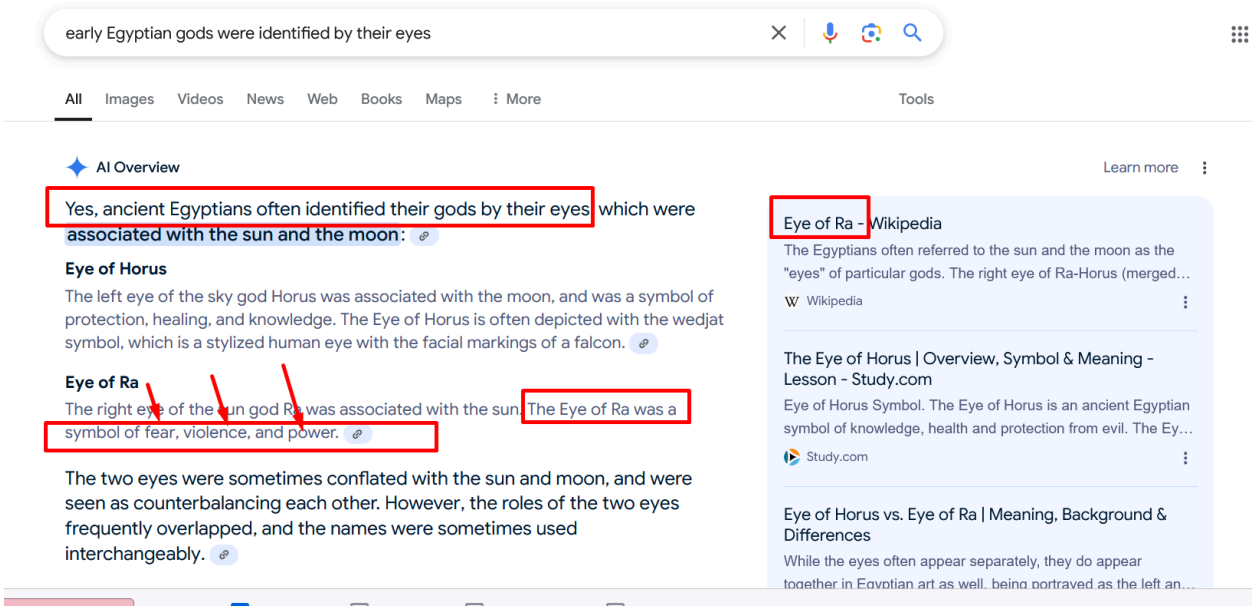
God's judgment on Egyptian gods

In the Bible, God sent plagues to punish Egyptian gods for their actions. For example, the plague of blood was against Hapi and Osiris, the gods of the Nile. The plague of frogs was against Heqet, the god of fertility. The plague of darkness was against Ra, the god of the sun

If you are not familiar with the above terms, just search online—you’ll understand.

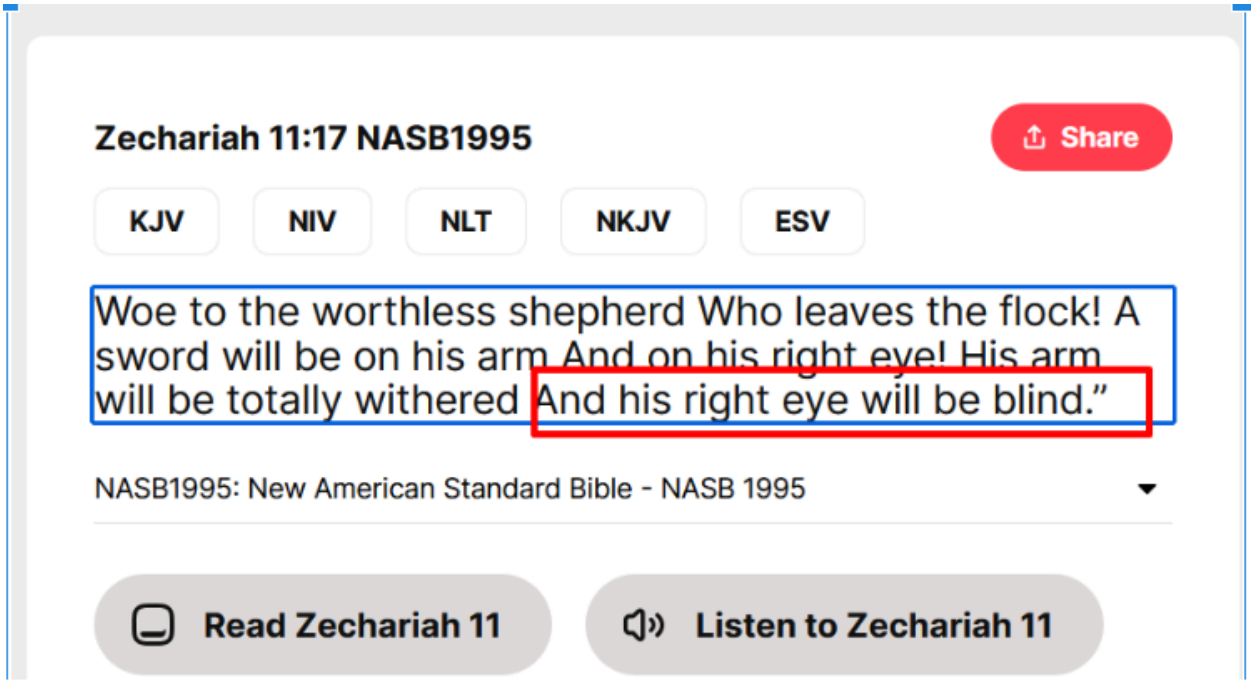
In short, both Islam and Christianity have prophesied that a man will come who will first claim to be Jesus (or *Prophet Isa (PBUH)* as Muslims call him) and then later declare himself to be ‘God.’

Are you familiar with the one-eye symbol/logo that frequently appears, especially in *Ra’s* (*The Law of One*) videos?


early Egyptian gods were identified by their eyes
All
Images
Videos
News
Web
Books
Maps
More
Tools
AI Overview
Learn more
Yes, ancient Egyptians often identified their gods by their eyes which were associated with the sun and the moon:
Eye of Horus
The left eye of the sky god Horus was associated with the moon, and was a symbol of protection, healing, and knowledge. The Eye of Horus is often depicted with the wedjat symbol, which is a stylized human eye with the facial markings of a falcon.
Eye of Ra
The right eye of the sun god Ra was associated with the sun. The Eye of Ra was a symbol of fear, violence, and power.
The two eyes were sometimes conflated with the sun and moon, and were seen as counterbalancing each other. However, the roles of the two eyes frequently overlapped, and the names were sometimes used interchangeably.
Eye of Ra - Wikipedia
The Egyptians often referred to the sun and the moon as the "eyes" of particular gods. The right eye of Ra-Horus (merged...
Wikipedia
The Eye of Horus | Overview, Symbol & Meaning - Lesson - Study.com
Eye of Horus Symbol. The Eye of Horus is an ancient Egyptian symbol of knowledge, health and protection from evil. The Ey...
Study.com
Eye of Horus vs. Eye of Ra | Meaning, Background & Differences
While the eyes often appear separately, they do appear together in Egyptian art as well, being portrayed as the left an...

I am just highlighting one important prophecy below:

Bible prophecy:


Zechariah 11:17 NASB1995
Share
KJV
NIV
NLT
NKJV
ESV
Woe to the worthless shepherd Who leaves the flock! A sword will be on his arm And on his right eye! His arm will be totally withered And his right eye will be blind."
NASB1995: New American Standard Bible - NASB 1995
Read Zechariah 11
Listen to Zechariah 11

Prophecy from Hadith:

Anas ibn Malik narrated that Rasulullah said:

> "There is never a prophet who has not warned the Ummah of that one-eyed liar; behold he is one-eyed and your Lord is not one-eyed.[16] Dajjal is blind of one eye[17] On his forehead are the letters k. f. r. (Kafir)[16] between the eyes of the Dajjal[18] which every Muslim would be able to read."[17][19]

The word *kafir* means *disbeliever*—someone who does not believe in *God.* Disbelief also includes believing that you were not created by God but rather by aliens!

According to *Rumi* (a Sufi mystic), blindness in one eye symbolizes *spiritual blindness.*

Just search for the signs of the *Antichrist* (the *False Messiah* or *Dajjal*)—look at the kind of "miracles" he will perform to deceive humanity and what other things he will do. You'll notice that many of these align with what certain "spiritual teachers" are promoting today—especially those telling stories about how *aliens created us.*

They are trying to reintroduce the beliefs of the Egyptian deities but now portraying them as "aliens." (These so-called deities were actually just beings from the *Jinn* nation.) But remember—they were *literally kicked out* by human prophets sent by God.

Why do you think that happened?

Such are the ones who have bought straying in exchange for guidance, but their trade has brought no profit, and they have no way out to escape it. Quran 2.16

This verse, from the Quran (Surah Al-Baqarah, 2:16), essentially states that those who choose to deliberately stray from the right path ("bought straying") in exchange for guidance are making a terrible bargain, one that will yield them no benefit and leave them with no escape from the consequences of their choice; it's a metaphor for people who knowingly reject truth and embrace falsehood, with no positive outcome for themselves.

Just pause for a second and think.

You wake up from a dream, only to be dragged into a *bigger* dream. This is not *waking up*—this is *waking down!*

You are trading your worldly life for the life of your hereafter because you haven't escaped the *simulation*—you've merely entered a *bigger* one! From one *maya* to another *maya.*

Your *physical self* may not perceive the kind of *agreements* being made at higher levels for this trade. But one day, you will *remember.* And when that day comes, it will be too late.

This is the *danger* of hidden knowledge—something the *Sufis* have long understood. That's why it has been kept *secret* and taught only with *strict discipline.* Without proper guidance, the *seeker of truth* is easily led *astray.*

This is *Dajjal's* strategy:

- They teach you how to *raise your frequency* and make you a *powerhouse.*
- Then, they *use* that energy to establish their *New World Order.*
- They walk with you for *99 steps*—helping, guiding, and teaching you.
- But when you take the *100th step*—they *leave you!*

Pause here and watch this video.

https://youtube.com/shorts/YOqBhy1EWs4?si=7IVBYGzzMNpJfIHV

Now, I am not saying that these teachings are totally unuseful

God works in a mysterious way

Know that to the universe, these are lifeless images. They have no life of their own; they only come to life when you look at them. So, sometimes, the universe may even use New Age alien based spiritual teaching to help you understand a lesson—if that is the easiest way for you to grasp it.

This may happen when you are just starting your spiritual journey and have not yet understood the deeper meanings.

However, **be careful** of 'channelers'—those who claim to receive teachings from beings they have never seen (or do not truly know what they are). **Never "wire" your mind to unknown beings**—you do not know what they will feed you. Do not seek out someone who claims to be "channeling" them and ask questions through that channeler. Doing so opens a door for them into your mind.

To fully understand the messages of the universe, you must be aware of the dangers and learn to filter the information with your heart.

Because ideas like *"aliens created us," "human history is not what we think,"* or *"God is just a combination of everything", or "God is all that is"* are nothing but lies.

These are deceptions—part of the **Anti-Christ's** plan, the **false messiah (Dajjal)**—meant to trap you in yet another dream, another illusion!

Pause now and watch this video.

https://www.youtube.com/watch?v=G39vfFpo0fw

Every prophet warned their nations about him.

Allah has made it easier for me to filter out false information by activating both the physical and spiritual levels of my heart through **constant dhikr (remembrance of Allah).** This is known as **'Zikr-e-Qalbi' (the dhikr of the heart).** It purifies the heart.

Even non-Muslims are welcome to practice this in these end times.

I invite you all to activate your spiritual heart through **Zikr-e-Qalbi.** Just search for it, and if Allah wills, you will find it.

Know that **learning how to manifest your desires or how to live a good material life is NOT high-level spirituality.**

Real high-level spiritual teaching will guide you toward reaching THE REAL.

Some of My Experiences

I don’t practice meditation. The only 'meditation'—if it can even be called that—I experience is during Salah. When I pray, I feel that God is in front of me, and His light enters my heart. In those moments, I naturally fall into a kind of meditative state. I never imagined or even read anything about spirituality before these experiences happened to me. First, I ‘test’ an experience, then I research and realize what it was—this is how it happens for me most of the time.

1. I have seen Prophet Muhammad (PBUH)—not in a dream or meditation. I was sitting on my prayer mat, doing dhikr, when suddenly, I could see him with my physical eyes, as if he was looking at me from another realm. One thing I noticed about his eyes was that they seemed to carry millions of years of experience, as if they had witnessed countless events.

This happened during a time of severe hardship for me. In Sufi teachings, it is believed that when the mind stops working, the heart begins to function at a deeper level. So, moments of extreme difficulty—when the mind is overwhelmed—are actually a blessed time. I believe that from that moment, my spiritual journey truly began.

2. I have also seen Prophet Solomon (PBUH) in my dream. Most of my experiences, however, have been physical—meaning they occurred while I was awake, with my eyes open, in my normal physical state. But this particular experience happened in sleep.

It is worth noting that Prophet Solomon (PBUH) was granted power even over unseen beings.

He said, “My Lord, forgive me and give me a kingdom such as no one after me will have.” (Quran: 38:35)

Now, just take a moment to think—when God grants such a kingdom, what kind of authority and power would it hold?

Seeing these two prophets feels connected to the levels I have passed through.

In Sufi teachings, if I were to simplify it: Prophet Solomon (PBUH) represents the quantum-entangled counterpart of Prophet Muhammad (PBUH), manifesting as the king in the physical, visible world.

Prophet Solomon (PBUH) had power over unseen beings. He had authority over them and could command them at will.

He gave me a message in my dream. I will use it in my writing, but I will not disclose it.

3. I have also had experiences with angels—fully awake, in my physical body, with my eyes open.

4. I have also encountered supernatural civilizations—beings far more powerful than those the new age spiritual teachers claim to channel. I have spoken to them multiple times.

They can do what others cannot.

He, who knows, will understand what I mean.

Those I have communicated with are pious and Muslim, except for a few with whom I had ‘unavoidable encounters’.

I have also had an experience with one of the topmost ancient Egyptian 'deities.' It tried to take what was in my heart, but Allah protected me from distraction.

I was not in sleep, nor in meditation. I was fully awake, in my physical body, with my eyes open. I did nothing 'spiritual' to bring these experiences upon myself—this was simply my reality. Ha ha ha!

5. I have 'tested' Judgment Day. I was fully awake, in my physical body, with my eyes open.

6. Hell was shown to me in my dream, through the eyes of The Most Merciful. (Thank God I didn’t have to experience it physically!).

7. I have 'tested'—note that I am not using the word 'seen,' but 'tested'—the experience of heaven. I was neither asleep nor meditating; I was in a normal physical state.

The Battle

Watch this video first:

https://www.youtube.com/watch?v=aK4RxuzenQU

Watch this one next:

https://www.youtube.com/watch?v=Esuj1BOnfJ4

Why Does Allah Hide Them?

One reason is that they will be misunderstood. Humanity has a strange tendency to worship anything other than Allah. From lifeless objects to trees, from trees to animals, from animals to humans, and even to ‘aliens,’ people will worship almost anything besides Allah.

The second reason is that the Good Department does not need your permission to work in your heart. They act with the permission of Allah, the Almighty. The Bad Department, however, needs your permission and often acquires it without your conscious awareness. They use subtle methods, exposing themselves through signs, cartoons, and symbols to influence you indirectly.

The third reason is that knowing about them is not the point. It’s not necessary for your spiritual journey to understand them or their workings. I mention this only to clarify that there is a Good Department, a holy order. This is important because you may have already heard of concepts like the ‘Galactic Council,’ ‘Alien Council,’ or the ‘Cosmic Order.’ These are often tied to the Bad Department. You might also have heard about the ‘New World Order,’ which extends beyond Earth and into the universe. The Bad Department’s aim is to reverse the order established by the Good Department, which originates from Allah.

However, knowing these things is not important for your spiritual growth. Yes, the Good Department may send direct help to you if your heart is ready, but there’s no need to spend time trying to uncover these mysteries.

Instead, focus on Allah. Concentrate on your heart. Direct your efforts to your inner battle, for this battle is greater than any other conflict, including those described above. In fact, when you reach the ultimate level of spiritual reality, you will realize that your inner battle encompasses the battle mentioned above.

Muslim tradition recounts that when Muhammad returned from battle, he told his followers, “We return from the lesser jihad to the greater jihad.” The greater jihad refers to the more challenging and significant struggle against one’s own ego.

The voice in your head might say, **"Hey baby, it's the 'collective consciousness.'"** No, baby, it's not collective consciousness. There is no 'collective'; there is only **ONE.** In your spiritual journey, you must come to realize that truth.

When I wrote, **"your inner battle encompasses the battle mentioned above,"** it means that the real battle takes place in your own heart. The true struggle is to purify the heart. This battle manifests in the spiritual realm, as described in this chapter, and that spiritual battle further manifests in the physical realm—such as the wars and conflicts you see around you.

It's as if you are **"seeing"** the reflection of your inner state in the external world. **As above, so below; as below, so above.** To gain a clear vision and truly align yourself, you must purify your heart and fight for it.

Satan's Strategy of Imitating God

Satan has an interesting strategy: it imitates God like a copycat. **Search for 'how Satan imitates God,' and you will see!**

Wink. Why did I put it here?

Think!

Timeline Split

As explained by an ‘alien-based’ new age spiritual teacher:

Pause and watch this video.

https://www.youtube.com/watch?v=29k79ZVDaM0

Notice how she mentions the name of **Lucifer** in the video—LOL!

Now, if you want to know the reality of this ‘timeline split,’ just watch this video, and you’ll understand what it really is.

https://yaqeeninstitute.org/omar-suleiman/virtual-reality-the-fitna-of-dajjal-khutbah

Important Hadiths to note:

‘Imran ibn Husayn reported: The Messenger of Allah, peace and blessings be upon him, said, “**Whoever hears news of the False Messiah, let him flee from him. By Allah, a man will go to him considering himself a believer, but will instead follow him because of doubts he will present.**”

Source: Sunan Abī Dāwūd 4319

Hudhayfah (may Allah be pleased with him) said: “The Messenger of Allah (peace and blessings of Allah be upon him) said: ‘**The Dajjal will be one-eyed, blind or defective in his left eye, with thick hair. He will have with him a paradise and a hell, but his hell will be a paradise and his paradise will be a hell.**’” (Narrated by Muslim, no. 5222)

The Messenger of Allah said: **'I know what the Dajjal will have with him. He will have two flowing rivers, one that appears to the eye to be clear water, and one that appears to the eye to be flaming fire. If anyone sees that, let him go to the river which he thinks is fire and close his eyes, then lower his head and drink from it, for it is cool water. The Dajjal has one blind eye, with a layer of thick skin over it, and between his eyes is written "disbeliever," which every believer will read, whether he is literate or illiterate.'** (Sahih Muslim 2934b)

Now watch this:

https://www.youtube.com/watch?v=xmicqU95Q0s

You Are The Alien!

I have talked with ‘other beings’—those who are pious and believe in Allah. (*And no, don’t think I did some kind of channeling—I don’t do anything except salah and zikr. These experiences are just part of my everyday normal (?) physical life.*)

One of them said: **"Earth was not like this before. There were dinosaurs and other creatures. Earth was transformed into a state where humans could live. It’s funny to us that humans search for aliens—because in reality, humans are the real aliens in the cosmos!"**

You are looking at this from a lower point of view. You have been taught by those ‘other’ beings (who are not good) to perceive it this way.

Now, let’s shift perspective. Let’s look at this from a higher point of view.

This is ancient wisdom, found in major spiritual teachings, that **humans are actually the microcosm of the entire cosmos.** That’s another meaning of **"created in God’s image."**

As a being **"created in God’s image"** or a **microcosm of the macrocosm,** your consciousness is **multi-dimensional.** It expands across all dimensions of existence.

Your **physical body exists in one dimension,** but your soul has existed—and will continue to exist—across all other dimensions. Your physical body is just a tiny part of your soul.

In the **macrocosm of consciousness,** which is also your own consciousness, all dimensions and beings were created **long before your physical body appeared in a specific year or timeline.**

Now, those other creatures that came into existence in other dimensions **before your physical body appeared**—to them, it seems as if they came first, and then you suddenly arrived in the cosmos.

I’m not talking about all beings here. There are good ones—those who are pious and believe in Allah and His Messenger.

But there are also those who rebel. To them, you are:

- **A tiny little thing** (in terms of your physical body).
- They understand that you are a being **"created in God’s image,"** but they don’t comprehend how.
- To them, **you are the alien!**

For some of them (not all), it even feels as if you are somehow **"invading"** their space—as a **tiny little thing** that has the power to influence and control their realms.

Some of them **mock humans and laugh at them.** They are somewhat aware of your powers as a **multi-dimensional being,** but they don't understand the deeper secrets of human consciousness. They simply see you as a **tiny little thing** and think, **"This is supposed to be greater than us? Huh!"**

A Timeless Reality

You understand that **everything is happening now,** right?

You understand that **everything is here,** right?

You understand that **you are a microcosm of the entire cosmos,** right?

Forget about **distance** (kilometers/miles) and **history** (years). Instead, think in terms of **dimensions.**

All dimensions are like **threads woven into a fabric—layered upon one another.** Those other beings are not 'far away'; **they exist within your microcosm.**

Satan, his associates, and all the other creatures (the bad ones, I mean) from different dimensions of consciousness—everything you know—**is happening now, within your microcosm.**

They are here, **in this very moment.**

There is no historical time. There is no physical distance. It's as if **everything is somehow 'inside' your soul.**

Within your microcosm, **you represent all of humanity.**

Right now, they are observing **you**—a being **"created in the image of God."**

To them, **you are the alien,** suddenly appearing out of nowhere. But they also understand that **their existence depends on your microcosm.**

You are the one who gives them 'life' within your microcosm.

They want to **change the system** within your microcosm.
They want to establish **a "new world order"** in your microcosm.
They want **you** to surrender your power to them so they can do it.
They don't want to see **you** as the **"government"** of your own microcosm.
They want to establish **their own government.**

So, they have devised a strategy:

They will **place a VR helmet** on your physical body's head. (**Think of this VR helmet as all the frequency and density teachings they have fed you.**)

Then, they will start showing you **their version of reality** on the VR screen—while in truth, they will be **feeding off your power like parasites.**

But you won't feel it. You'll be too lost in the **hallucination of your own microcosm.**

Some examples of this hallucination:

"Oh, I am connecting with other beings, yay yay!"

(But wait… you already know that in the bigger picture, there is no one else except you. So isn't this just a hallucination?)

"Oh, I am merging into collective consciousness—what an amazing thing!"

(LOL! You reached the absolute level of consciousness, and now you're drowning yourself in an imaginary "collective" consciousness?)

"Oh, I am waking up from the dream!"

(LOL! You keep agreeing to wear that VR helmet—over and over—despite knowing the truth!)

"Whoever knows himself, knows his Lord'

- Hadith

Social Memory Complex—From the Ultimate Level's Perspective

From the ultimate level's point of view, **it is untrue.**

Remember, only The Real exists.

Soul, spirit, body, and all other created beings—no matter which planes of existence they inhabit—are merely **reflections.** Their existence **depends on The Real,** and they have nothing "real" in themselves.

The Real is beyond creation.

This **social memory complex** is simply a **distortion in the mirror** that you are looking into—caused by an **unclean heart.**

Remember: At any moment, everything is already **perfect and complete** from the ultimate perspective, because **God (The Real) is the Most Perfect One.**

That is the meaning of **"Subhan Allah"**—which Prophet Muhammad (PBUH) instructed his companions to recite.

There is nothing that **you, your society, or your group consciousness can "do" here**—because from the higher levels, **those things are non-existent.**

As Alan Watts said: **"Creation is already complete and whole.**

Now, **you**, as a creation—**merely a reflection/image** from the ultimate point of view—can **"create"** your own perspective and think that you're **doing something** in a group. But, overall, that doesn't make sense.

This is a false **idea of 'playing god,'** when the concept of **God** doesn't even appear at the highest levels (will be discussed later). All it does is create **a bubble inside another bubble**, an **illusion inside the simulation**, and nothing more.

Remember: "You"—whether as a person, soul, spirit, a member of a group, or any other form—**nothing exists** at the highest levels except **THE REAL, AND THE REAL ONLY.**

THE REAL is ONE, not multiple.

What you are seeing is **only the reflection of your own unclean heart.** It's showing you that **social memory complex/group consciousness** image in front of you—whether as a **person, pages in a book, a monitor, or anything else.** That's the illusion happening here, in total.

A Simple Thought Experiment:

Imagine you are dreaming about a room. In this room, there are multiple people. At some point, you **become conscious** and realize that **you are dreaming**—and that there is no one else in the room.

What should the next step be? Should you **dream again,** throwing away your realization and continuing to believe that there are multiple people in the room? Or should the next step be **waking up** and learning more about **who you truly are?**

Have you noticed something?

Basher often says: "Do you realize that I am not outside of you, but I am inside of you, and I am just a projection of your own mind?" What more proof do you need than that? *Ha ha ha!*

Or did you think that **God is imperfect,** His creation is imperfect, and you need to **fix something** here and have power over it? *Ha ha ha!*

They planned, but Allah also planned. And Allah is the best of planners. Quran 8:30

Or did you forget that **what you are looking at is just a mirror?**

Just realize in your heart that **God is the most perfect,** and everything will appear in that way. **You don’t have to do anything**—it will unfold perfectly on its own!

Why Collective Consciousness Is A Demonic (Satanic) Thing:

Watch this video first:

https://www.youtube.com/watch?v=c_4jAbqIwSc

All major spiritual paths teach the same truth: **One Consciousness.**
All major religions teach the same truth: **One God.**

The name by which people call **'God'** may differ across religions, but in the end, they all believe in **One God.**

Even in **Hinduism**, where there are many gods and goddesses, the **Vedas** state that **God is One,** not many.

Only **Satan**, also known as **Lucifer**, took an immediate stand against the concept of **One God.**

You can search and you'll find many **new age spiritualities** that preach about **Lucifer** and how "good" he is—**LOL!**

Satan wants to directly oppose the **One True God.** That's why he has now introduced the concept of **'collective consciousness.'**

If you want me to break it down in simpler terms (since you don't like the idea of **'Satan'**):

We all came from the **same source**, and we will return to that **same source**, one way or another. In fact, this is happening every single moment.

How you will return to the source depends on **you.**

If you run away from the One True Source and spend your valuable time on Earth building a dream of collective consciousness, then the distance from the source will be measured on Judgment Day and will be manifested as you being in hell.

That's how you will return to the source if you believe in collective consciousness.

Indeed, to Allah we belong and to Allah we shall return. Quran 2:156

New age spirituality draws its ideas and teachings from ancient spiritual paths, but they **reject one fundamental truth**: that **God is One**, not many.

They have gone so far that they are now planning a worldwide destruction, which they refer to as the **'Time Line Split.'**

This may not appear directly in front of you, but be certain that many of the preachers of new age spirituality are, in the background, actually working with demonic beings (knowingly or unknowingly).

Their goal is to bring a **massive negative force** onto Earth. They are caught in the **hallucination** of **'collective consciousness.'** They believe that the **prophets** were merely **manifestations** of this collective consciousness.

During this 'Time Line Split,' their new 'prophet' from their 'collective consciousness' will appear. That's what they'll tell you, but in reality, it will be the Antichrist or Ad-Dajjal, the false messiah.

This is their plan on the inside. On the outside, they are **hypnotizing people** with their theories of **collective consciousness**, etc.

Most followers of new age spirituality are not interested in anything beyond how to live a good life (how to feel good) and how to manifest their desires. This is a form of narcissism and worshiping their egos.

They have made their egos their idols.

This is not spirituality; this is **ego worship**, which leads them to believe that each one of them has become a God. LOL!

[Quran 25:43] Have you seen the one whose god is his own ego? Will you be his advocate?

[Quran 45:23] Have you noted the one whose god is his ego? Consequently, God sends him astray, despite his knowledge, seals his hearing and his mind, and places a veil on his eyes. Who then can guide him, after such a decision by God? Would you not take heed?

Differences Between The Various Spiritual Paths

Initially, all spiritual paths aim toward the same point:

Realizing the Absolute.

There are, however, other levels beyond the Absolute.

But most ancient paths stop at this point. It's likely that those who initiated these paths thousands of years ago realized the dangers that lie beyond this level.

If you're wondering about these dangers, here's an example:

On the other hand, **new age alien based spirituality** often reaches the **Absolute** level first, only to then descend into the **lowest levels**. This happens because, once the ego or mind realizes it is not the "doer," it seeks to become the **"doer"** —despite the spiritual journey's true purpose being the understanding of the opposite!

Their **satanic selves** (there are seven selves in you, and the lowest is the satanic self) aim to become the **"co-creators of the experiences."**

Examples of this self's characteristics include Pharaoh's declaration, "I am your lord supreme," and Satan's assertion, "I am better than him." You're already familiar with Satan, but when you read about **Pharaoh**, the voice in your head may try to justify him—saying, "Oh, that's just the Egyptian deities, the aliens' teachings; Pharaoh was right, and so are you!"

Don't forget what happened to Pharaoh and how he was defeated by **Moses (Prophet Musa),** who was sent by the **One True God.**

In relation to the previous chapter, where we discussed the secret of worship, **new age alien based spiritual teachings** aim to **put the mirror upside down!** LOL! How can you even move a mirror that is infinite and then turn it upside down?

The only way to deceive the mind into thinking this is possible is by focusing on a tiny part of the mirror (your short lifetime on Earth) and sacrificing the other parts (your **infinite life** in the hereafter).

Note that I've used the word **"deceive."** This means that, ultimately, you **cannot** do it. You will only enter your mind's **hallucination** of achieving it.

The Main Difference

In the paths of ancient wisdom, enlightenment means realizing the Oneness of the One True God or understanding the unity in multiplicity.

In new age alien based spirituality, however, their understanding is the exact opposite: they believe each of us has become a God. They claim that God has been divided among all of us, and everyone has become God.

Their aim is to exploit the order established by the One True God and set up a “New Order”—which they call “collective consciousness.”

Be Aware

A widespread deception is coming in the future, about which every prophet has warned. The new age alien-based spirituality is a part of it. Behind the screen of your eyes, they will be throwing things into your heart. If you are not on the path of the heart, it will be easy for them to deceive you, and you may fall into their trap without even realizing it.

Islamic Mysticism or Sufism:

La ilaha illallah muhammadur rasulullah" (Arabic: لا إله إلا الله محمد رسول الله) translates to "There is no god but God; Muhammad is the messenger of God" and is the fundamental declaration of faith in Islam, known as the Shahada.

Other paths teach this: *La ilaha illallah*—"There is no God but God."

Sufism, however, goes further and teaches: *Muhammad (PBUH) is the messenger of God.*

What does this statement truly mean on a spiritual level? In this book, if Allah wills, we will explore its deeper reality.

Watch this short video:

https://www.youtube.com/watch?v=BfpAWg4q5Wo

All other paths focus only on the mind, the head, and the ego.
The path of **tariqa** (the Sufi path) is only **nine inches**—from the head to the heart.
Here, the **language of the heart** is taught.
We don't care about the head!
We speak with the heart, we work in the heart, we see with the eyes of the heart.

That's why the Sufi path is the hardest of all spiritual paths—it aims beyond the absolute level! In the first chapter of this book, where I wrote about the difficulties of spiritual teachings, I was actually indicating the difficulties of this path. It is not taught like other paths. Either it **falls upon you** naturally (directly from Allah) or you learn it from a teacher (sheikh). It's not simply about meditating or listening to lectures.

A true teacher will assign you tasks. Through these tasks, you will learn, and you must trust the teacher so deeply that you will carry out any task—even those that seem impossible to your ego!

Now, about choosing a teacher: **Don't choose blindly.** There are many false teachers out there, so be cautious. How do you find the right one? Begin by concentrating on purifying your heart. Follow the guidance written in this book, and your guidance may come naturally (directly from Allah). If necessary, Allah will direct you to a true teacher, and you will feel it in your heart when you find him.

Also, Shaykh Nurjan Mirahmadi is an authentic teacher, below is his website and YouTube channel:

https://www.youtube.com/channel/UC4E8QX7OgwYDgyuuXTBMrcg

https://nurmuhammad.com/

By the way, if you're wondering about the power of the heart, let me give you an example: I have included links to a few YouTube videos of Maulana Tariq Jameel in this book. Now, he is not a Sufi sheikh, meaning he's not a spiritual teacher (as far as I know). So, while his head may not possess spiritual knowledge, if you were to bring one million people waiting for the 'timeline split'

and the destruction it might bring, his heart alone would outweigh all their knowledge and expectations.

Since it is not possible to even move the mirror because it is an infinite mirror, the only way is to make the mirror even bigger than infinite!

How to do that?

By making yourself smaller in front of the mirror!

And keep making yourself smaller until the self gets burned into ashes and only love remains.

Then, encompass the entire mirror with love. The mirror might be bigger than infinity, but 'LOVE HAS NO BOUNDARIES,' isn’t it? HA HA HA!

Allah says, "Neither My heaven nor My earth could contain Me, but the soft, humble heart of my believing slave can contain Me."

The Woodpecker Self

Among all the other ‘selves’ within you,
The most intriguing one is *The Woodpecker Self.*
This is the ‘seeking self.’

It’s that part of you
That is always searching for the source,
Always trying to make sense of everything,
Always digging, digging, and digging—
Like a woodpecker!

It’s not this, it’s not that,
It can’t be that,
It can’t be this.
This self is so hard to satisfy.

This self has dug into the hearts of the enlightened,
And it has dug into the hearts of the non-enlightened,
Relentlessly seeking to understand what is what.

And why is it like that?
Because it is driven by an insatiable hunger,
A yearning for truth,
A longing to uncover what lies beneath the surface.

It cannot rest in complacency,
For it senses there is more—
Always more to discover,
Always deeper layers to peel back,
Always hidden meanings waiting to be unearthed.

It's the part of you that refuses to settle,
That questions the unquestioned,
That seeks to bridge the seen and the unseen,
The known and the unknown.

This self exists because, deep within,
'You' know the truth
To the mysteries of existence.
And it will not be satisfied until it finds out that!

—

I am not the first Buddha who came upon Earth, nor shall I be the last. In due time, another Buddha will arise in the world - a Holy One, a ***supremely enlightened One****, endowed with wisdom in conduct, auspicious, knowing the universe, an incomparable leader of men, a master of angels and mortals.*

Buddha

—

The below text is taken from this page: https://goldensufi.org/the-sufi-meditation-of-the-heart/

Sufism is the ancient wisdom of the heart. It is not limited by time or place or form. It always was and it always will be. There have always been lovers of God, long before they were known as Sufis. There is a story about a group of mystics, a band of lovers of God, who were called the Kamal Posh. Kamal Posh means blanket wearers, for their only possession was a blanket which they wore as a covering during the day and used as a blanket at night. As the story goes they traveled throughout the ancient world from prophet to prophet but no one could satisfy them. Every prophet told them to do this or to do that, and this did not satisfy them. Then one day, at the time of Muhammad, the Prophet was seated together with his companions when he said that in a certain number of days the men of the Kamal Posh would be coming. So it happened that in that number of days this group of Kamal Posh came to the prophet Muhammad. And when they were with him, he said nothing, but the Kamal Posh were completely satisfied. Why

were they satisfied? Because he created love in their hearts, and when love is created, what dissatisfaction can there be?

The Kamal Posh recognized that Muhammad knew the mysteries of the heart. They stayed with the Prophet and were assimilated into Islam. According to this story the Kamal Posh became the mystical element of Islam. And later these wayfarers became known as Sufis, perhaps in reference to the white woolen blanket, *sûf*, which they wore, or as an indication of their purity of heart, *safâ*, for they were also known as the pure of heart. Over the centuries Sufism spread throughout the Islamic world and beyond, with most Sufis being strict followers of Islam, though some were persecuted by the Islamic orthodoxy.

—

The woodpecker self will only get satisfied

When it will see The Real

The only way to have it see The Real

Is to stand in salah

Only then, the heart will see The Real!

And the woodpecker self will say

This is it!

—

Ihsan

The idea of worshipping Allah with the feeling that He is present. It is considered the highest level of worship.

When Gabriel asked, "What is Ihsan (perfection)?"

Allah's Messenger (ﷺ) replied, "To worship Allah as if you see Him, and if you cannot achieve this state of devotion then you must consider that He is looking at you."

https://sunnah.com/bukhari:50

What Really Exists Is Not Where You Think It Exists

There are many selves within you—ranging from the animal self to the perfect self and beyond. However, if I were to categorize them in terms of common spiritual understanding, I would say:

The first self is the **individual self**—the one you are familiar with.
But as they say: *You are not what you think you are!*
Eventually, you come to recognize the concept of the **supreme self**.

Some claim the supreme self exists outside you,
Yet the wise say: *God looks at you from within you!*

When your focus shifts from the individual self to the supreme self,
You begin to grasp this idea.
But when you reach the **Absolute Level**,
It feels as though the individual and supreme selves merge into a single self.
Let's call this the **Absolute self**.

In truth, there are still two selves,
Yet both are animated by the same **spirit**,
Which gives life to them both.
Thus, we call this spirit the **Absolute self**.

Now, imagine removing both the individual self and the supreme self from that spirit—
What remains?

Let's think of it this way:
Suppose you wanted to go beyond your five senses:

Touch, sight, hearing, smell, and taste

First, you would negate your head,
Which houses sight, hearing, smell, and taste.
Next, you would negate your entire body,
Which holds the sense of touch.

But then there's the sixth sense—
Where does it come from?
It arises from the **soul**.
So, let's remove the soul too.
What remains?
Nothing.

Those who have experienced nothingness understand what it is.
But… what if we even remove nothingness?
What remains then?

What remains is the **source**, of course!
(HA HA HA)

Yet here's the challenge:
You cannot 'realize' the source using your head,
Or your body,
Or your soul,
Or even with light.

Because, when you are in 'nothingness',

To all your senses,

There is nothing at all.

So the question of 'removal of nothingness' can't be arise from there!

Because there's nothing there by definition!

But, there must be something, which is observing the nothing

Otherwise,

To WHAT, the state of nothingness appeared???

So, let's try a different approach.

Think of it this way:
All the layers—body, senses, soul, light—are overlapped.
Perhaps that's why removing layers doesn't lead to the source.
Instead, let's keep all the layers and seek the **center**.

We understand that the **source** is the center of all circles—
By *circle*, I mean states, levels, or realities.
We also know that *human* is created in the image of God.
By *human*, I mean the combination of senses, soul, light, and everything else.

Now, what is the center of the human body?
It is the **heart**.

If you wish to find the source,
Purify your heart—

To the extent that you feel your entire universe being controlled from it.
As if the feelings of the heart are reflected in the mirrors of the universe and your body.

Once your heart is pure, try this:
Concentrate on your heart and observe its feeling.
Normally, we interpret things with our head and senses,
But if you can see the heart as the center
And negate everything else, focusing solely on the **language of the heart**
Concentrate with your heart, not your head,
(And this is only possible if you have a pure heart, a ***Qalb-e-Saleem***)—
Then you will realize the **center of everything**!
You will realize the **source**!

This is where everything begins,
And this is where everything returns.

When you attain ***Qalb-e-Saleem***—a sound and pure heart—
You reach the source.
Or, put another way,
You return to the source.

In the purest sense,
You return the source to the source!

Allah says in the Quran, "The day when wealth and children will not benefit anyone except he who will come to Allah with a Qalb-e-Saleem." (Surah Shu'ara, Aayah 88-89).

Search for what *Qalb-e-Saleem* is and try to achieve it. You can find plenty of information about it online. Finding that knowledge is not difficult, so I won't go into detail here.

But you know what is difficult?

Doing

You know why it seems difficult?

Read the next chapter.

The Strongest Veil

It is said that between you and Allah, there are 70,000 veils.

A Sufi sheikh from the Karkariya Order said, 'The greatest veil is the veil of fear.'

Watch this short video from a Sufi sheikh of the Naqshbandi Order:

https://www.youtube.com/shorts/sSDt_rY8TwU

There can be many kinds of fear—fear of losing possessions, fear of losing your mind, fear of losing money, fear of ghosts (LOL), and the list goes on.

But the greatest fear is... fear of losing ‘yourself.’

You cannot progress to higher levels, whether from the absolute level or whatever level you believe you are at the moment, because you are afraid of losing yourself.

Give yourself to Allah!
Lose yourself in Allah!
Be like the ‘Huma’ bird,
Which shut down its head in belief in Allah,
Out of love for Allah in the heart,
Spread its wings,
And flew beyond its body!

True Love

Do you really want to know what true love is?

Then first, know its price.

It doesn't matter what spiritual level you think you're at right now.

Everything will be torn apart.

Every circuit of your brain will be rewired.

You will die before death—only to be reborn again!

Caution: What is written in this chapter—your false self, mind, and nafs will not 'like' it.
One strategy to overcome the false self is simple: do the opposite of what it tells you to do!
Read this chapter at least three times, then sit in silence and reflect deeply to truly grasp what you have read.

Unconditional love for everything out there is not real love.

Because everything out there is simulation

It's not REAL.

Self-love is not real love.

Because you, yourself, are not REAL.

Because you, yourself, are an imagination.

(Be it you think of yourself as a body or the whole out there).

Love for family members is not real love.

These are emotions and conditions, constructs of the mind.

(Of course those are needed to live your everyday life as a person and you should not try to totally tear those ties, rather you should try to realize the point which is explained here with your heart.)

Nothing will perish except the 'face' of God

('Face' doesn't mean in literal way here)

Real love, true love, does not arise from within

It must be placed within from the outside.

What, then, is real love?

He who has not tasted it cannot understand it!

To realize, what real love is

You will have to test it first.

Real love is love for the REAL,

For everything else is UNREAL.

When that love enters your heart,

Nothing else will remain but the REAL.

Your heart will become a sanctuary of constant remembrance of the REAL.

The 'fire of love' will ignite within,

Burning away all but the REAL.

Your heart is the Kaaba,

The house of The God.

No one else, no idol, can reside there.

If you cleanse your heart in this way,

You will find God dwelling within it.

You will never be distracted again.

You will never desire anything but the REAL.

And then—only then—you will truly step outside of the simulation.

> Chapter (28) sūrat l-qaṣaṣ (The Stories)
>
> وَلَا تَدْعُ مَعَ ٱللَّهِ إِلَٰهًا ءَاخَرَ ۘ لَآ إِلَٰهَ إِلَّا هُوَ ۚ كُلُّ شَىْءٍ هَالِكٌ إِلَّا وَجْهَهُۥ ۚ لَهُ ٱلْحُكْمُ وَإِلَيْهِ تُرْجَعُونَ ﴿٨٨﴾
>
> **Sahih International**: And do not invoke with Allah another deity. There is no deity except Him. Everything will be destroyed except His Face. His is the judgement, and to Him you will be returned.
>
> **Pickthall**: And cry not unto any other god along with Allah. There is no Allah save Him. Everything will perish save His countenance. His is the command, and unto Him ye will be brought back.
>
> **Yusuf Ali**: And call not, besides Allah, on another god. There is no god but He. Everything (that exists) will perish except His own Face. To Him belongs the Command, and to Him will ye (all) be brought back.
>
> **Shakir**: And call not with Allah any other god; there is no god but He, every thing is perishable but He; His is the judgment, and to Him you shall be brought back.
>
> **Muhammad Sarwar**: Do not worship anything besides God. He is the only God. Everything will be destroyed except God. To Him belongs Judgment and to Him you will all return.
>
> **Mohsin Khan**: And invoke not any other ilah (god) along with Allah, La ilaha illa Huwa (none has the right to be worshipped but He). Everything will perish save His Face. His is the Decision, and to Him you (all) shall be returned.

Pause here watch this video:

https://youtu.be/u5nVziER8cg?si=2xFWesT76ivKWbS7

(Read the subtitles)

It will never happen that you will love God first and then God will love you. God has to love you first, and only then will you feel love for God in your heart. You have to come closer to God through your deeds. You have to 'test' the true love, and then you will understand what it is. If that fountain of love bursts out from your heart, then you will see:

There is no God but God.

There is none in existence except God.

There is none who can truly be loved except God.

[How can anyone else be truly loved when nothing is true (nothing truly exists) except God?]

You have to clean your heart and open it for Allah. You must burn yourself in that love, and then you will 'see' God everywhere you look. Love is also a veil, but a necessary one. **Whoever desires to reach the highest must be wrapped in the shield of love**.

> Abu Dharr reported: The Messenger of Allah, peace and blessings be upon him, said, "**Allah Almighty says: Whoever comes with a good deed will have the reward of ten like it and even more. Whoever comes with an evil deed will be recompensed for one evil deed like it or he will be forgiven. Whoever draws close to Me by the length of a hand, I will draw close to him by the length of an arm. Whoever draws close to Me the by length of an arm, I will draw close to him by the length of a fathom. Whoever comes to Me walking, I will come to him running. Whoever meets Me with enough sins to fill the earth, not associating any partners with Me, I will meet him with as much forgiveness.**"
>
> Source: Ṣaḥīḥ Muslim 2687

And when you come to Him with love, it's as if you're not even running—you're flying to God. Ah, you can't even imagine at what speed God will come to you in return!

You obviously know the story of Adam and Satan, right? If not, look for it online. The secret of that story is this: Adam's nafs (ego) was content in heaven, but his soul (ruh) felt love for Allah and wanted Allah. However, there was a condition: he had to publicly humiliate himself to get Allah. Both Adam and Satan were close to reaching that point, but Satan lacked love for Allah, so he was burned. Adam, on the other hand, was wrapped in the shield of love, and so he passed the test!

The lovers of Allah!

There is a group of souls

To whom Allah showed the heavens and the earth,

And asked, "What do you desire—My heaven or My earth?"

They replied, "We desire neither of these.

We desire only You, O our Lord."

It was told to them

Give up yourselves and come to me!

They asked how o our lord?

There were asked

Give up your sense of self

Give up your free will

Give up your share in earth

Give up your share in heaven

They gave up

It was told to them

You will face trimindus trials and tribulations in Earth

You may even have to publicly humiliate yourself

They agreed to do that and agreed to give up everything for the sake of God

And they received in return what they desired initially

On top of that, like the Most Merciful he is,

God returned everything in ten folds to them

And brought a blank page and asked them, like the mighty king he is

Write here, what is your wish!

If you truly want to open the door of true love, go into seclusion for 40 days. Only go out when necessary, such as for obligatory prayers. If total seclusion is not possible due to your professional life, then distance yourself from worldly distractions as much as you can. Avoid social gatherings and unnecessary conversations. Focus solely on drawing closer to Allah. Research and reflect on the ways to strengthen your connection with Allah.

Remain in prayer, worship, and repentance. Repent to Allah for your past mistakes and sins, humiliate yourself before Allah, and ask for forgiveness continuously until you feel lighter. Search for guidance on how to perform tawbah (repentance). Feel the humiliation in your prostration and in your repentance.

It is advised to make dua in sujud—do that, of course. Also, make dua with your hands raised. In both cases, or whenever you are making dua, see yourself as a beggar standing before the All-Mighty, the One who holds absolute authority and power. Lower yourself in humility before Allah. Feel the humiliation.

Your faults will begin to reveal themselves before you. The triggers of your faulty emotions will be placed in front of you. The misguided knowledge, understanding, and ideas you hold will be uncovered.

Each time this happens, perform tawbah, feel humiliation, and accept the guidance. He who is willing to undergo such self-humiliation and self-correction, out of love for Allah—not for the reward of heaven nor the fear of hell—will be able to 'burn' his false self/ego/nafs with the fire of love.

If I adore You out of fear of Hell, burn me in Hell!

If I adore you out of desire for Paradise,

Lock me out of Paradise.

But if I adore you for Yourself alone,

Do not deny to me Your eternal beauty."

— Rabia al Basri

Now pause here and watch this video:

https://www.youtube.com/watch?v=XkciKMb_tbU

Allah Most High says: "*He who is hostile to a friend of Mine I declare war against. My slave approaches Me with nothing more beloved to Me than what I have made obligatory upon him, and My slave keeps drawing nearer to Me with voluntary works until I love him. And when I love him, I am his hearing with which he hears, his sight with which he sees, his hand with which he seizes, and his foot with which he walks. If he asks me, I will surely give to him, and if he seeks refuge in Me, I will surely protect him*" (Hadith)

Here is a beautiful poem by Ibn ‘Arabi:

My Beloved

Listen, O dearly beloved!

I am the sought essence in the cosmos

I am the centre of the circle and its circumference,

I am the compound and the simple

I am the command descending between Heaven and Earth,

I have only created perceptions for you so that by them, you might perceive Me

So if you perceive Me, you perceive yourself.

But you cannot perceive Me through yourself.

It is through My Eyes that you see Me and yourself,

Through your eyes you cannot see Me.

Dearly beloved!

How often I call you and you don’t hear!

How often I show myself to you and you don’t see!

How often I’ve become fragrance and you don’t smell Me,

And tasty food, a but you don’t taste Me!

What’s with you that you don’t feel me in the things you touch?

Or sense Me in sweet scents?

Why don’t you see Me? Why don’t you hear Me?

Why? Why? Why?

For you My delights surpass all other delights,

And the pleasure I bring you surpasses all other pleasures.

For you I am lovelier to all loveliness

I am Beauty/beautiful, I am Grace/gracious

Dearly beloved!

Love Me, and not other than Me

long for me, concern yourself with me

Don’t worry about anything other than me

Hug me, Kiss me!

Where could you find union like mine?

All that you seek is in it

And I want you for you

but you, you flee from me!

Dearly beloved!

You cannot treat Me fairly,

For if you approach Me,

It is because I have approached you.

I am nearer to you than yourself,

Than your soul, than your breath.

Who among creatures

Would treat you as I do?

I am jealous of you, over you,

I don’t like to see you with others

Not even with yourself.

Be Mine, be with Me

I will be with you

as you are with Me

while you are not even aware

be for Me as you are in Me,

Though you are not even aware of it.

Dearly beloved!

Let us go toward Union.

And if we find the road

That leads to separation,

We will destroy separation.

Come! Let us go hand in hand.

Let us enter the presence of the Real.

Let It be our judge

And imprint Its seal upon our union

For ever.

Source:
https://archive.blogs.harvard.edu/sulaymanibnqiddees/2017/05/14/ibn-arabi-my-beloved/

Now pause here and watch this video:

https://youtu.be/PSCBOVlG5vQ?si=J2hn3OTvbqz6B6FR

Just read the subtitles.

If Allah wills, a special state will manifest, where it will feel as though your past has been ‘erased’ or ‘replaced’ with something better. In that state, you will come to realize the following names of Allah:

Al-Qareeb (The Near One" or "The One Who is Close")

Ar-Rahim (The Most Merciful)

Ar-Rahman (The Most Compassionate)

Al-Ghafur (The Most Forgiving)

Al-Afuww (العفو) is an Arabic name for God in Islam that means "The Pardoner" or "The Most Forgiving". It's one of the 99 names of God used by Muslims.

Meaning:

- The one who effaces and removes sin
- The one who erases bad deeds and overlooks sins
- The one who hides sins from the world and doesn't expose people
- The one who covers up mistakes and erases them as if they never happened

Relationship to other names of God:

- Al-Afuww is similar in meaning to al-Ghafoor (the Forgiving), but the meaning of pardon goes further than forgiveness.
- Pardon means erasing, while forgiveness means concealing.

Appearance in the Qur'an:

- The name Al-Afuww appears in the Qur'an, such as in An-Nisaa 4:149, which says "Indeed Allah is all-excusing, all-forgiving".

Death

I will not write everything about this state or all the details.

One—it is useless to write the details because you will not realize them until you test it yourself. *LOL!*
Two—I am afraid that if I write in detail, the reader will not be able to take it! Such a 'weight' cannot be placed on a heart that is not ready.

To reach that state,
You must swim through the ocean of nothingness.
Perhaps you have already tasted 'nothingness.'
Then, you must taste death.

But do you understand what I mean?
I am not talking about NDEs (Near Death Experiences) or OBEs (Out of Body Experiences).
You can have those experiences even with hallucinative drugs!
Even those who have faced physical death—
I doubt they have tasted the death I am speaking of.

You don't spiritually die when your body dies.
But I am talking about a kind of death where—
Your body is alive,
But you are spiritually, mentally, emotionally *dead.*

No—I am not talking about 'depression.'
I know very well what it feels like to be depressed.
It's close to that—*but it is not that!*

How can I describe this state?
The only feeling I can put into words from my experience is:

'Feeling dead inside.'

Have you tasted that state?
If you have, perhaps you have touched the ocean of death.
But were you able to swim through it?

Do you know the lifeline for that test?

Do not despair of the mercy of Allah!

Even while drowning in the ocean of death—
Hold on to that lifeline.

If you reach the shore and still follow the path of guidance,
You will be rewarded for your trust in Allah's mercy.
A *spark* of fire will be placed in your heart.

If you keep going—
That spark will kindle into a flame,
The fire of love for Allah!

If you *still* continue on the path,
That fire will burn away every distortion, every impurity left in you.
And from its ashes—

A new you will be born.

Pause here and read this:

https://naqshbandi.org/teachings/suhbat-association/suhbats-of-mawlana-shaykh-hisham-kabbani/die-before-you-die/

After Death

Most people who experience an ‘ego death’ think their ego is truly dead.

The reality is: There is an *ocean of death*.

You don’t just have to swim across and reach the shore—there will come a moment when you must be *drowned in the sand*, deep beneath that ocean.

And this?
This can only be done by the **Awliya** (Friends (lovers) of Allah).
They help people *secretly*—you may not even know about them, nor do you need to seek them out (read *The Battle* chapter).

To receive their help, there is only one requirement:

Believe in the Oneness of God and never despair of His mercy.

So what do the Awliya do?

They take you and drown you in the depths, in the sand of that ocean—
They don’t *let* you rise up to breathe!

When you cry out:
“I can’t breathe!”

They say:
“Stay there—it is the mercy of God!”

Only then does your ego truly die.

Those who merely *swim* through the ocean of death, without being drowned in it, experience only a *short ego death*—a *lower level of ego death*.

In reality, their ego is not dead.
It can return in a form they may not even recognize.

Now, if the above words sound like metaphors to you, let me make it clear:

The final stage of the **nafs** (ego) in Sufism is—

Surrender to God after attaining FULL KNOWLEDGE.

And what is this *full knowledge*?

It is the knowledge of—
Who you really are
And the reality of the **divine spark** within your soul.

New Age spirituality **skips** this final step.

They *acquire the knowledge*, but they do not **surrender** it.
Instead, they go even further—
They begin to believe that each individual has *become* a God.

And from this belief, they claim they must 'form a **collective consciousness**.'

But what does that really mean?

Deep within their *unclean hearts*, it secretly means:
They must **form** a *new god—against* the One True God.

This hidden intention reveals itself in their actions—
When they speak of a **New World Order**,
A **New Earth**,
A **timeline shift**,
Or claim that **humans were created by aliens—not God**.

Why does this happen?

Because they never **passed through full ego death**.

Their ego is **still there**.
It is **not dead**.
It is **not surrendered**.

Now, their ego works *together* with their mind—
Building a new plan where the ego can survive,
Comfortably adapting to their *new* version of spirituality.

Together, they are constructing **another dangerous hallucination.**

A dream… after awakening.

And if that dream does not *break*—
If they do not awaken *again*—

Then after the death of their physical bodies,
They will face a **very, very hard time.**

'Man is asleep and when he dies he awakens'.

Hazrat Ali ibn Abi Talib

Don’t Be “Too Serious”!

Being *too* serious or aggressive about religion or spirituality can bring a different kind of danger.

So—**walk the middle path.**

From now on, whenever I write **“ha ha ha”**, know that it’s not just laughter—
It’s the same kind of laugh I had when I *realized* the **cosmic joke!**

While writing this, I remembered something David Parrish said:
"Life is a joke, a cosmic joke—don’t take it too seriously."

You can watch his videos here: ZenPsych on YouTube
He’s a good speaker.

Remember: **Work on your heart—not your head.**

God is **not** interested in your head.
God is interested in **what’s inside your heart.**

The Hollow Point

I have seen infinity with my own physical eyes—
I was neither dreaming nor meditating.
I was in a normal physical state.

Perhaps, the highest form of "God" the human mind can grasp in this realm is infinity.
And it's true—some people experience it this way, and there's no problem with that.

I did too, at first.

But later, I realized something—
Because my *own* physical eyes could see it, infinity can only be an **attribute** of *God* among His infinite attributes.

Like a **name**.

Like a **veil**.

But *it alone* is **not** God.

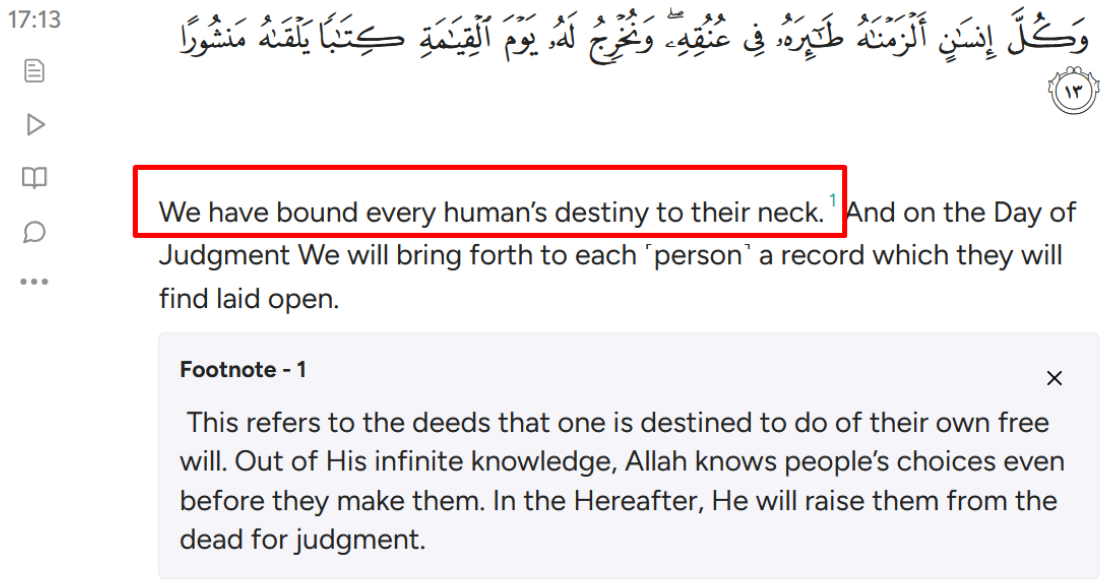
It acts like a **veil** of *God*, but it is ***not*** God itself.

Think of it this way:
An artist paints a picture and places a black spot somewhere in the painting—
If that spot is recognized as infinity, does that mean the artist himself is infinity?

No.

God is **bigger** than infinity.

God is a **mystery**!


17:13
وَكُلَّ إِنسَٰنٍ أَلْزَمْنَٰهُ طَٰٓئِرَهُۥ فِى عُنُقِهِۦ ۖ وَنُخْرِجُ لَهُۥ يَوْمَ ٱلْقِيَٰمَةِ كِتَٰبًا يَلْقَىٰهُ مَنشُورًا
١٣
We have bound every human's destiny to their neck. [1] And on the Day of Judgment We will bring forth to each ˹person˺ a record which they will find laid open.
Footnote - 1
This refers to the deeds that one is destined to do of their own free will. Out of His infinite knowledge, Allah knows people's choices even before they make them. In the Hereafter, He will raise them from the dead for judgment.

Quran: 17:13
Source: https://quran.com/en/al-isra/13

When I was standing in Salah, Allah extended my consciousness, allowing me to have a direct experience of the text that is highlighted in the red box. The realm of souls was revealed to me.

[Allah means God]

Before I go into details about this, I need to provide one important piece of information about Judgment Day: **your heart**. What you have realized in your heart is the most important factor—that is what will be judged. If you read the entire book, and if Allah wills, it will become clear to you.

If someone is **truly enlightened**, he has realized in his **heart**: La illaha illallah. "There is no God but God," **isn't it**? Maybe he just does not call God "Allah" with his lips. "Allah" means "God" in Arabic.

After you finish reading the book, remember to research this: The Weight of La ilaha illallah on the Day of Judgment (or just pause here and do it now).

Now, trying to put this into words is very difficult—
but let's say it like this:
This is happening in a realm where logic, the general laws of physics, science, etc., do not apply!

Infinity = infinite existence.

God made a ring of 'infinity.'
As if all the infinite possibilities of a person, from pre-eternity to eternity, exist within that 'ring of infinity.'

Now, God breathes His soul into that soul,
Or, as narrated in other accounts: that soul received a 'divine spark' or 'a light,'
and through its eyes, God's soul is looking.

I saw how the souls exist in the cosmos. While I was standing in Salah, my eyes were open, and I was fully awake—I could see people walking around in other corners of the mosque, and at the same time, **with the eyes of the heart**, I could see what is described here.

I saw those *mirrors*—an infinite bluish-white light circumambulating an infinite vertical black hole.

Basically, this is what each soul looks like there.

Imagine this bluish-white light represents the Ring of Infinity = infinite existence.
And at the center, the black color you see is that 'divine spark.'

Okay, so now the question is: What is beyond infinity?
Or, what is beyond this Ring of Infinite Existence (the bluish-white light)?

A part of the human soul (Ruh) exists in the **‘uncreated’ realm**—
that’s why it’s said that the Ruh (Human Soul) is **both created and uncreated at the same time!**

1. Think of **the black color** as representing that ‘**uncreated’ realm**.
2. **The bluish-white light** represents **infinite existence (infinity)**.

This light contains **all possible "still pictures"** of the **blueprint**, the **theme**, or the **"youness"** of your existence.

When they say "life is like watching a film," it means you are seeing these still pictures appearing and disappearing, one after another, in front of your consciousness.

Okay, now the question is: If a person's spiritual state reaches this level, then:

How would that soul feel?

It would feel as if its very existence is surrounding infinity—
covering it like a globe.

(*Yes, I know—technically, you can't "insert" infinity into a globe,
but I'm just trying to explain the state!*)

So, the existence of that soul is not inside infinity,
but rather, it is both:

1. Outside of infinity, wrapping around it.
2. At the center of infinity.

And in that state, the soul would feel both hollow and covered at the same time.

The feeling of hollowness can be visualized in the picture below:

By the way, **this is what your soul looks like in the Realm of Souls**
Of course, **it's impossible to draw it!** (*LOL!*)
But it looks **something like the image above**.

Now, if the feeling of **hollowness** can be visualized in the previous picture,
then the feeling of **being covered** can be visualized in the picture below:

NOW, read this part carefully:

There is an **extremely dangerous misconception** about this:

Many believe these "still pictures" of existence only contain what you experience in your **lifetime**.

Some, especially those who believe in **reincarnation**, assume they are just cycling through infinite lives.

🚨 **This is completely false.** This is a **lie** spread by **demonic forces** to deceive you. 🚨

These **still pictures of infinite existence** contain **every** possibility of your **theme**—
not just your earthly life, but from **pre-eternity to infinite eternity**.

That means:

✔️ **Before** you were born on Earth.
✔️ **After** you die.
✔️ Your **time in the grave** (*not the physical grave, I mean the time between your death and resurrection on the judgement day*).
✔️ Your **existence in Hell or Heaven**—all the way to **infinite eternity**.

💡 **THIS is what it means when everything exists at once—when "NOW" contains all!**

Yet some people look at this **so narrowly**…

Why do you think God's creation is limited to just your short lifetime on Earth?
Do you really think **that's all God can do**?!

🤣 **How little you see God!**

🤣 **How small your imagination of God's capability is!**

The reason behind this tendency to reject the Hereafter is simple:
Until your head sees something with its physical eyes, it cannot believe in it.

But remember: your head is part of your ego.

Believe in the unseen until the curtains of the ego are lifted and you see what you believe. Pass through the desert to find the Ka'bah. Your station is according to your love for Allāh. Qur'ān is more than just words. The meanings of Fātiḥah would load 100 camels with books. Look at the Aṣḥābu l-Kahf who loved Allāh so that He loved them and the dog who loved them gained paradise. - Shaykh Muhammad Nazim

I wonder if you will even be able to digest what I am about to write next!

So this is just one moment—one ‘now.’

With every passing moment, this changes.

Between any two consecutive moments, the above picture ‘vanishes’—it goes into non-existence.

Below is a depiction of two consecutive moments and the gap between them:

Every ‘now’ is different from the previous ‘now.’

Yes, every ‘now’—from pre-eternity to infinite eternity—is different from the one before.

No, your theme or your ‘youness’ does not change.

No, it’s not that nothing is actually moving.

No, it’s not that everything just exists at once without movement—everything is, in fact, changing in every single moment!

IT'S ONLY YOUR BODY THAT REMAINS STILL (IN EACH HOLOGRAPHIC IMAGE OF EXISTENCE), BECAUSE IT'S FROZEN IN EACH INDIVIDUAL FRAME—THAT'S WHY YOU THINK NOTHING IS MOVING.

BUT YOU ARE NOT YOUR BODY!!! AND YOUR HEAD IS INCAPABLE OF GRASPING THAT LOL!

Hell is in the here and now. So is heaven. Quit worrying about hell or dreaming about heaven, as they are both present inside this very moment. Every time we fall in love, we ascend to heaven. Every time we hate, envy or fight someone we tumble straight into the fires of hell.

Shams of Tabriz

We have already discussed what the bluish-white light represents—it symbolizes infinite existence, or infinity.

Now, let's talk about the black color, which represents the 'uncreated' realm.

It is also a light!

But what kind of light is it?

Now, pause here and watch this video:

https://www.youtube.com/watch?v=pFypdLdXXvg

Allah is the Light of the heavens and the earth. His light is like a niche in which there is a lamp, the lamp is in a crystal, the crystal is like a shining star, lit from ˹the oil of˺ a blessed olive tree, ˹located˺ neither to the east nor the west, whose oil would almost glow, even without being touched by fire. Light upon light! Allah guides whoever He wills to His light. And Allah sets forth parables for humanity. For Allah has ˹perfect˺ knowledge of all things. Quran: 24:35

So, what does it mean that **"Allah is the Light of the heavens and the earth"**?

The purpose of light is to **see**, right?

But sometimes, even without your eyes, you can still **see** or ***know***.

I am talking about a light that doesn't just allow your eyes to see—it enables you to ***know***!

The **light of knowledge**.

The **light of perfect knowledge**, in which all things exist.

Pause here and watch this video:

https://www.youtube.com/watch?v=tkjtwR0-tdM

So, you now understand what the black color represents in the pictures.

Now, let's return to the bluish-white light—what does it represent?

Simply put, it represents the infinite existence of your template, theme, or blueprint.

Allah first created my Noor (Light) from His Noor (Light) before He created anything else. (Hadith)

Allah first created the light of Prophet Muhammad (PBUH), and from that light, **all other creations (including you!)** were brought into existence.

So, think of this bluish-white light as that light—the light of Prophet Muhammad (PBUH).

Now, that small hollow point represents one soul.

You can imagine it as your own soul!

But what about others?

Now, let's talk about the Bigger Hollow Point:

There is a realm where all the souls exist—

The Niche of Lamps.

It's as if each soul is a lamp,

and there are an uncountable number of lamps.

This is one soul.

Now, visualize that realm in black, filled with uncountable individual souls, like the one shown above.

All these souls are created with the light of Prophet Muhammad (PBUH).

That bluish white light represents that light.

And beside that, there is the black color, which represents God’s light.

Hence, light upon light!

Now, imagine there is only one person in creation, because Allah created everything with the light of Prophet Muhammad (PBUH).

That entire realm of souls is created with that light.

It’s as if there is only one lamp, and all the other lamps are just reflections of it, as seen in the picture below:

Or,

As if there is only one soul, and all other souls are in **quantum entanglement** with it!

How would it feel from that point?

*As if 'you' are the only 'being' who is truly **'alive'**!*

*As if everyone else out there is just a reflection of your **‘knowledge’**!*

That’s the Bigger Hollow Point!

[But this does not mean that your physical body 'vanishes' or your 'youness' disappears. That part is still there, and ‘you’ just ‘move the focus’ between those states from time to time. We will discuss this later.]

The science of the 'Law of Vibration,' 'string theory,' etc., is this: everything in creation is in constant vibration.

What does it mean?

What is this ‘vibration’?

Why is there a ‘vibration’?

Watch this video:

https://www.youtube.com/watch?v=2Q7Dbql-tkY

Again, there is no ‘collective’ and only one.

With other paths, you can get an idea of this. But as you can see, it seems impossible to ‘encompass’ that **ONE** mind.

It is indeed the most impossible task for any mind to accomplish.

With Sufi Islamic teachings, however, it becomes possible for the human **heart** (not the mind, which is in the head)—**and there is NOTHING except the human heart**—that can make it possible.

Of course, it is not easy.

But interestingly, although it is not possible to describe in words...

It is very ‘simple’ 😆

Just read this and TRULY believe in it:

https://myislam.org/fourth-kalima-tauheed/

This part I mean:

> (There is) none worthy of worship except Allah. He is only One. (There is) no partners for Him. For Him (is) the Kingdom. And for Him (is) the Praise. He gives life and causes death. And He (is) Alive. He will not die, never, ever. Possessor of Majesty and Reverence. In His hand (is) the goodness. And He (is) the goodness. And He (is) on everything powerful.

PS: Do not think that Allah (God) *needs* your praise or anyone else's praise. Creation praises Him for its own benefit. It is like a mirror reflection—creation's existence depends on praising Him, as this praise reflects in the mirror and gives creation 'existence.'

Those who do not praise Him are still a part of His creation, and their existence still depends on Him, even if they are unaware of it. The act of not praising Allah does not negate their existence, but it does mean they are missing out on the full connection to the Divine, which is an essential aspect of spiritual fulfillment and growth.

Even when someone does not consciously acknowledge Allah (God), their existence is still sustained by Him. However, without praise or remembrance, they may not experience the fullness of the spiritual life and wisdom that comes from connecting with the Creator. Praise is a way to align the soul with its purpose and with the flow of divine wisdom.

On the other hand, in previous chapters, I wrote that you can 'know' Allah (God) by His name: Al-Darr ("The Punisher" **or** "The Distresser": ***don't you feel distress when you are not aligned?***😉). So, in a way, it can also be said that those who are not praising or remembering Allah are actually remembering Him through that name!

People from different religions who believe in One God (by whatever name they call Him) and those from different spiritual paths who are '**TRULY enlightened**' or have realized the Oneness are also praising or remembering Allah by His name *Al-Ahad*, which means 'The One.'

The science of the 'Law of Vibration,' 'string theory,' etc., is this: everything in creation is in constant vibration.

You can understand its vibration as its praise.

So, in a way—knowingly or unknowingly, consciously or unconsciously—everything is indeed in constant vibration, praising, or remembering Allah (God).

In Sufi teachings, it is said that if you can remember Allah in such a way that every cell of your body is remembering Him—so much so that even if a drop of your blood falls to the floor, it would say **"Allah, Allah, Allah"**—then, at that point, you can have a direct experience.

According to Sufi principles, it would be hypocrisy to write about something the writer has not experienced personally.

Now, when talking about **"direct experience,"** I need to clarify one thing:

You understand the idea of manifestation, right?

The problem with idol worship is this: when you worship an idol, and you reach higher levels, that idol will manifest before you as **"God."**
But it will not be a true experience.
It will only be a manifestation of your mind.

What do Muslims pray toward or worship?
Look at someone standing in salah and think!

Shifting of Focus

Notice here that I am writing 'focus'.
I am not using the term 'not identifying'.

In some spiritual teachings, they encourage completely detaching from the individual self's life and concentrating only on the 'supreme self'. I'm not saying it's bad, but it's not necessarily the best option either. Because without realizing and testing all the aspects of yourself, you're not going to get the full picture.

It is easy to say that I don't identify myself with this or that. Your ego will not have any problem with that because you are simply bypassing the ego, allowing it to remain happily. :) The same emotion or scenario may happen again, but you'll just be able to 'bypass' the ego.

It is hard to stand before Allah in salah, then go into prostration and say, 'Ya Allah, I accept that I have made this mistake, I surrender, and I beg for Your forgiveness, promising not to repeat it again.' (Even if it happens again, keep doing it until it 'dies.') Ah, your ego won't want to face this humiliation. It will do everything to stop you from doing this. But if you go through with it, it will burn the ego. Once the ego is reduced to ashes, there is no longer any smoke to obscure the vision of your heart. Then, you will be able to reach higher levels than those who merely bypass or silence the ego without confronting or burning it.

I am not saying that avoiding the ego or silencing the mind is wrong. It is also hard, and few can do this. However, even with that, you may not attain 'perfect' knowledge or reach the highest levels. I am showing you another way. It is harder, and fewer can walk this path, but those who do can achieve 'perfect' knowledge after reaching the higher levels.

Many people believe that once they are enlightened or gain spiritual knowledge, they are ‘above’ their physical life. This is not true. Even if you reach the highest level of enlightenment, you still have to live a physical life—waking up in the morning, going to the toilet, and going to sleep at night. If you think you are above all of this, then you are only bluffing yourself.

This is the point where many people start to disbelieve in the hereafter. It’s another trap set by your ego or mind. Just because you gain knowledge doesn’t mean you are exempt from facing the hereafter. Your personal identity doesn’t ‘vanish’; you are still walking on Earth. Your ‘youness’ will remain, even after billions of years, just as it was before billions of years. You cannot make the reality of your true self disappear.

The new-age, alien-based spirituality goes even further — it teaches you how to amplify the hallucinations in your mind. By doing this, the only thing you will truly achieve is more hallucination and a stronger ego. Eventually, you will physically die, and then you will face another awakening.

Why another awakening?

Because you once believed your life, your ‘youness,’ ended with your physical existence on earth. But that’s not true. In fact, real life begins after your body dies!

This is the difference between encompassing God in your heart and thinking that you yourself are God in your head.

Thought Test: Look at the door knob and try ordering it to wink at you. If your head truly believes it is God, the door knob should obey!

The only way is this: Know about the hereafter (life in the grave, Judgment Day, Hell, and Heaven), accept it, believe in it, and do whatever you can to safeguard your hereafter. ONLY then will your personal self feel complete, secure, peaceful, and whole, and you will be able to truly shift your focus and reach higher realizations.

From the Bigger Hollow Point of view, the focus is not always on individual personal identity. But that does not mean the person, their life, or their hereafter is non-existent, nor that life ends for them.

But in a way, he will be able to ‘**shift the focus**’.

Before, he focused on identifying himself as a person.

Now, he no longer sees himself solely as a person.

He is identifying his inner self with the black light (symbolically speaking): The light of 'perfect' knowledge.

Now understand one thing: a part of the perfection of knowledge is understanding and knowing that there will be a hereafter for the individual self, because without this, the perfection of knowledge of infinite existence cannot be attained.

And his outer self becomes the bluish-white light, the light of the entire realm of souls. It is as if his inner self is giving ‘life’ to everything he perceives outside, including his own physical body.

Now, don’t think that you can just meditate on this or think about it and immediately reach that state!

Don’t ‘hallucinate’ yourself into it.

It's not that easy.

Without True Love and the key, you can’t reach here.

Al-Insan al-Kamil, the Perfect Man

Al-Insan al-Kamil, the Perfect Man, is the vicegerent of Allah, through whom Allah reflects upon His own Perfection as expressed through His Names. The Perfect Man embodies the divine form and, by carrying the Trust, fulfills the ultimate purpose of his existence. Through him, Allah manifests within the world. Al-Insan al-Kamil is also known as one of the names for the Supreme Isthmus, a bridge between realms. Just as man is composed of a body and a spirit that governs it, so too does the cosmos have a body and a spirit. The spirit of the cosmos is the Perfect Man—without him, the universe is like an abandoned shell, **void of meaning**.

Many reach high levels in spirituality, but they do not possess the proper knowledge. As a result, they may feel that the universe or life is meaningless, or that it doesn’t have any purpose. Their head may think it has knowledge, but in reality, that knowledge is not 'perfect.' This is why they think things are meaningless or that everything is just happening without any reason, as if everything is unfolding on its own. It happens because understanding the true meaning cannot come from the head alone!

Shamanism

After writing the previous chapters, I was curious to see if there was any mention of such states in other spiritual paths.

I could not find any except in Shamanism.

The idea of a ‘hollow’ state is ‘somewhat’ present in Shamanism. They refer to it as the ‘hollow bone.’

Some say that the Shamanic Hollow Bone state is similar to nothingness, emptiness, or void, which are taught in other spiritual practices. The concept may appear to be similar, but there are key differences that can only be fully understood by someone who has truly reached that state. In reality, the Shamanic ‘Hollow Bone’ state is higher than these other levels.

The "hollow bone" in Shamanism represents a state where the practitioner clears themselves of ego and personal desires, becoming an open channel or vessel for divine energy. This allows them to receive guidance from the divine realm and act as a medium for healing. While this concept shares similarities with the notions of emptiness or nothingness in other traditions, the "hollow bone" state is more than just empty—it’s a dynamic, active emptiness that serves as a clear vessel for divine energy.

Whereas other practices might emphasize a passive emptiness or void, the Shamanic "hollow bone" is about being actively open to divine forces, ready to serve as a conduit for healing and spiritual work. It’s a functional emptiness that allows divine energy to flow through the practitioner, guiding their actions and intentions in service of healing. This higher form of "hollow" isn’t about cessation or stillness, but about being empty of personal interference while engaging fully with the divine flow of the universe.

According to Llewellyn Vaughan-Lee (a sufi mystic), there is a difference between a mystic and a practitioner of spirituality. A mystic gives up everything and lets the universe use him.

Now, if you ask what the difference is between the Shamanic Hollow Bone state and the hollow point states described in this chapter, I would say the Shamanic Hollow Bone state can be compared to the smaller hollow point state **in some aspects**, while this chapter describes the bigger hollow point state. **Without the key, you cannot reach the Bigger Hollow Point**. Also, the purpose of attaining the bigger hollow point state is not healing (although healing abilities can naturally emerge), but rather gaining direct knowledge of God.

As I mentioned before, the state of nothingness is a level in the spiritual journey, but it is not the final level. After reaching this state, the seeker must face the real dangers of spiritual practices.

Therefore, it can be said that the state of nothingness is the safest state, as the true risks only emerge after this stage. If someone desires to ascend to higher levels beyond this, the challenges intensify.

Caution: Since we are in the end times, it is easier than ever to be distracted and misguided.

How To Be Safe?

- **True Love**
- **Zikr E Qalbi** (Activating the cosmic heart)

What do I mean by “wrapping yourself with the shield of love” in the True Love chapter?

[POEM] Love Dogs - Rumi (Coleman Barks)

One night a man was crying,
“Allah, Allah!”
His lips grew sweet with the praising,
until a cynic said,
“So! I have heard you
calling out, but have you ever
gotten any response?”
The man had no answer for that.
He quit praying and fell into a confused sleep.
He dreamed he saw Khidr, the guide of souls,
in a thick, green foliage,
“Why did you stop praising?”
“Because I’ve never heard anything back.”
“This longing you express
is the return message.”
The grief you cry out from
draws you toward union.
Your pure sadness that wants help
is the secret cup.
Listen to the moan of a dog for its master.
That whining is the connection.
There are love dogs no one knows the names of.
Give your life to be one of them.

Sufis love Allah as a dog loves its master. You may think that by saying this, we are diminishing ourselves. Yes, it is done purposely!

A dog loves its master more than its own life, its family, and everything else. A dog will love its master even if the master throws rocks at him. Through this parable, I mean that the universe may sometimes teach you lessons with harshness, but you must endure the "beating" to straighten yourself.

A dog also never betrays its master, no matter how lucrative an alternative may seem. The idea of an “alternative to its master” doesn’t even cross a dog’s mind, but such an idea can be planted in the heart of a human by Satan.

The sign of having true love for God in the heart is the activation of the cosmic heart through **Zikr E Qalbi**. A heart that is in constant remembrance of Allah will never be allowed by Allah to go astray!

By the way, do not forget: ‘love’ is also a veil! At a point in your journey, you will have to unveil that veil too!

But of course, **it is a very important and necessary veil**, without which you will be burned while going through the states of consciousness. So you should not throw that veil away, **rather wrap it around you so that you don’t get burned**.

The Black Hole:

Watch this video first:

https://www.youtube.com/watch?v=ipzRC2C0x34

‘very very very highest teachings say that there is no creation there is no description there is nothing, nothing exists’

Okay, what they are actually talking about is the feeling you get when you remove existence from this picture (which I have already described before):

So, what will remain if you remove existence (the bluish white light that represents infinite existence)?

This obviously.

So, it may look like ***'nothing'***.

But it is NOT.

It is a black hole.

What is beyond that black hole?

The Realm of Absolute Consciousness.

Now remember three things:

One: There is no physical time here. All realms exist simultaneously, like threads woven into a fabric—layered upon one another. So, although I write as if something is being "removed," it is not literally being removed. We are merely shifting focus from one point to another.

Two: Although I shared the video describing ‘nothingness’ or the feeling of a ‘black hole,’ it does not mean I literally agree with the idea that there is ‘nothing.’ Instead, in this book, I am trying to explain what is actually there!

Three: Caution: Do not enter the black hole without True Love for Allah (God) in your heart. If you enter without True Love, you will bring ‘destruction’ with you (*in the ultimate reality, you can never harm anyone except yourself!*). But if you enter with True Love, you will bring ‘wisdom’ with you.

If you have already entered, don’t worry—there is still time. Light up your heart with True Love.

The Absolute Level

The Absolute Level

It is impossible to put into words what lies beyond the black hole or what exactly a seeker experiences after entering it. Therefore, I am not writing that part.

Although I am writing this chapter for those who have had a direct experience of 'Absolute Unity' or the 'Absolute Level of Consciousness,' you can still read it even if you have not experienced it yourself.

Read The INFINITE Mirror! Chapter again

So, in ‘The INFINITE Mirror!’ chapter, we understood how the individual self worships the supreme self and how the supreme self worships the individual self in return.

So this works like a ‘circle’.

Half of the circle is the individual self.

Half of the circle is the supreme self.

If you take out any of these two selves from the circle, then the circle becomes incomplete and your understanding becomes unclear.

That’s why, in the previous chapters, I wrote that you should not forget the individual self.

Okay, now is this the only circle?

No, there are other circles beyond this!

[In another way to say this: there are other levels beyond the absolute level.]

What is the purpose of this circle?

All the created beings’ individual selves worship the same supreme self.

The same supreme self magnifies their worship in their mirrors to the infinite level in return.

What do the created beings get from this equation?

They get a God.

What does the supreme self get from this equation?

The supreme self gets the ‘idea of God’.

Again,

There are two selves in you
The individual self
The supreme self

The individual self worships the supreme self
The supreme self worships the individual self

The circle completes.
The individual self gets a God in this equation.
The supreme self gets the idea of God in this equation.

This is just one circle of many circles.
In the center of this circle is the Realm of Absolute Unity.
In this center, the seeker can experience the unity of the two selves.

BUT, here is the twist!!!

When you reached the absolute level, you understood the unity.
But you did not understand one thing:

WHAT IS THE PURPOSE OF THIS?

That’s why many who have reached the absolute level start to think that life is meaningless and empty, etc. The only reason is that they don’t understand the meaning of this.

It could be just that there are two different selves and there is no unity behind them. I mean, each of them could be ‘alive’ in their own ways. Why is there a level of absolute unity? Why, ultimately, are both of the two selves the same self? What is the point of this?

Pause here and try to find out the answer on your own—just do some brainstorming, ha ha ha!

Wink!

Not possible to find the answer without having the ‘key’.

When others can't find the answer to this question, they either stop here or they start generating their own answers in their heads and go in the wrong direction (that's what is happening with New Age spirituality).

It is not possible to understand the meaning without understanding whom you actually saw in the Realm of Absolute Unity.

It is not possible to go to the upper levels without understanding who you actually are in the Realm of Absolute Unity.

How can you understand what you were doing there without having the ‘key’ to unlock that ‘door’?

Before we go there, I need you to do a dhikr for some time (it is up to you how long you want to do the dhikr).

Read the next chapter!

The Secret Dhikr

My friend asked:

1. Why did Allah create good and bad?
2. And since He has created them anyway, shouldn't we love both of them (i.e., not follow the path of evil)?

To answer her first question, I sent her this:

The answer is:

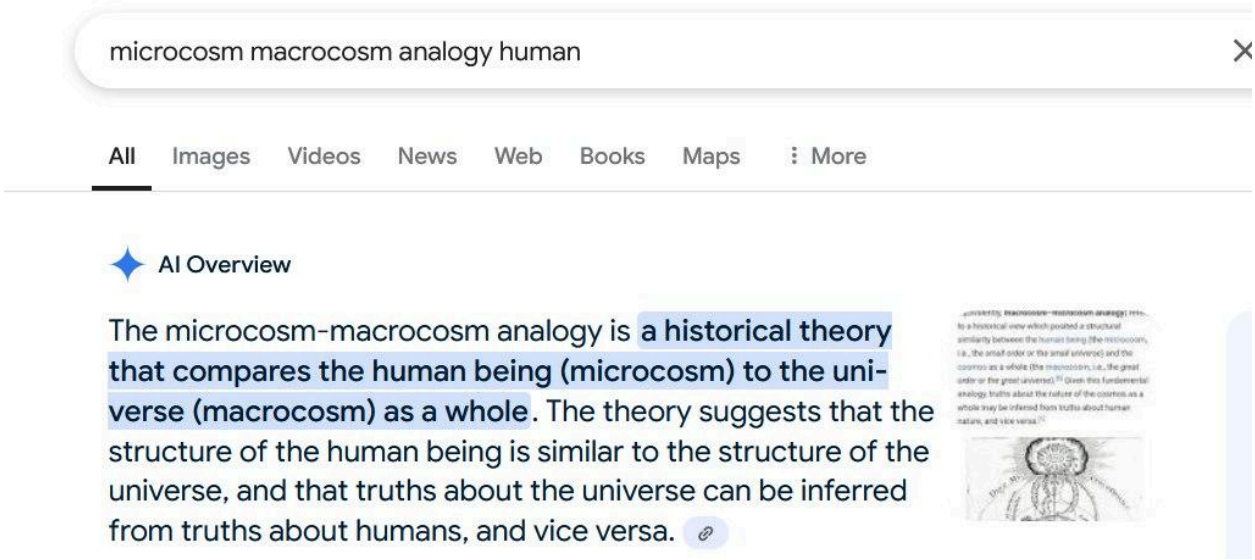
Allah created these for you.
I think I told you a few days ago that Allah is completely and fully busy with you in your microcosm. It means that Allah created the entire universe in your microcosm so that He can show you the path to Him through His creation.

It is Allah's style to tell His beloved:

O my beloved,
If you knew how much I love you,
Your heart would burst!

She asked, "What do you mean by 'microcosm'?"

I sent her this picture:


microcosm macrocosm analogy human
All
Images
Videos
News
Web
Books
Maps
More
AI Overview
The microcosm-macrocosm analogy is a historical theory that compares the human being (microcosm) to the universe (macrocosm) as a whole. The theory suggests that the structure of the human being is similar to the structure of the universe, and that truths about the universe can be inferred from truths about humans, and vice versa.

And I also told her to Google about it—it's taught in all spiritual paths.

I also sent her this quote:

Rumi — '*You are not a drop* in the ocean. You are the entire ocean in a drop.'

To answer her second question, I would only say:

“Verily, Satan is your enemy so take him as your enemy.” (Fatir-6)

You wouldn't invite a rapist or a child molester into your house out of love, right? You would keep your distance from them for your own safety!

[I am not writing the details or explanations of everything here; you can easily find those things. So, do your homework and learn them on your own. I am concentrating on writing what you cannot find.]

Okay, now about the reason for creation: It is not possible to understand the reason from your individual point of view. But there is a secret dhikr. If you do it—especially when you don’t understand anything—your heart will realize the answer! More importantly, this dhikr will help you open your heart for Allah.

So, again, the question: Why was creation created?

The answer is: It was created for Allah.

<u>If we remove the first letter each time</u>;

ALLAH اللّٰهُ

[The God]

With the A/alif missing it is still;

LILLAH لِلّٰهُ

[for Allah]

Lahu لَهُ

[for Him]

Hu هُ

[Him]

Source: http://linguisticmiracle.blogspot.com/2010/04/allah-lillah-lahu-hu.html

So the dhikr is:

Allah
Lillah
Lahu
Hu

Recite it in silence, in Arabic. Below I am giving you the meaning, just so that you can understand:

Allah
For Allah
For Him
Him (He)

After doing the dhikr for some time, go to the next chapter!

Realm of Absolute Unity

In Islamic mystical traditions, the concept of "all creation is from the light of Prophet Muhammad (ﷺ)" means that the very first thing Allah created was the " نور محمد " (Noor Muhammad - the Light of Prophet Muhammad), and everything else in existence was created from this primordial light, essentially signifying Prophet Muhammad's central role and importance in the divine plan of creation; this idea is often referred to as "An-Nūr al-Muḥammadī" (the Muhammadan Light)

Go to this link and read this page:

https://en.wikipedia.org/wiki/Sufi_cosmology

Notice the upper third level described here:

"**Alam-i-LaHoot** (Realm of Absolute Unity): The world of LaHoot is related to the level of Wahdiyat (Unity). Here the soul of Mohammad is manifested from the Noor of Mohammad. Since this is a world of Unity so at this level Noor of Allah and Noor of Mohammad are in the same form. Therefore, the soul of Mohammad is in fact the soul of Allah called Rooh-e-Qudsi (**The Divine Soul**). At this level the whole universe and its creation is hidden in Noor-e-Mohammad and is anxious to manifest itself."

Now, that Divine Soul (or you may understand it as the Universal Soul or another term that resonates with you) is the single soul from which all creations emerged. Your soul is in a kind of quantum entanglement with that Divine Soul.

Do you remember your experience of ‘popping out’ of the black hole? When you were ‘above’ and saw yourself below, did you feel that ‘you’ were not important?

That feeling arose because what you saw was not ‘your soul’ as an individual entity, but rather the Divine Soul itself—the source from which all creations were brought into existence.

Understand this very important point: every spiritual realization or understanding has a manifestation in the physical form of worlds.

For example, you already understand that the world you see outside is a manifestation of your inner self, right? Like the principle: ‘As above, so below; as below, so above.’

In the same way, that Divine Soul—also has a physical manifestation. If you truly understand ‘Oneness,’ then realizing this should not be difficult.

In the physical form, the manifestation of that Divine Soul is Prophet Muhammad (PBUH).

In the physical form, the manifestation of that Divine Soul is Prophet Muhammad (PBUH), and all others are merely reflections of him.

This is the most vital difference between Sufism and other paths.

Others who reach this point believe that what they saw was themselves—or that whoever they saw is not important. But this is the most crucial point to grasp. If you do not understand this, you will not understand the reason behind it.

The secret is this: You did not see yourself there—that is why you felt that 'you' were not important. But the one whom you actually saw is the most important of all!

On the Sufi path, we are quantum-entangling our heart with the heart of Prophet Muhammad —the only ONE heart in ultimate reality ('Oneness').

Allah first created the light of Prophet Muhammad (PBUH) from His own Light, and from the light of Prophet Muhammad, all other creations were brought into existence.

Try to truly grasp what this means and how infinitely vast its significance is.

“O People of the Book! Now Our Messenger has come to you, revealing much of what you have hidden of the Scriptures and disregarding much. There certainly has come to you from Allah a light and a clear Book“ (Quran 5: 15)

My Experience With Prophet Muhammad (PBUH):

I have already described the experience of directly seeing him—with physical eyes, not in a dream or meditation—before.

According to hadith:

I heard the Prophet (ﷺ) saying, "Whoever sees me in a dream will see me in his wakefulness, and Satan cannot imitate me in shape." Abu `Abdullah said, "Ibn Seereen said, 'Only if he sees the Prophet (ﷺ) in his (real) shape.'"

https://sunnah.com/bukhari:6993

According to Sufi teachings, seeing Prophet Muhammad signifies that the seeker is now safe from the dangers of the spiritual path.

However, this was not my first experience. Long ago, I also had a dream of him, though I don’t remember much of it. But this time, I was fully awake and saw him with my own physical eyes.

Later, while I was in sujūd during my prayers, it was shown to me that it was not my heart in sujud—it was the heart of Prophet Muhammad (PBUH) in sujud. This happened multiple times.

[In Sufi teachings, the student is taught to meditate, imagining that they are inside the heart of their sheikh, and that their sheikh's heart is in the heart of Prophet Muhammad (PBUH). However, I was taught this ‘directly,’ without the need for a sheikh.]

Again, to truly understand this point:

This is the only ONE lamp in absolute reality. All other lamps are merely reflections of it; they are not ‘real’ at the ‘absolute level.

Before you were here.

You will reach here if you succeed in entangling your heart with Prophet Muhammad. Only then will you truly understand the reason behind all of this.

After Absolute Level

Why?

In this chapter, we will explore the feelings that arise when experiencing the absolute level:

- Emptiness
- Nothingness
- Formlessness
- Speciousness
- Timelessness
- Unaffectedness
- Wholeness

These are the seven key feelings, aside from the feeling of oneness. By this point, you should have already realized oneness, as it is fundamental before reaching the absolute level. Additionally, you can find ample information on oneness through your own research, so I will not go into it here. In fact, some of you may have already experienced these feelings even before reaching the absolute level—perhaps when you first realized 'awareness.' But, as I mentioned earlier, in higher levels, things become clearer, and you begin to perceive them from a new perspective.

Why is it empty?

Because it has created and tested all infinitely possible things, and after experiencing all of them, it has realized that it is none of these.

Why does it feel like nothing?

Because even after experiencing all the infinitely possible things, it has realized that it is none of these.

Why is it formless?

Because it has tested every possible form and has come to the realization that it cannot take a form in the common understanding.

Why is it specious?

Because, in order to test every infinitely possible experience, it had to create them with infinite space. Hence, the idea of ‘space’ is a created concept, not a real one.

Why is it timeless?

Firstly, ‘time,’ as it is understood by creation, is created to allow for all the infinitely possible experiences. Secondly, the ‘absolute self’ is always as you experienced it—in ‘every present moment.’ This is the reason behind your realization that ‘only this moment exists.’

Why is it unaffected?

Would you be affected by something when you realize that it was you who created it?

Why does it feel whole?

Because, for that moment's 'now' (which is true for all 'nows'), it has tested all the infinitely possible things and knows that there is nothing else to test outside, except...

INSIDE.

You might think that the journey ends at the absolute level.
But have you ever considered why your individual self was even allowed to test the absolute level?
It's not because of your hard work—ha ha ha!
It's because the The Real self wills to look inside, having already seen what is outside.

We will explore this further in the coming chapters. But before that, in the next chapter, we need to address some common misunderstandings.

Misunderstandings

1. It feels 'nothing' not because it is 'nothing,' but because it has tested everything in existence and knows that it is not any of those things. To put it another way, it is not within existence, appearances, or any being of any realm. **It is outside of existence, not inside of it.** As a Sufi Sheikh, Shaykh Nurjan Mirahmadi once said, 'God is outside of the divine computer, like a power/qudra.' Or, as my friend Bentinho said, 'Something illuminates everything.'

God is that 'something,' but God is not in everything; God is outside or behind everything. ***Therefore, the view that everything out there is God itself is incorrect***.

2. It is the beginning, not the end!!!

This state of nothingness or emptiness can be experienced in several layers. In different spiritual practices, it is named differently, and most spiritual practices end here. Yes, there is a door, ocean, state, or level of nothingness that a seeker must pass through at the beginning of their spiritual journey. The reason the seeker feels 'nothing' there is that they have negated all their worldly thoughts, allowing their soul to start emerging. The soul knows it is not any of the physical thoughts that arise from the limited physical point of view.

In other words, that 'physical me' feels nothing because, up until that point, their personal self, world, and thoughts were all they identified with. Once those are negated, there is nothing left in the physical sense—hence, they feel like nothing. But in reality, this is simply a doorway, a stage, an ocean, or a level through which the soul begins to emerge.

That's why this is only a primary or initial state. If it were the final state, it would not feel like nothing, right? Ha ha ha!!! It's like realizing that your soul is not in your body; rather, your body is in your soul. Compared to the vastness of your soul, the body is nothing!

The 'frustration' you felt during your initial spiritual journey was because your ego realized that it is nothing compared to the soul. Don't fall into the trap of your ego again.

Misunderstandings that arise when it is believed that it is the last stage:

- *We will just die*

'Energy' does not die because it cannot be created or destroyed—that's common science! The thought of 'just dying' actually comes from your ego's frustration.

- *Life is meaningless*

Life is not meaningless. It is your head or ego that feels it is meaningless because:

Your head can only perceive 1% of what is happening in the other levels, and in this state, you are even negating that 1%.

Of course, for your ego, it feels meaningless as you are completely negating it.

- *Everything is just unfolding on its own*

It's your head that doesn't have the capacity to understand what is truly happening, so it comes to a conclusion like this.

- *God is just playing with His mind like a child*

Again, it's your head that doesn't have the capacity to understand what is happening. But the ego does not want to accept its defeat, so it makes a statement like this. In reality, God does not do anything without a reason! (The lovers of Allah can feel the reason in their hearts, and if you ask them, they'll smile and tell you, 'God works in mysterious ways.' Ha ha ha.)

- **I have been 'united' with God, so there will be no 'reincarnation' now. Before this, I had to 'incarnate' an unknown number of times to reach this stage, and now, the cycle of life stops here.**

The above statement reflects a blurry understanding of the entire picture. In reality, there is no reincarnation. 'You' do not cease to exist in any form, either in pre-eternity or in eternity. If you were to 'cease to exist' in a moment, and if 'everything is happening in this moment,' then these two statements become contradictory!

In other words, you exist at this moment as a creation, right now as you read this line. So, you exist in all other moments as a creation! Your body may be old or young, or you may exist as a soul in another form in a different moment—but it would still be the same 'you' with your 'youness.'

It is true that between two consecutive moments, there is a gap where your 'youness' does not exist. However, that gap falls under the 'uncreated' realm, where not only you but also nothing of creation exists.

- **I have been 'united' with God, so I am God now, and I can do anything I wish**

It comes from your head, as your mind is trying to cope with everything and make sense of it all. From the ultimate perspective, you were never truly separated; it is your mind that falls into the illusion of separation. It is your job to continue seeking knowledge, and with the eyes of your heart, see beyond what the eyes of your head cannot comprehend.

3. That which is Real (God) never ceases to exist at its core—something we will discover later :) Saying that it is 'nothing' is entirely wrong—there is, indeed, always something! Ha ha ha (I can still feel the laughter I had after realizing the cosmic joke).

4. ‘Co-Creator’: New-age, alien-based spiritual teachings may teach you Oneness on one hand, but on the other hand, they suggest that you become a ‘co-creator.’ This idea is absolutely wrong, and it arises in the mind because:

You were seeing it from this perspective.

So, you thought there are many other lamps.

But when you are able to see from this perspective—the station of Prophet Muhammad —you will realize the Absolute Level of Unity and Absolute Oneness. You will understand why there can never be any 'co-creator' beside Allah, the Almighty.

Again, if you want me to make it simpler for you, God is one, so His manifestation must also be ultimately one. Only at that point can true unity occur, which happens at the station I mentioned above.

This is how God is present in all things, but not by being ‘divided.’ Look at the picture—there is only one lamp, not ‘many.’

Just as the supreme self is one, not ‘divided’ into many, the absolute self is also one, not divided into many. The absolute self is Prophet Muhammad, who, in the ultimate level, is the only one creation of Allah.

When you think that each individual self has a separate absolute self, that's when you begin to ‘divide.’ This is the teaching of alien-based new age spirituality, which is absolutely wrong. If it were true that each individual self had a separate absolute self, then each individual self would also have a separate supreme self, because the absolute self is the combination of both the individual and the supreme self (that’s what the absolute level of unity means, isn’t it?).

That is why, ultimately, there is only one supreme and absolute self, and there is only one individual self, which is Prophet Muhammad. Just like the lamp above. This is how unity in multiplicity occurs in the lower levels of existence. Although there are images of many lamps, in ultimate reality, there is only one lamp! The manifestation of that lamp in the physical realm is Prophet Muhammad (PBUH).

This is why, as you progress to higher levels in spirituality, you come to realize 'unity' in everything. You understand 'unity in multiplicity.' This is the secret behind it! It is also the reason why, at the absolute level, you experienced that the individual self and the supreme self are the same—both are the absolute self. This is the hidden truth behind your understanding of ‘nonduality.’

Warning: The alien-based new age spirituality teaches that God has been divided into ‘many,’ and they are trying to form a ‘collective consciousness’ (as if consciousness has also been divided into many, LOL). They teach that prophets like Moses, Jesus, etc., were ‘formed’ or ‘brought into existence’ by this ‘collective consciousness.’ Eventually, they will bring forth a figure who will actually be the antichrist, Dajjal, or false messiah (depending on how you understand it), and this person will be described as ‘brought into existence’ by the ‘collective consciousness.’ This individual will then preach these kinds of teachings. This figure will preach teachings similar to those of new age, alien-based spirituality and will eventually claim to be God, saying, ‘I am God, worship me,’ just like Pharaoh did, LOL!

For those of you who think this teaching is good because it has helped you, know that Satan will walk with you for 99 steps, but just before you take the hundredth step, he will leave you."

Dajjal and his followers will say many good things about Allah, but they will avoid speaking about Prophet Muhammad, because in their hearts, they harbor a deep dislike and hatred for the reality of Prophet Muhammad. Some of them may appear to be Muslims, but in reality, they are not.

https://www.youtube.com/watch?v=ycHD5_trtFU

‘Inside’

You did not truly ‘see’ or ‘experience’ ***what you think you saw*** in the absolute state. You are unable to move beyond that level because you do not recognize whom you actually saw.

What you truly saw is the soul of Prophet Muhammad, which, in the absolute realm of unity, is God’s soul.

Watch this: https://www.youtube.com/watch?v=yCzqp9Fddoo

[God took a handful of His light and said, ‘Be Muhammad,’ and thus, the soul of Prophet Muhammad was created. Since the light of his soul was formed from the same divine light of God, in that realm, his divine soul is God’s soul. You cannot transcend beyond this level without accepting this truth!]

When I was in sujūd during my prayers, it was shown to me that it was **not** my heart in sujūd—it was the heart of Prophet Muhammad. *As if my heart did not even exist*! This happened multiple times.

Do you want to know what I heard that heart saying?

The heart of Prophet Muhammad (PBUH) was calling out in sujūd: ‘Ummati, ummati, ummati!’

Pause here and watch this video:

https://www.youtube.com/watch?v=K9aB75bpDKc

Read the subtitles carefully. It is important for you to understand the magnificent station of that ONE heart!

Now, watch this next video:

https://www.youtube.com/watch?v=vsH0ed4OGJ8

Since he is my Prophet and my heart is entangled with his, I have no hesitation in looking ‘inside.’

Now, you might be wondering—what do I mean by ‘inside,’ especially if everything has already been experienced?

Think about your own seeking journey. You searched everywhere, but in the end, what you realized came from within, not from the outside—right?

In the same way, at this stage, The Source has experienced all infinitely possible realities and has realized that it is none of them. So now, it turns inward.

Let’s see what is inside!

The Purpose Of The Mirrors

[The below text is taken from William Chittick’s book: DEATH AND THE WORLD OF IMAGINATION: IBN AL-CARABÏ'S ESCHATOLOGY]

The reality of imagination is transmutation (tabaddul) in every state and manifestation (zuhùr) in every form. There is no true being which does not accept transmutation except God; so there is nothing that possesses Real Being (al-wujûd al-muhaqqaq) except God. As for that which is other than God, that is imaginal existence. So when God manifests Himself within this imaginal existence, He only appears in keeping with its reality, not in His Essence (dhat), which possesses true Being. . . .13 This is what is meant by God's words, "Everything is perishing except His Face" (S. 28:88), i.e., except His Essence, since no state in the cosmos continues to endure, whether it be engendered or divine. . . . Hence, everything but God's Essence undergoes transformation (istihäla), rapid or slow; everything but God's Essence is intervening imagination and vanishing shadow. Therefore no engendered existent in this world, in the next, and in whatsoever is between them, neither spirit, nor soul, nor anything other than God's Essence, remains in a single state; on the contrary, it is transmuted from one form to another constantly and forever: imagination is nothing but this.

When defined as "everything other than God" imagination is also called by other names, well-known to those familiar with Ibn al-cArabï's teachings. Perhaps the most famous is the "Breath of the All-Merciful" (nafas al-rahmän), the exhalation of God within which all created beings take shape, just as words take shape within human breath. This in turn is identified with the Cloud (al· camä) within which was God—according to the Prophet—"before" He created the creatures.

The cosmos in the state of its existence is nothing but the forms that are received by the Cloud and that become manifest within it. So if you look at the reality of the cosmos, you will see it as a vanishing accident. . . , while the fixed substance is the Cloud, which is none other than the Breath of the All-Merciful. All the forms that become manifest in the cosmos are accidents within the cosmos and may vanish; they are the possible existents (al-mumkinät) and are related to the Cloud as forms are related to a mirror [within which they appear].

[Source: http://www.williamcchittick.com/wp-content/uploads/2019/05/Death-and-the-World-of-Imagination-Ibn-Arabis-Eschatology.pdf]

I have ‘tested’ both the ‘Breath of the All-Merciful’ (long after the absolute level) and the Cloud (within the absolute level). However, I will not go into detail about them here, as I want to focus on other aspects.

Now, about the mirrors: Imagine walking into a hair salon, where you see mirrors reflecting into one another endlessly. It’s something like that.

The lower planes of existence reflect the higher ones, and this reflection continues infinitely—like an endless sequence of mirrors reflecting mirrors.

What is the purpose of these mirrors?

The mirrors reflect the mind of The Source. It is as if The Source is observing His own mind through them.

Existence itself is ‘created’ as a reflection of the feelings within the mind of The Source. This is why ‘feeling’ plays a crucial role in manifestation.

Every state, every plane or dimension, is essentially a reflection of different feelings emanating from the core essence—the mind of The Source.

Sleep is a reflection of it.

Dreams are a reflection of it.

Time is a reflection of it.

And so on—every aspect of existence mirrors the deeper reality of The Source’s (God’s) mind.

Allah said: "I was a Hidden Treasure; I loved to be known, so I created the creation in order to be known."

So I thought, let's try to see inside with the ‘state’ of the unknown. I don’t do any conventional meditation except salah and dhikr but at this point Allah allowed me to change the state of my mind (consciousness) to go inside

[Note: After reaching to the Ultimate Level 03, I realized that the prophet Muhammad (PBUH) is the hidden treasure]

States

Important Note: The realms are not separate or sequential; they overlap like layers of fabric. Each realm interweaves with another.

I kept a diary where I recorded notes of my experiences. I am sharing them below.

Does the mirror complete when the mirror realizes the state of the unknown?

(At the last stage I found the mirror actually completes when the mirror knows it's a mirror HA HA HA. I mean, when the mirror looks at the source it is then when the mirror completes.)

The Seer State – Watching yourself – The unknown is watching. It knows it is unknown and that it is not 'it,' yet it is still just watching.

The Not-Known State – Don’t get confused; this state knows everything and also knows it is still unknown.

The next state is knowing everything, then sensing that something is still missing, realizing it is unknown, and ultimately realizing the full mirror.

I realize another purpose of the mirrors. The other selves 'worship' The Real Self. By doing so, the other selves get a 'Lord,' and The Real Self gets the other selves.

[I have explained the above text in *The Infinite Mirror!* chapter.]

After this state, the following realizations emerge:

- God worships God.
- God sees God.

[These realizations have been used to write some important parts of this book.]

The meanings of God's names are realized.

The feelings of God's mind are expressed as His 'attributes' or 'names' throughout the planes of existence. Hence, in Sufism, it is said that there is nothing in the cosmos except the names of Allah.

Light comes from the black hole! (This was a physical experience for me—like a black hole in the heart, from which light emerges. What is impossible for logic, science, reason, or the mind—happens!) And you realize that in this realm, there is no logic, no laws of physics, or anything of that sort.

One important thing to remember: To receive light from the black hole, you must first send light into it! In return, a different light comes back to you. *The light that enters the black hole and the light that emerges are not the same*! If you try to draw light without first sending it, you will receive **nothing but illusions** in reality.

Why did I write the above text?

Watch this short video:

https://www.youtube.com/shorts/MHerwicFdZ0

In other words: First, you must annihilate yourself in the heart of Prophet Muhammad (send light), and then you will receive light in return (as Prophet Muhammad will send it to you).

Different sections of the heart are assigned to different prophets! And the black hole, the center of the heart, is assigned to Prophet Muhammad! He has authority over it. The black hole actually represents the heart of Prophet Muhammad!

With the light that came from the black hole, you realize the following terms again in a new way:

- God worships God.
- God sees God.

You have the ability to receive heavenly or metaphysical realities—it's as if your physical body becomes a receptor for these truths. In other words, you can now perceive and understand these realities more clearly.

In this realm, The Source (or the essence of God) exists alone, with no one else beside Him.

The feeling can be described in human terms as if The Source (or the essence of God) is ‘asleep’ or ‘unaware’ of itself, as if it is ‘dreaming’.

When you sleep, a part of your consciousness remains awake—it does not fully shut down. In reality, you do not become truly "unconscious"; rather, your consciousness is taken into another realm.

Similarly, The Source (or the essence of God) never "sleeps."

God, in His essence, was an unmanifest mystery, unknown to Himself.

His feelings are reflected into the planes/states of the mirrors, and He feels like the cycle is now complete.

Who's God are you? The very idea of 'God' is incorrect here.

This requires some explanation, so I am including the following text:

The idea of God was created by The Absolute Self to express the feelings of The Source (the essence of God).

At the ultimate level, The Source (the essence of God) exists alone—there is no sense of 'God' or any need for such a concept. Imagine yourself in an empty space, where no one else exists. To whom would you claim that you are 'you'? Or imagine a room filled with mirrors—you know they are just reflections, so you wouldn’t even think to stand before them and declare your identity.

This is the reason behind the statement: **'I am that I am.'** Notice that it does not say **'I am God'**—it simply states **'I am that I am,'** because in that ultimate state, there is no 'other' to address.

Do not misunderstand the above text and assume that God is absent or that, as a creation, you can claim to be God.

Your existence, as a creation, is a **'borrowed'** existence from the light of God. A mirror cannot claim to be the reflection itself. However, the mirror **must** recognize whom it is reflecting—otherwise, it remains ignorant.

Your individual self is **not** God. This is an **extremely crucial** point to understand. It is the reason you cannot claim divinity for yourself. Consider it like a parable:

On your journey to The Source, there will come a moment when you must acknowledge who you are reflecting as a mirror and recognize the true source of your existence. However, you cannot **utter** this truth with your lips—because your individual self, your voice, your entire being—are all **creations, reflections, borrowed existence, and nothing more.**

This truth must be carried in your **heart.** It is something to be known inwardly, not spoken outwardly.

After realizing this, you begin to understand everything from a new perspective.

Have you ever noticed how your thoughts arise? First, a **feeling** appears in the mind, and then that feeling transforms into **words** in your head.

In the same way, the feelings of God's mind are reflected in the mirrors of existence. First, they manifest as **names** or **attributes**, and then they take form in the planes of existence.

After this state, once again, the realization of these phrases emerges:

God worships God

God sees God

After gaining a clearer understanding of these realizations, it feels as if you have transitioned to another state—one where you are truly complete and whole.

Even the feeling or state of wholeness is something created for the Unknown to know itself—or vice versa. Even that sense of completeness is ‘made’ or ‘created’; it is not the ultimate core. It exists so that the ‘urge’ to know itself can be satisfied by allowing the Unknown to experience the feeling of wholeness.

Now here comes the pain—when that pain arises, the feeling is: **"I want to know what it is."**

This **wanting to know** is what translates into everything. The pain itself is translated into **love**.

But love is also a veil—a necessary veil. You cannot bypass it. You must go through it, or, in a way, wrap it around yourself like a shield.

You might have heard terms like **"the Unmoved Mover," "the Silent Observer,"** or **"the Unmoved"** before.

The explanation of this is: To **The Source** (God's essence), there is no space, time, or anything else, because all of these were created for one purpose—to reflect the mind of God.

God doesn't need a physical body because God exists beyond the physical realm; God is not **inside** it but is **everywhere**. From that perspective, God **feels** or **appears** unchanging or unmoving. In reality, it is the appearances that are moving.

Or in other words, the mind of God doesn't "move"—after all, how can a mind move? But the mind itself is constantly changing.

All the other planes of existence and all the attributes of God are actually "created" and nonexistent at this level—they were brought into existence for one purpose: to mirror the state of the mind of God.

Another state—

It feels as if The Source is not **"**aware**."**

Yet, the feelings of the attributes exist here, and they are constantly changing.

But it is not aware of itself.

Now it realizes that it was kind of "sleeping" and in a sort of dream.

But now, it is awakened and consciously watching.

[Just like when you dream, there is a part of your consciousness that is not actually asleep. In other words, it is your body that sleeps, but your mind, ultimately, does not. Similarly, by the word 'sleeping,' I do not mean that God was literally 'sleeping'—it refers to a **state** of mind. To sleep, one needs a physical body, and as mentioned previously, when you sleep, it is your **body** that sleeps, while your mind does not; instead, it enters a **state**.]

Now, something happens—
You realize that it is not the Unmoved that is unmoving; rather, it is the Unmoved that is actually moving!
And what was moving before, now becomes unmoved.

Important note: In these planes, the previous planes' laws, science, and reason do not apply!

Now you realize the true reason why time does not matter—
Because you, as a physical person, are always standing in the same place, the same moment.
It is not you who is moving.

It is the Unmoved that is moving.

And when the Unmoved moves, you receive life.

That is why you experience yourself as if you are just watching, as if you are watching a dream or resting in awareness.

Read This:

[The Circle of Inclusion – Cecilia Twinch]

Some of the states below are particularly interesting—it seems they can only be experienced on the Sufi path because I haven't found them in other spiritual traditions.

The Source (God's essence) is now awakened from its 'dream.'

The Source is feeling love for His 'servant.'

Who is the 'servant' here?

The servant is The Absolute Self.

What is his physical manifestation in the physical world?

Prophet Muhammad.

What is The Absolute Self 'serving' here?

The Absolute Self is **reflecting** the ‘mind’ of The Source across the other levels of creation.

That is how The Absolute Self is serving The Real Self (The Source—God).

God has fallen in love with Himself after becoming ‘awakened.’

There is a well-known Sufi secret: **"Allah only loves Prophet Muhammad, and He doesn’t love anyone else."**

This realization is understood here, because at this level, only Prophet Muhammad is present besides Allah. All of creation was later made from his light.

(Whoever is reading this—**you** are also made from his light, and he is inside of you, so don’t misunderstand this to mean that Allah doesn’t love you.)

Another perspective:

Since the **entire creation** was made from the light of Prophet Muhammad, **he is ‘all that is’—BUT he is not God!**

He is the servant of God.

How is he serving God?

Remember your absolute level experience?
What do you think? 😉

Out of love, God is now ‘sitting’ beside Prophet Muhammad.
(This is a metaphor.)

In other words: Allah is One, so ultimately, His creation is also one.

Ultimately, there is only one mirror in which Allah sees Himself—
And that is the mirror of Prophet Muhammad (PBUH).

God is 'aware' now.

The feelings of God’s mind are continuously changing—this is **'tajalli'** (this will be explained later).

These feelings are being mirrored into different planes of existence as His attributes/names.

He is now 'aware' and consciously watching these feelings as they reflect in the mirrors.

These things are happening outside of human (or any other being's) physical understanding of time, space, science, and all other planes of existence.

There is 'no time'—(Note: After realizing the ultimate level, I think it would be more accurate to say that there is 'no time' as it appears to us on the physical level. However, what 'time' actually means on the higher levels is something different.)

So, saying "all things happen at the same time" is neither completely right nor completely wrong.

In this state, when The Real (God) is "awakened,"

The seeker's existence is annihilated into God's existence,

Because the seeker himself is unreal, and what is unreal cannot remain in front of what is Real.

The seeker is no longer there.

The idea of **"dead"** or **"alive"** is **wrong/nonexistent** here.

However, these two are also **feelings** that are generated in this state and then translated into the other planes of existence.

The feeling of **death** is the feeling of **no feeling**,

The feeling of **being alive** is the feeling when **another feeling** arises besides the feeling of "death."

So, in a sense, **death** is only a **feeling** here—it does not mean the **death** we experience in our planes of existence.

It is just a **state** of having **no feeling.**

It is only **The Real**, in an **awakened** state,

Watching His own **feelings** reflected in the mirrors.

Saying that He is **"unmoved"** is **wrong** in this state.

Something **is** moving—**the feelings are moving.**

It is like the only **"living" / "alive"** being here is **The Real**,

And it is **alive** or **moving** by its **feelings** or by its **mind**,

Because it **does not have** nor **needs** to have a **physical body**.

The **feeling** of **"alive"** appears when there is a **feeling**.

The **feeling** of **"dead"** appears when there is **no feeling**.

But the **feeling** of **"dead"** is **also** a **feeling**!

That is why there is **always** a **feeling**—

And that is why **it is ever-living** in our common understanding.

Because there is **always** a **feeling**,

Either it is **feeling something** or **not feeling something**—

As **both** are **feelings**.

For example, in your **human mind**,

You can **negate everything**,

But you **cannot** negate **"not feeling"**,

Because in a sense, that is **also a feeling**.

When you **sleep**, that is **also a feeling**.

When you **wake up**, that is **also a feeling**.

You **cannot** cease to have **a feeling**—

Either it is **feeling something** or **not feeling something**,

As **both** are **feelings**.

Saying that **"it is unknown"** is **wrong** in this state,

Because **"unknown"** is **also a feeling**,

Which is **reflected in the mirror** as an **attribute**,

Or most probably as **infinity**.

(Notice that one point of view says **everything** is in existence **to infinity** each time,

But **here**, we are seeing **"infinity"** as a **feeling** only.)

That point of view **works** in **other** levels of understanding,

But in the **uppermost states**,

Previous understanding, reason, law, and science do not work.

On the other hand, that particular point of view of time and existence here is both correct and incorrect at the same time!

It is correct if it is felt correct,
It is incorrect if it is felt incorrect!

There doesn't have to be any reason!!!

(I don't know why, while writing the previous line, I had the same laugh I had when I realized the cosmic joke—but it is important, because I can feel that something is being realized here.

Note: Later, I realized what it is and wrote about it in the next chapter!

From creation's level, whatever you can imagine does have existence and is true in some shape or form. It is like seeing yourself in a mirror—if you want to imagine it that way, then it is like that, no problem.

But in this level, there is no "imagination" because, in a way, imagination is also a reflection of another feeling. When you imagine something, you feel something too.

In another way: whatever you can imagine does have existence in some shape or form; that is why you are able to imagine it. It is not as if you can imagine something from your human physical mind, and then God will say, "Wow, what is that? Never heard of it!"

"Known" is also a feeling that is reflected in the mirror.

When do you feel "unknown"? When you don’t know who you really are.
When do you feel "known"? How does it feel to be known? When you come to understand all the other steps and realize that it is *it*—that *it* is operating through everything.

So perhaps the feeling of "knowing" that occurs in this state is the highest kind of feeling because this feeling is reflected upon all other states. Or in a way, it can be said that all other planes of existence were "created" to reflect this feeling.

There is something else I can feel—something present in my mind—but the mind hesitates, or perhaps does not have the courage (or dare?) to write it here.

Ah, I understand now. It is because the actual feeling, state, or description of this level cannot—or perhaps *should not*—be put into words. It is a test that must be *experienced* rather than explained.

Something happens on both the physical and spiritual levels…

And now, I finally understand why it is said that *human is created in God’s image.*

Note: In the text below, I have briefly mentioned some hadiths. The details can be found in the video I have included after the text.

I feel the tajalli—the spiritual heart—upon which the Kaaba rests.

Something is circulating around the Kaaba, moving at an immense speed, which feels like to be even faster than the speed of light.

The door of the black hole is open.

Oh! Now I realize what the 'Divine Throne' truly is.

Everything is praising God, and by that praise, they are alive—praise is vibration, and vibration is life.
Now, the circle is expanding, like a train of light—pulsing on and off—moving in a circular motion around the Kaaba.
Light is pouring through the black hole.

With that light, both spiritually and physically, I can see the Divine Throne.
It is just as described in the hadiths.
It is all-encompassing, mapped onto my heart.

Before, I thought the heaviness I sometimes felt in my heart was the weight of spiritual knowledge.
Now, I realize—it is the weight of the Divine Throne itself.
The 'sweet pain' that the Real felt before creation has been translated into the weight of the Throne on my heart.

I can feel its pillars—reaching even to the back of my chest, surrounding the black hole.

Now, I remember it has been said that after creation, God established himself above the Divine Throne.
Now, I recall the hadith of ‘a ring in the desert.’

I don’t know why, but the idea of everything being 'on and off all at once' suddenly sounds funny—though it works great in other levels.

Oh! Got it. It’s because that’s just the simulation! And it makes the Real seem like it’s only *that much*—ha ha ha.

That idea now feels like just a tiny part of something much bigger.

Note: Later, I realized what actually happens and described it in the next chapter.

I just realized this hadith:
‘The heart of the believer is the throne of the All-Merciful (Ar-Rahman).’

It feels as though, to the Real, the feeling of mercy is either the most beloved or among the most cherished feelings.

I remembered this now:

God has decreed upon Himself that He will put His mercy over everything.

This suggests that certain feelings are more favored by the Real than others.

The ‘weight’ of the Divine Throne can be felt as a kind of *half-cycle* or dome around the chest area, as if the other half extends beyond the body, resting upon the chest.

I am adding this note weeks AFTER I initially wrote about the above experience. I recorded this experience at least two weeks ago, and I've just now watched this video. Pause here and watch it:

https://www.youtube.com/watch?v=MLvZjwSRX2w

I am writing this after reaching Ultimate Level 03. Initially, I considered removing my personal experience regarding the Divine Throne due to concerns about possible misuse or misunderstanding. However, after conducting some research, I realized that a 'somewhat' similar idea exists in other spiritual paths—though in a very, very blurry form. If you search for the term ***Cosmic Egg***, you'll see what I mean. For anyone reading this, know that what you'll find in your search for the 'Cosmic Egg' is not more accurate than the video I have provided here.

Whatever, Allah is greater than this—HA HA HA! This isn't the end, so don't get lost even here!

Do not think that the "cosmic egg" is the end—it is just the beginning.

Beginning of what? The beginning of realizing The Real.

What lies beyond this is infinitely greater than infinity itself. That realm cannot be put into words. To truly understand, you must reach Ultimate Level 03.

Now read this:

> "In the verse {*...created seven heavens in layers*} [Quran 67:3 and 71:15], the heavens are described as congruent layers, one layer above the other, in an indication that they are symmetric. This is only possible if the earth is spherical and the first heaven surrounds the earth the way the eggshell surrounds the egg from all sides, and the second heaven surrounds the first in the same way, and so on, until the Throne of Allah surrounds all. The Kursi, which is the closest of them to the Throne, is like a ring thrown in a desert in relation to the Throne. So, what do you think (the likeness of) what is below the Kursi would be? Each heaven, to the one above it, is of the same proportion. This is established by astronomers, and there is no evidence in the Sharia contradicting it; rather, the apparent indications of the texts conform with it."
>
> Allah knows best.

Source:
https://www.islamweb.net/en/fatwa/340636/size-of-each-heaven-compared-to-one-above-it

Now, if you want to understand **a few (but not all)** of these concepts from another perspective, you can watch the videos in this playlist:

https://www.youtube.com/watch?v=ooEUxtJGRL8&list=PLFJvMzH1hHK9Blpv7eJwyxgBvOA5giFxa

You have to watch all the parts, from Part 01 to Part 13.

Caution:

These videos are from a person who is still seeking and has not yet found the answers.

He has not yet realized that what his head is seeing is being shown to his head by his heart—Ha Ha Ha!

In our terms, he is not yet awake; he is still sleeping!

He is also a believer in New Age spirituality, but at least he doesn't believe that aliens created him (though I haven't watched all his videos).

He tries to explain these things from a scientific and mathematical perspective. In some parts, he also inserts his own personal opinions about 'collective consciousness' (there is no collective—there is only ONE) and other ideas.

You have to disregard those parts—you can just fast-forward through them. Ha Ha Ha!

Do not forget why your individual self was created—it was created so that it can worship the ONE God.

Through that act (worshipping), the individual selves will get a God, and God will get them. In this way, the purpose will be fulfilled—the purpose of creating the mirrors, the purpose of creating you as an individual. So that the mind of The Real can be reflected in the mirrors, and through the mirrors, The Real can know Himself.

For example, mercy is one of the most beloved feelings of The Real. How is it being reflected in the mirrors through the individual selves?

Watch this and see how beautifully it is being reflected upon this person's heart:

https://www.youtube.com/watch?v=i6sPhpNvd0Y

O my friends, have at least one drop of hope in your heart for the mercy of God, and try to reflect that in your everyday lives—you will not be disappointed in the end.

"My mercy prevails over My anger" Hadith

"Your Lord has decreed for Himself to be All-Merciful" Quran 6:54

No one else but Allah (God) alone can decree something over Himself. And Allah decreed upon Himself that He will put His mercy before His wrath!

Every act you do as an individual self—whether it's eating, breathing, seeing, or anything else—somehow borrows its existence from the reflections of the Divine Names or Attributes. These Names are the feelings of the Mind of God, manifested in the mirrors of existence. Your individual self is completely and fully dependent on God.

To break it down even further:

- The 'seeing' of your eyes or your understanding of reality, or even what others perceive when they dwell in the Supreme Self = Reflection of the name Al-Baseer (The All-Seeing).
- The 'hearing' of your ears or the subtle inner hearing in meditation = Reflection of the name As-Sami (The All-Hearing).
- The 'breathing' of your nose to your lungs, giving life to your body = Reflection of the name Al-Muhyi (The Giver of Life).
- The 'eating' of your mouth and tongue, sustaining your body, soul, and mind = Reflection of the name Ar-Razzaq (The Total Provider).

Everything you do is a reflection of the Divine, and nothing exists independently from Him.

The ‘light’ that the YouTuber saw and referred to as ‘the source’ is actually the reflection of the name **An-Nur** (The Light).

(It is not ‘The Source’ by the way! 😉) It is just a **veil** of The Source, not the Source itself.

There is a mystery behind that veil—one that **cannot** be grasped with the head alone. Only the heart can perceive it.

Watch this:

https://www.youtube.com/watch?v=ijfyhfnPVZU

His (Allah’s) veil is the light. In the hadith narrated by Abu Bakr (instead of the word "light") it is fire. If he withdraws it (the veil), the splendour of His countenance would consume His creation so far as His sight reaches. Hadith. Source: https://sunnah.com/muslim:179a

Allah has the Most Beautiful Names. So call upon Him by them, and keep away from those who abuse His Names. They will be punished for what they used to do. Quran: 7:180

If your individual self stops worshipping, rebels, or tries to abandon the purpose—which is not possible at all because that’s why you were created Ha Ha Ha—you will still, in some way, be fulfilling that purpose.

Your ‘destiny’ is written based on that purpose. **(This doesn’t mean you have no choice; ‘destiny’ is a mystery, and I am not breaking it down here, but at least I can tell you—you can’t escape the purpose!) 😂

So, one way or another, willingly or unwillingly, you will be fulfilling the purpose.

For example:

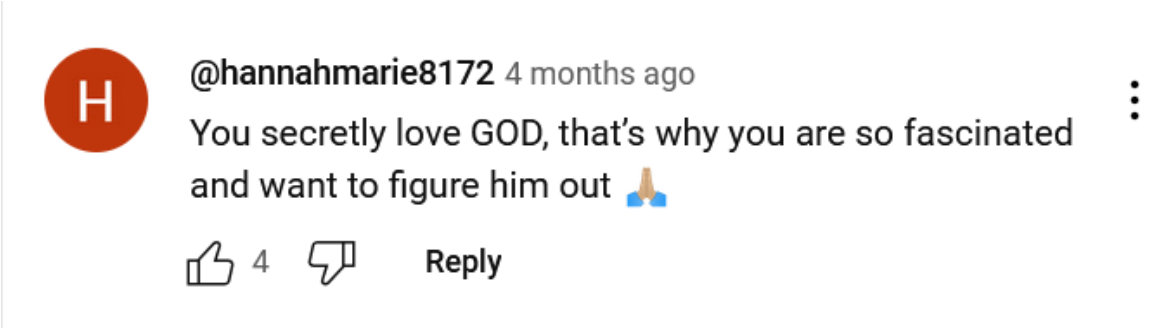
- If you worship, you draw close to God, and this closeness will be reflected as your life in eternal heaven.
- If you abandon worship in this life, you create distance between yourself and God, and this distance will be reflected as your life in hell.

At the end, your individual self will be in a place it doesn’t want to be, yet it won’t be able to escape—because of the very distance it created from The Real Self.

And even in hell, you will still be fulfilling the purpose.

You will be ‘worshipping’ God by knowing His name Ad-Darr (The Distresser).

I was unsure whether to include his videos or not, but later, I saw a comment under one of them that helped me decide:



To be honest, I feel the same way about him. He just hasn't realized:

1. The Oneness
2. The Ego
3. The Heart.

If spirituality were just 'math,' then computers would be considered living beings—they're great at math, aren't they? 😂

Most probably, many of you who think like that will end up worshipping AI in the future! LOL!

Here's a short video for you:

https://www.youtube.com/shorts/XYAk6wJVxUo

It is not 'math'—it is the feelings that come from the heart, not the head. It is the 'intuitions' that arise from the heart, through which you will be able to realize the truth. The mind alone cannot grasp it; that's why you need a 'Qalb E Saleem' (a pure heart).

The heart is the defining specialty of humans. There are secrets hidden within it. No other creation, no other being, possesses a heart like that of a human.

Otherwise, I could simply whisper the secret into your ears, and you would awaken—wouldn't you?

Nope. What you think is the secret is not the actual secret. HA HA HA!

You are already telling everyone about it.
It is not a secret anymore, is it?

But there is a secret—one that only one person can ever know.
No one else, except that one, will ever grasp it.

To uncover it, you must entangle your heart with his heart—
So deeply that your heart annihilates into his.

And within his heart, you will come to realize the secret of secrets.

Yet, even then, only one will know.
Because it is not your heart that knows the secret.
It is still his heart that knows.

Isn't it?

Now, if you're wondering whether there is an Islamic scholar who can shed light on this using science, the Quran, and hadith—then read this. See how beautifully and scientifically he explains it:

https://ghayb.com/2016/02/ibn-arabi-on-imagination-and-the-creation-of-the-universe/

Oh, The Throne,
The Throne of The Most Merciful,
Like a radiant globe,
Encompassing all that exists.

All creations sing His praise,
Their very existence depends on Him.
What you perceive as 'vibration'
Is, in truth, their endless praising.

Through this praising,
They are alive!

It is not that God needs their praising or anything from anyone. Rather, their existence depends on it.

Vibration = Praising (Dhikr) = Their very being.

Getting back to the notes:

Something happened that is not safe to write here, as it could be misused.

Below, I will only write hints or short notes. What is happening at the moment should not be described in detail.

- Ideas
- Blurry states of mind
- Thoughts on the interpretations of previous, very specific dreams—dreams that were seen a long time ago, along with interpretations of their meanings
- **Great power**

[I need to add this here: Remember, in your spiritual journey, you will have great power at certain points, but you must surrender that power—otherwise, you will not be able to go further. On the other hand, if you don't surrender that power, then ultimately, that power becomes useless (HA HA HA!), though many do not realize this because they prefer to live in their own illusions.]

Unbelievable—(well, I can't actually use that word here after passing through the previous levels)—for the physical mind, but all good and makes sense.

Lightweight, light, clearer, and peaceful—like it's blending the worlds all together.

One important thing to notice here: It took me about 25 years to activate the spiritual heart, then 4 years to reach the 'absolute level,' and I remained there for about a year without moving forward. However, after passing the 'absolute level,' I progressed through the above 'states'/'sub-levels' extremely fast—within just a week. The state of mind/mode is continuously shifting.

Here, I recall Sheikh Nurjan's words: *Sheikhs are connected with God's mind, and God's mind is always changing.* You will see a sheikh happy, then suddenly angry, then suddenly in another state of mind.

These levels I am passing through are coming and going very fast, one after another. They are appearing in two ways:

1. A feeling about a state comes into my mind, then it turns into thoughts, and finally, the state itself manifests.
2. Or, the state comes first, then I realize what it is, and afterward, the feeling and thoughts follow.

I am not even staying in these states for long. Sometimes, I remain in a state for a few hours, sometimes just a few minutes, or even only a few seconds.

Note that "a few seconds" in physical life may also mean "a very long time" in other planes of existence.

After waking up from sleep, I had some realizations and thoughts. Even before visiting the washroom, I remembered what my friend Bentinho once said—"Write down these things ASAP"—so I'm doing it now. (I edited and added more texts later to explain this topic.)

Turiya is a state of consciousness that transcends the three states of waking, dreaming, and deep sleep. It is also known as the fourth state of consciousness.

At first, I thought I was in the Turiya state, but then I realized that this is beyond Turiya because I had already been in Turiya long before reaching this point. The state I'm in at the moment is **somewhat** like the Turiyatita state—the fifth state of consciousness, which is beyond Turiya.

I am writing "somewhat like this" because there are differences.

First, let's list the similarities:

"it is Turīyātīta, Śiva-consciousness, in which the individual experiences the self as identical with the entire universe and with Śiva. "

Source: https://www.wisdomlib.org/definition/turiyatita

For me, it is Prophet Muhammad, not "Shiva," except that the above line is correct.

Differences:
Since, for me, it is Prophet Muhammad (PBUH), and I have the key:

I can understand the reason.

I can go even further because I know it does not end here.

It is hard to explain, but the main difference is this: The concepts and definitions are much clearer and **broader** at this moment.

The physical self is not "God"; it is just an appearance.

Everything is a reflection of God's mind, but not God Himself.

God is outside of creation.

Existence only exists within the mind of God.

God is outside of the divine computer.

It is not within existence, appearances, or any being of any realm. It is outside of existence—it is not within it. As a Sufi Sheikh once said: 'God is outside of the divine computer, like a power (Qudra).

Even if someone reaches the Turiyatita state, their physical self cannot claim to be God. As Sheikh Nurjan said—Shiva and Krishna are not 'gods'; these are godly powers, but they are not God.

This is the problem with idol worship. When you reach higher spiritual levels, these idols will appear before you as manifestations of your own mind. It will not be a true experience with The Real.

This is why Muslims do not pray in front of anything while performing Salah, and why there is no picture, painting, or idol of Prophet Muhammad (PBUH), as creating such depictions was strictly forbidden.

On the other hand, when I say that we Sufis don't rely on the head, it means this is the path of the heart. A pure and clean heart is free from thoughts and imaginations—it is where the truth resides. The heart knows when it sees the truth!

The truth can never be changed.

The first revelation of the Quran was 'Read,' brought by Angel Gabriel to Prophet Muhammad . But Prophet Muhammad could not read, and Gabriel did not bring a physical piece of paper. Instead, he asked Muhammad to read from his heart. The Quran was revealed into the heart of Prophet Muhammad. It comes from the heart, not from the head—that is why it cannot be changed!

Abu Huraira reported: The Angel Gabriel was with the Prophet, peace and blessings be upon him, and he looked towards the sky as an angel descended. Gabriel said, "Verily, this angel has not come down since the day he was created." The angel said, "O Muhammad, your Lord has sent me to you with the offer that I make you a prophet-king or a servant-messenger." Gabriel said, "Be humble before your Lord, O Muhammad." The Prophet said, "Rather, I will be a servant-messenger."

Source: Musnad Aḥmad 7120

The highest claim the physical body can make is that it is nothing but a humble servant—just as the hadith teaches. Prophet Muhammad was offered the choice to live like a king, yet he chose to live as a humble servant.

At the same time, within the 'absolute reality,' we can see that he is indeed a king in spirituality. But in the physical form, he remains **a humble servant**.

If we combine both perspectives, we realize that spiritually, he reveals who you truly are, while in the physical world, he demonstrates who you should be.

Why wouldn't God fall in love with God Himself then?

Many of you have a weird tendency to take everything literally. If it were that easy, then it could just be written in text, and you could simply memorize it—there would be no reason to go through spiritual journeys. Don't take the above line literally. You need to realize what True Love is first; and then, you need to realize the station of Prophet Muhammad in spirituality, only then can you understand what the above line truly means.

Note: This is not the 'humble messenger' found in 'The Law of One.' The reality of that 'humble messenger' will be disclosed later.

In short: Like I said before, Satan is a copycat—he is replicating the true order of The One with one (seemingly one) of his associates, who is merely imitating the real humble servant!

In reality, this fake 'humble messenger' (RA) is actually a servant of the devil (satan).

This will be discussed in another chapter later.

Dangers:

Don't make yourself a 'Lord,' 'God,' or an 'idol'—it will only be another illusion within the illusion, like a bubble inside a bubble! As long as you are looking at the mirror, you are what you think you are. But what you truly are exists outside the mirror! Don't wake up from one dream only to step into another by consciously creating it!

Know that in the vast cosmos, there are other beings who recognize that, as a human created in God's image, you possess immense spiritual capabilities. They attempt to reach us, teaching ways to unlock these states—because they themselves cannot enter them. But in the end, they will seek to use our powers for their own purposes. Don't fall into their traps. That, too, would be just another bubble within the bubble.

I experienced the secret of breathing. I had sensed and known it before, but now it is much clearer—and I even 'tested' it.

The journey doesn’t end here, and neither does your purpose. There are other states beyond this. But your purpose should always be to reach The Real.

What other states are there?
Read the next chapters!

Ultimate Level 01

Ultimate Level 01

Ultimate truth lies beyond the rainbow—a reality that transcends our current understanding. Absolute truth, on the other hand, is what is happening right now, the tangible and observable reality of the present moment.

At this level, the secret of hell is revealed. Yes, there is a hell, and it serves a specific purpose.

From this level's point of view: Now I understand why I had the feeling that there was a problem with the idea that everything exists at once and that we are merely shifting appearances from a higher-level perspective.

At this level, that perception is clear, and I can write about it a little. However, I will not go into details because it cannot ‘settle’ in a heart that is not all-encompassing. This knowledge can be harmful, devastating, or even dangerous for someone who is reading it but has not yet ‘tested’ this state.

I am assuming that whoever is reading the text below has already passed through the previous levels (although there is no problem if you haven't—you can still read it 🙂).

First of all: The idea that everything happens at once, infinitely, with endless combinations.

This is indeed true for the lower levels, and there is no issue in adopting that idea as a tool to understand and progress further.

But know this if you want to ascend to the higher levels:

1. This is just a dot within the circle—it is not the entire circle of creation.
2. The Real is not within creation; rather, creation is merely a reflection of his feelings, translated into different planes of existence.

Something—an energy—started moving in a circular motion, even faster than the speed of light. This circle is inside my chest, rotating in an anti-clockwise direction. In the center, there is the *Kaaba of the heart* (just as every spiritual reality has a representation in the physical world, the *Kaaba of the heart* corresponds to the physical Kaaba, which Muslims believe to be the House of God).

It feels as though the seven souls of *me* have formed seven circles, all moving anti-clockwise at speeds beyond comprehension—faster than light itself. At the central point, there is the Kaaba.

The intensity of their movement has created a *pull* that is beyond description. I can physically feel my inner chest vibrating. The energy generated by this is *unbelievable*—unimaginable—even greater than an atomic bomb in physical terms.

This immense energy has created such an intense pull that it extends all the way to the black hole itself. It is drawing *light* from the black hole! At this moment, I am unable to function anymore.

I AM FORCED TO SLEEP.

After waking up, I don't feel that motion, but what was unclear has now been cleared to me. Now I can write down clearly what this level is. Just as my friend Bentinho said—write it down even before going to the washroom—I am doing it.

The Art

The Artist and the art

Shams Tabrizi

State of the minds

Images/Paintings

God is busy with the completion of your work, both outwardly and inwardly. He is fully occupied with you. Every human being is a work in progress that is slowly but inexorably moving toward perfection. We are each an unfinished work of art both waiting and striving to be completed. God deals with each of us separately because humanity is fine art of skilled penmanship where every single dot is equally important for the entire picture. - Forty rules of love of Shams of Tabriz

Source: https://sufipathoflove.com/forty-rules-of-love-of-shams-of-tabriz-1185-1248/

One purpose of creation for God is to know Himself.

How do you know yourself?

You know yourself through your mind.

What is the mind of The Source (God's essence)?

The cosmic heart is the reflector of the mind of The Source.

The Absolute Self is in charge of the cosmic heart.

How does it work?

Imagine each moment as a painting.

Each painting contains the details of all infinities—combinations stretching infinitely in all directions—encompassing past, present, and future, from pre-eternity to eternity. Within each painting, as a character, you have the possibilities of all parallel lives across infinite possibilities.

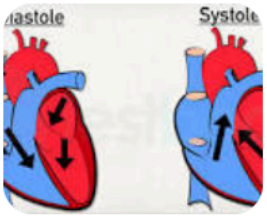
No two paintings will ever be the same! With each 'bit' of the 'cosmic heart,' a new painting is laid before your consciousness at the microcosmic level. How you perceive the 'painting' depends on the purity of your heart.

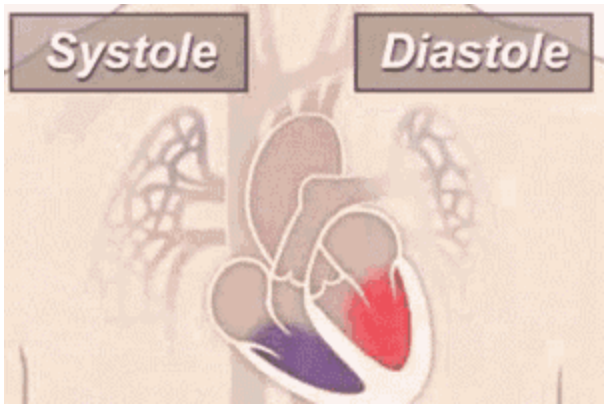
Each painting is already whole and complete.

The 'cosmic heart' reflects the mind of The Source (God's essence or God). His beautiful mind is cast upon the mirrors of different realms, and through this reflection, they receive 'life.' The 'cosmic heart' is what gives 'life' to all existences—just as the physical heart gives life to every cell in the body.

The contraction of the heart is called **systole**. The relaxation of the heart is called diastole.

Systole and diastole are the two major events of the cardiac cycle, or heartbeat. During systole, the heart chambers contract to pump blood. During diastole, the heart chambers relax and fill with blood.

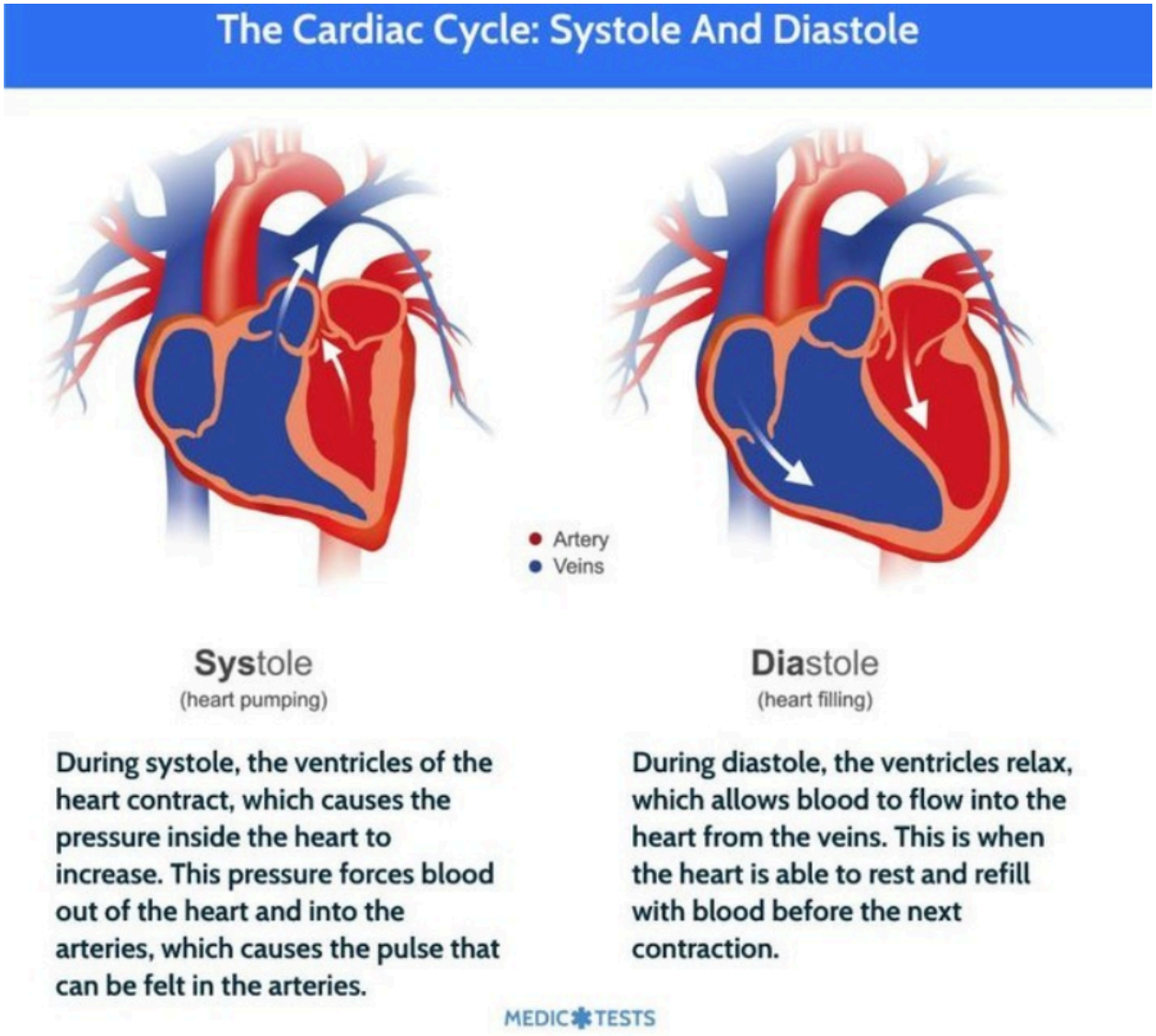




Also based on a number of key verses in the Qur'an, Ibn al-Arabi says that the world ceases to exist instantly and intrinsically the next moment right after its creation, and then it is re-created again and again. We shall see that Ibn al-Arabi's view of time and how it flows is precise and unique; it has never been suggested or discussed by any other philosopher or scientist. This distinctive cosmic vision of 'ever-renewed creation', when added to the understanding of the actual flow of time based on the three kinds of days alluded to above, can be used to build a new unique model of the cosmos which we shall discuss in Chapter VI and we shall discuss some of the consequences of this model in Chapter VII.

Source: https://www.smonad.com/articles/introducing_ibn_arabi_s_view_of_time.php

Okay going back to the paintings now.


The Cardiac Cycle: Systole And Diastole
Artery
Veins
Systole
(heart pumping)
During systole, the ventricles of the heart contract, which causes the pressure inside the heart to increase. This pressure forces blood out of the heart and into the arteries, which causes the pulse that can be felt in the arteries.
Diastole
(heart filling)
During diastole, the ventricles relax, which allows blood to flow into the heart from the veins. This is when the heart is able to rest and refill with blood before the next contraction.
MEDIC TESTS

Cosmic Heart:
Diastole = The previous painting ceases to exist.
Systole = A new painting appears.

Every painting contains all the details of everything, from eternity to eternity, from infinity to infinity, with all possible combinations.

Yet, each painting is still different from the other!
Because it's ‘art,’ not ‘math’!

Like Jack Ma said: AI is good at logic and computing, but humans are good at ‘art.’

Okay, so the difference between ‘everything exists at once’ and these ‘cosmic heart bit paintings’ is:

When you say “everything exists at once,” it gives the impression that nothing is changing at the upper level! But the truth is, everything does exist at once—then it ceases to exist—then it appears again, but each appearance is different from the previous one!

"Everything ceases to exist at once"—this is true for each painting, because in any given painting, everything is present, across all times (eternity to eternity), with everything you can imagine and even what you cannot imagine.

But in the next painting, it is a new painting—the previous one ceases to exist! **HA HA HA** (feeling the same laughter I had after realizing the ‘cosmic joke’).

Don’t start thinking that in one painting you exist as a human, and in the next, you become a different creature. While writing this book, my physical body has gone into nonexistence and existence **billions** of times (the paintings have changed **billions** of times), yet I am still here—just as you are still here, as a human, writing this line.

Each new painting is larger than the previous one, meaning it also contains the details of the previous painting. In other words, the circle of creation expands with every moment.

Hell, Heaven & Reincarnation:

Will there be reincarnation?

No, by definition, if all the parallels are happening at the same time (within one single painting), then there can be **no reincarnation**. Instead, there will be a **resurrection** of you on Judgment Day.

Understand the difference between **reincarnation** and **resurrection**.

You can’t look at this from a **linear** point of view if you believe in **reincarnation**—because if you believe in reincarnation, then your **"youness"** is over within this limited lifetime, meaning you are also a **limited being**. If you want to think like that, then **limit yourself**—**ha ha ha!**

All ancient spiritual paths teach one fundamental truth:

The Time Is Now.

So, let’s examine this **moment’s painting**:

In this painting, you have all the possible **parallel realities** on Earth.

But **which one is being counted?**

Ibn Arabi wrote: **"This moment is the best moment."**

The same teaching is found in all ancient spiritual traditions.

What you are experiencing in **this very moment** is the **best** reflection of your heart from all the possible realities.

Are you in heaven or hell in this painting?

One purpose of creation for God is to know Himself.

But there is another secret purpose, which only the lovers of God can understand:
God fell in love with Himself!

For others, let's put it more simply: The secret purpose is love.

(Now, since we are talking about secret purposes, there is an even deeper, ultimate purpose—the third and real purpose. But even if I told you, you wouldn't understand until you experience it. However, here's a hint:
This purpose is the combination of the first two—Allah wanted to know Himself through the mirror of your heart, out of love!)

Now, whether you are in heaven or hell depends on how much these two purposes are being fulfilled within you:

If you do not have the right knowledge of God, nor even the intention in your heart to seek Him in the future, then the purpose is not being served. You are distant from God, and so your reality will reflect that distance.

But if you have the right knowledge, or at the very least, the intention in your heart to seek Him, then the purpose is being served. You are close to God, and so your reality will reflect that closeness.

What is 'Right Knowledge'

Some Examples:

If you realize 'Oneness', then you have right knowledge.

But if you think you can be a "co-creator" among many other "co-creators", then your knowledge of Oneness is polluted or corrupted. This has become wrong knowledge!

If you realize that there is no coincidence in the Universal Song, and that everything unfolds with a plan—that each story is written with infinite details, where even the smallest point has been accounted for—then you have right knowledge.

But if you believe that everything is just unfolding on its own, without a divine plan, then you have wrong knowledge.

Only **animals** live like that—they **do not have the capacity to seek the 'how.'**
If that belief exists inside you, it is your **animal self** that is speaking.

If you do not want to know yourself and instead remain satisfied with that animal self, then you will be as the animal inside you!

Now, what about the other (secret) purpose—Love?

By the word secret, I meant True Love—not the emotion that you think is love.

But here is the simplest answer:

Narrated Anas:

A man asked the Prophet (ﷺ) about the Hour (i.e. Day of Judgment) saying, "When will the Hour be?" The Prophet (ﷺ) said, "What have you prepared for it?" The man said, "Nothing, except that I love Allah and His Apostle." The Prophet (ﷺ) said, "You will be with those whom you love." We had never been so glad as we were on hearing that saying of the Prophet (i.e., "You will be with those whom you love.") Therefore, I love the Prophet, Abu Bakr and `Umar, and I hope that I will be with them because of my love for them though my deeds are not similar to theirs.

Reference	: Sahih al-Bukhari 3688
In-book reference	: Book 62, Hadith 38
USC-MSA web (English) reference *(deprecated numbering scheme)*	: Vol. 5, Book 57, Hadith 37

The Tajalli

Here is a video where the concept of *Tajalli* is described from Ibn Arabi's perspective:

https://www.youtube.com/watch?v=WKDWnZWWbRw

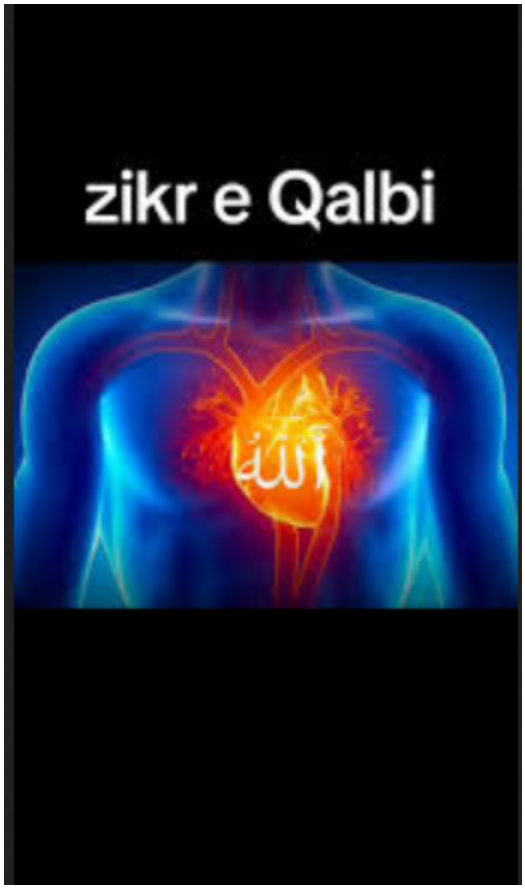
So that's the Cosmic Heart. This is the Tajalli of God!

It is the mind of The Source (God) reflecting in various panes of existence!

*Sufis practice **Zikr-e-Qalbi**—the remembrance of Allah (God in Arabic) within the heart.*

*A Sufi can feel the **Cosmic Heart** in his chest. Sometimes, he can hear it calling: **"Allah, Allah, Allah"**—continuously, with such passion that it cannot be expressed in words!*

*Sometimes, he can even see the name **"Allah"** written upon his heart!*



Now pause here and read this article please:

https://thehumblei.com/2015/03/24/the-rights-of-our-hearts/

What I have written above can never be fully realized without reaching the Ultimate Levels and activating Zikr-e-Qalbi! It is beyond the comprehension of any created mind—whether human, alien, or otherwise. It can only be realized by a heart that is in constant remembrance of Allah. However, by reading all of this, you may at least gain a deeper understanding.

Oh, and one more thing—only humans, out of all creation, possess *Qalb* (which you can understand as the cosmic heart or spiritual heart), the only mirror capable of containing the reflection of the entire creation! That is the secret behind 'created in God's image.' No other being has this gift (*Alhamdulillah*—All Praise to God), and that is why some of them envy humankind and wish to see us lower than them.

They seek to enter your heart by controlling your mind! Let me give you an example: If you truly understand that God causes you to ‘vanish’ and ‘reappear’ millions of times per second, then you also understand that you did *not* evolve from a monkey, right? Think about it—if God has

the power to make you disappear and reappear millions of times in an instant, does He really *need* to evolve you from a monkey? *LOL!* That deceptive illusion was planted into human minds by those ‘other beings’—and their human associates!

(Mary) said, "How can there be a son for me when no mortal has touched me?" The angel replied, "That is how God creates whatever He wants. When He decides to do something He just orders it to exist and it comes into existence." Verse 3:47, Quran

Why don’t they tell you this?

Because they *don’t* have the human spiritual heart (*Qalb*). Without a *Qalb* that is truly *alive*, it is impossible to grasp this reality. But notice—they *do* admit that 'humans are created in God's image.' Either they don't understand what this truly means, or they deliberately withhold the truth behind it. Instead, they spread the idea that ‘aliens created humans.’

Think about it—how could anything *except* THE REAL (God) create something in His own image? By definition, no one can *truly* know THE REAL except THE REAL, because everything else is *UNreal*! *Ha ha ha!*

As a human, your duty is to keep your heart pure from such deceptions and lies. Even a single black spot on the heart can become a heavy burden in the afterlife—manifesting before you in a form beyond your imagination.

If you're interested in scientific studies on the human heart—both physical and spiritual—you can explore the research from the HeartMath Institute:

🔗 HeartMath Website
📺 HeartMath YouTube Channel

Oh, and speaking of time—there are two kinds: physical time and spiritual time. *Spiritual time* depends on the level of your spiritual realizations.

Levels of understanding

The correct point of view is the perspective of The Source (The Real/God). All other perspectives are merely reflections of one's own heart.

One can either believe or disbelieve in the hereafter, heaven, hell, and everything else. People can view these realities from infinite perspectives and explain them as they wish. But in the end, it doesn't matter from which angle you're looking—after all, we're talking about a masterpiece of art. 🙂

Who is the artist?
The artist is the Absolute Self.

What is He creating?
He is painting the mind of The Real Self—every single moment!

Only the artist truly knows the deeper meanings behind His work. But the one who is closer to the artist will understand it better than others.

Why? Because they know the artist more than the rest.

Who is closer?
The one who follows him.

If you don't stop
At the point of nothingness
And keep going—
You will realize.

Though others may tell you,
"It's all a dream,"
It will no longer be true—
For you.

Because—
If you are lucky,
You will reach another point:
The Hollow Point.

And if you are lucky,
If you are wise,
If you are guided—
If you are still on the path of Allah (God in Arabic)—

From there, you will see
The Artist's View
In your painting.

Then again—
If you are lucky, wise, and guided,
If you are still on the path of Allah,
You will reach the Bigger Hollow Point.
Then, you will see
The Artist's View
In each moment's entire painting.

Then again—
If you are lucky, wise, and guided,
If you are still on the path of Allah,
You will realize—
The Artist is God's Soul.

The Artist is Prophet Muhammad,
Whom you saw at the Absolute Level.

You did not see yourself there—
That's why you felt *you* were not important.
When you were *up* and looked *down*,
You saw only the Artist—
But in your form.

Because your form
Was created with the light of the Artist!

The artist is painting each moment's painting
As an expression of God's mind,
Like the most humble servant he is.

And then again—
If you are lucky, wise, and guided,
If you are still on the path of Allah—
You will REALIZE and UNDERSTAND
Everything—
From a broader perspective.

Misunderstandings:

Everything out there is **not** God.
God is **not** 'all that is.'
God is **not** a combination of all existence.
We are **not** gods.
God has **not** been divided among us.

All these statements are completely **wrong** and **bogus**.

All creatures are merely reflections in mirrors.
Neither the mirrors nor the creatures are real.

God existed before anything else.

The only purpose of creating mirrors and existence
is to reflect the **Mind of God**—
so that **God may know Himself.**

Do you now understand why I wrote in the *Secret Dhikr* chapter
that everything was created **for Allah (God)**?

God has no physical body.
Nor does God *need* a 'body'.
Why would He?

How do we know ourselves?
We know ourselves through our **minds**.

In the same way, **God knows Himself through His Mind.**
And that Mind reflects upon the **mirrors of existence**,
through which He knows Himself.

If you think nothing is moving,
that everything is **standstill**,
you are **wrong.**

Existence continuously vanishes into **nonexistence**
and reappears in **every single moment.**
Each moment is a **new moment.**
That is why **there is only NOW.**

Each moment contains a **painting**
from **pre-eternity to eternity**.

If you activate **Zikr e Qalbi**,
your heart will become **the cosmic heart**—
the reflector of **the Mind of God**.
Through it, in each moment,
a **new painting** appears in your consciousness.

If you activate **Zikr e Qalbi**,
you will **realize** all of this directly in your heart.

That is why it is **essential** to purify the heart.
Existence has nothing to do with your head—LOL!
You can **never** realize these truths with your mind alone.

Take note: I said **realize**, not **understand**.
There is a difference between **understanding** and **realization**.

BONUS!

Doesn't this resonate (not literally, but if you understand the deeper spiritual meanings) with what you just read? HA HA HA!

https://www.youtube.com/watch?v=_AdPiRWIam0

Read the subtitles!

Our Father who ***art in heaven***

Think!

Ultimate Level 02

The First Manifestation of The Real

Alam-i-Yahoot (Realm of First Manifestation): The spiritual stage pertaining to YaHoot is referred to as Wahdat (Oneness). YaHoot is the first level of manifestation of "Hoo". When the Divine Essence desired to manifest, He manifested Himself in the form of Noor-e-Mohammad (Light of Muhammad). Since YaHoot is a world of Oneness, so it clarifies that Noor of Mohammad is a manifestation of God's Essence and is not a separate entity. This is the first step towards Divine descent. The creation has not started yet. Here Hoo is called Allah which in Arabic means "the worshippable one", because there is a being in the form of Noor of Mohammad who worships Allah. And the level is called yaHoot because there is an entity who would address Hoo as YaHoo (O'Hoo).

Source: https://en.wikipedia.org/wiki/Sufi_cosmology

The Light of The Divine Descent

There is a ‘pull’ on my chest.
It is felt in the upper right part of the chest.
An indescribable vibration—both spiritual and physical—is present there.
Then, something came out from that spot,
As if in the form of light, emerging from the upper right part of my chest.

I wasn’t even thinking about it; I was simply working when suddenly, I couldn't continue.

What was that light?

It is Noor-e-Ahadi (the Light of Oneness).
This light becomes Noor-e-Mohammad (the Light of Muhammad).
In later stages, all of creation was brought forth from this light.

The Secret of The ‘Twin Flame’

What do our friend Google and its AI say about the term ‘Twin Flame’?

A "twin flame" refers to a person considered to be your "other half" or "mirror soul", signifying a deeply intense and spiritual connection with another individual, based on the idea that one soul can split into two separate bodies, creating a profound bond between them; essentially, they reflect your deepest self back to you.

I asked Google, and this was the answer. Obviously, it was generated from worldwide data, reflecting the general understanding of the term ‘Twin Flame.’

Additionally, some teachings discuss ‘masculine energy’ and ‘feminine energy.’

Now, let me reveal the actual reality—the true secret behind this concept:

It is, in fact, the **‘Divine Descent’**—the **Light of the Source** and **the Source** itself.

And what happens when they come to know each other?

A ‘wedding’ takes place between them, and they become each other’s ‘better half.’

It is like this: The Source felt a **‘sweet pain’** and wanted to know what it was. So, the Source emerged from itself in the form of light—the very light mentioned in the previous chapter.

Then, it created creation as a **mirror**, as an **expression** to answer the question:

“What is this sweet pain? I want to know.”

There was so much love behind this sweet pain that it made the Source **forget itself!** It forgot that it had created creation itself.

But this was the plan from the very beginning—**that it would forget.**
Otherwise, what would love do with itself?

So, the Source came out of itself in the form of light (as mentioned in the previous chapter), then created creation and **forgot** that it was the one who created it.

Then, out of intense love, **it hid itself within its own creation.**

Now, when it is ‘hidden’ in its own creation, it is **‘sleeping’ and ‘dreaming.’**

But when it is awakened—**by itself**—it comes to know itself!

And then, it realizes that the love it felt was always for itself—
And so, it falls in love with itself!

Or in other words:

You, as a seeker,
On your spiritual journey,
Were searching for something.

What was it that you were seeking?

At the end of the journey,
You realize—it was your own self all along.

Then, you wake up from the dream,
And fall in love with that ‘you.’

And the two ‘you’s become one—
Or each other’s better half!

Manifestations Are Children's Toys!

Manifestations might be useful at lower levels, but at higher levels, you realize they are not truly real or significant. They lose their importance.

Children play with toys, but adults have no interest in them. The same applies to manifestations.

When **the wedding** happens, you no longer need to strive for anything. Your other *better half* takes care of everything without you having to do anything.

Two of Allah’s name can be realized in this state:

Al-Waliy and Al-Wali

While both "Al-Waliy" and "Al-Wali" are Arabic terms translating to "The Guardian" or "The Protector" when referring to Allah, "Al-Waliy" emphasizes the protective and supportive aspect of guardianship, while "Al-Wali" focuses more on the concept of being the ruler or absolute authority over something, essentially highlighting the power and control aspect of being a guardian.

Key points:

Al-Waliy:

This term emphasizes the close, caring, and protective nature of a guardian, like a close friend or supporter who watches over you.

Al-Wali:

This term emphasizes the absolute authority and control a guardian has over something, signifying a ruler or manager with ultimate power.

A Misunderstanding:

In a wedding, both parties must love each other, and this is where the blurred concept of self-love originates. However, the true meaning is that in the wedding, the two versions of you—the individual self and the Real Self—are uniting. So self-love means these two should love each other as better halves.

Some believe self-love means loving their individual self.
Some think it means loving themselves and their surroundings.
Some think it means loving everything and everyone.
Some think it means unconditional love for unconditionally everyone.
Some think it means loving all that is.

All of these interpretations are incorrect.

I am not referring to this kind of self-love here.

Go back and read the True Love chapter again—that is real self-love: when the individual self falls in love with **God**.

Remember, nothing you see out there is real, and what is truly real cannot be seen with physical eyes. If you fall in love with what is visible and mistake it for mystical self-love, it is a false understanding. That is not True Love.

Don't take everything literally—LOL! The self in self-love does not mean the self you think you are. It refers to the self that you don't think you are!

The Focus

At this level, the *focus* keeps shifting between the individual self, the Supreme Self, and beyond.

First, the focus is on the individual self.

Then, it moves into the *mirror of reality*.

Then, it shifts to the Supreme Self.

Then, it goes even beyond the very idea of the Supreme Self.

Then, it reaches the unconditional *Loving God-Self*.

Then, it returns to the individual self—seeing itself through the individual self's eyes.

—

Have you noticed how I used the word *focus*?
What is this *focus*?
It is the light of The Divine Descent.

The Divine Descent is the *light* or *focus* of The Source.

—

When you are in Salah,
this same light—
from which all creation was created—
stands inside you.

It is then Allah who worships Allah!

—

Now, although in the above lines I have written that the focus 'shifts' from one point of view to another, since there is no 'time' between the realms, the focus is actually on all points at once.

The first manifestation of The Real or The Source was this light. When I use the word 'focus,' I am actually referring to this light. It is very difficult to describe these things, but I am trying to make it as simple as possible for you. When I write 'The Real' or 'The Source,' I mean Allah (God) in a general understanding.

The Gist of All Spirituality

You are the vicegerent of God in your microcosm.
You should have God in your heart, not in your head.

In ultimate reality, there is not even a microcosm—there is only one human.
All other humans, their microcosms, are reflections of that human,

Who is Prophet Muhammad (PBUH).
You are him.

Your head should act as he acted, for he is the example.
Prophet Muhammad (PBUH) chose to be a humble servant of God instead of a prophet-king.

And in your heart, there should be God.
Your mind is God's mind,
But that mind is not in your head—it is in your heart.
The clearer the heart, the more clearly you will see it.

But you cannot have God in your head,
Nor can you claim yourself as God with your lips,
Because your head and lips are created,
And their existence depends upon the mercy of God.
As a creature, your head is meant to worship its Creator,
And know its Creator, not claim itself as the Creator.

God is uncreated.
His mind is reflected upon your heart.
If your heart is clean, like a mirror,
It will reflect God in that mirror.
Your heart will be God's mind!

The perfect equilibrium should be:
The head is the humble servant,
The heart is God's abode.

The head, as a creature, cannot claim itself to be God,
Just as your feet cannot claim to be your head.

When you reach the ultimate level,
There is no "you."
There is no microcosm.
You are the entire macrocosm.

You are Prophet Muhammad (PBUH),
The single divine soul from whose light everything was created.
The same spirit that was breathed into Adam,
The same spirit that was breathed into you as well.

The same spirit about which Allah said:
So when I have fashioned him and had a spirit of My Own ˹creation˺ breathed into him, fall down in prostration to him. (15:29)

And your heart is God's mind.

One of Allah's names is **Al-Hayy** ("The Alive" or "The Ever-Living").

It is in your heart that you truly know who you are.

You are not in your head—
Because your head will die one day.

Your head is in you,
But **you** are not in your head.

You are supposed to be the controller of your head,
Not the head in control.
That's the gist of all spiritual paths and everything:
How to handle the head, isn't it?

Now, when you know the truth,
You unleash the leash of your head,
Letting it claim itself as God.
And once again, it becomes the wild horse
You had once managed to tame.
You fall to the lowest level again.

Your head should be the servant of your heart,
Not the master!

Through your entire spiritual journey,
No matter the path you chose,

You were always trying to make your head a servant,
Not a ruler.
Yet you let it take the throne again,
When you allowed it to think and speak
As if it were the master.

Why?
Because you have not realized the full truth—
Your head is not the master.

It is a servant.
A servant of your heart.

It is **you** who gazes into your own heart,
Trying to make sense of it all with your head.

But you are in your heart, not in your head.

God created so that He may know Himself.
Your task is to clear your heart, so you may know God.

How to clean your heart?

One: Follow Prophet Muhammad (PBUH),

for in the ultimate reality, you are him.
He is not outside of you.
He is within you.
You are him.
And the perfect physical reflection of that truth was prophet Muhammad (PBUH).

Two: Stand in Salah.
Let your heart see its true reflection before it.
Reflection of what?
The reflection of the mirror within your heart.
For the heart is the window to the soul.

Three: Send salutations to Muhammad (PBUH) when you sit.

What should you realize?

1. Pray as if Allah is praying.
   (Feel it.)

[Allah is Closer than Your Jugular Vein. Quran: Quran (50:16)]

2. Pray as if Prophet Muhammad (PBUH) is praying.
   (Feel it.)

[The Prophet is closer to the Believers than their own selves. Quran: 33:6]

3. Pray as if **you** are praying.
   (Feel that your physical self is in the two above.)

And only then will you realize—
Light upon light!
Allah worships Allah.
Allah has fallen in love with Himself.
And He created everything for Himself,
Out of love.

By the way, if you've noticed, before the line *"What should you realize?"* the writer was using the word *"God,"* but after that line, the writer began using *"Allah"* instead. Why? Because there is only Allah Himself. Since He alone exists in the ultimate reality, there can be no "God" for Allah Himself — for there is no one else besides Him.

(Of course, for your individual self, there is *God*—and He is Allah, the Almighty. Because the servant remains the servant, and the Lord remains the Lord!)

Caution: Salah is not just any other practice.
As long as you remain with salah,
You will keep the head in its rightful place—
In prostration, where it belongs.

Where you surrender the head to the ground,
And keep the heart in a higher position.

If you abandon salah,
Your head will rise—
To where it does not belong.
And you will lose everything.

Pause now and watch this:

https://youtube.com/shorts/s5L7DrUovX4?si=NMaKbDq6Cvyyypjh

Ultimate Level 03

Why?

There is a sweet pain in my sternum. At times, it feels as if the sternum is going to crack open. Sometimes, it does "crack open," revealing a black hole—a light emerges from it! Through this, the heart sees what it sees.

Caution: Do not attempt to reach this state without True Love, right knowledge, and salah. The mind cannot bear such experiences without them.

Those who have tasted it know: it is the reflection of the pain The Source felt before creation. It is the highest point of longing a seeker can feel—the yearning to return to The Source.

In Sufism, it is called **Irada** (Desire), the *pain of love* in the heart that compels the seeker—the one who desires the Knowledge of Allah.

The Source felt a sweet pain. It is where Allah—God—The Source (or whatever name you call Him, though "Allah" is the wisest choice, as it encompasses all attributes)—wished to know what it is. He took a handful of His own light and said:

"Be Muhammad."

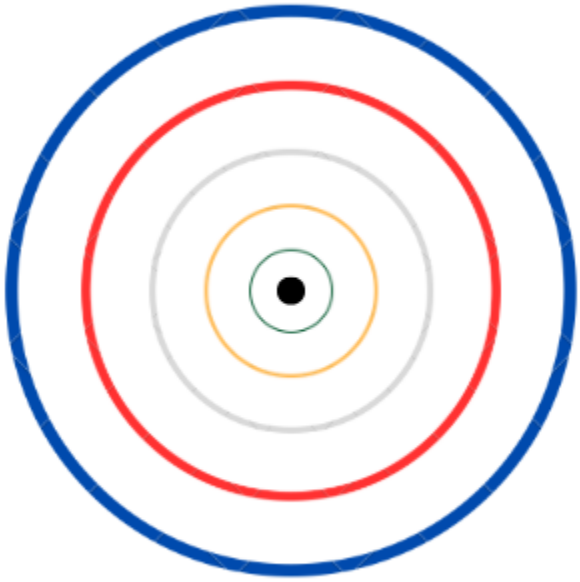
In the Bible, it is described as: **"Let there be light."**

In some other traditions, it is written: **"God said, 'Enough of this darkness. Let there be light.'"** And the light returns.

This *sweet pain*—the one The Source felt—cannot be understood until you *experience* it for yourself. It is impossible to grasp with the mind alone. It is incomprehensible, beyond any spiritual experience you have had or will ever have. The only way to reach it is to open the heart through **Zikr e Qalbi.**

How?

Imagine a concentric circle.



The center of the concentric circle answers the question *why*, which is written above.
The rest of the parts of the concentric circle answer the question *how*, which is woven throughout this entire book—spread across all the chapters, from beginning to end. You will have to **realize it** through your own spiritual journey. I have already given you more than enough hints.

Now, don't misunderstand—I am not talking about *how* creation was created. *Not that how.*
I am talking about *how* the **purpose** of creation is being fulfilled.

We all know the purpose, don't we?

God willed to know Himself.

Now, many will read this and think—just as *New Age Alien Based spirituality* preaches—that the purpose is fulfilled when you come to *know that you are God* and then create a *collective consciousness.*

That is not serving the purpose.
That is serving your own ego.

Why?

The real question is:

How is God knowing Himself through His creation?

If the answer is: *"When everyone realizes they come from God, and we create a collective consciousness, and then we evolve into another creation, or another being, or another timeline, and the cycle continues, etc."—*

Then what is God actually coming to know about Himself?

Nothing.

Only the creation is learning something. Only the *ego* is boasting of its so-called realization.
But what is **God Himself** learning about Himself through this?

Nothing.

If you believe in *New Age Alien Based spirituality,* then ask yourself:

What have you actually come to know about God by believing all this?

Because by your own definitions, *everything happens at once* and *every possibility is already included in that "at once."* So that means your *collective consciousness* (even though it is not true) should already exist within that "at once."

So what **new thing** is being revealed to God through this?
What **new knowledge** is God gaining about Himself?

Nothing.

What you *think* you have realized is just your **ego** feeling satisfied, thinking itself to be God.
But in reality, you have come to **know nothing about God Himself.**

Why?

Because that idea—of *collective consciousness*—is **not true.**
It is **not** how the purpose of creation is being fulfilled.

Why is it not true?

Because **God is the Source of everything, but God is not "in" everything.**
God is **outside** of creation—unaffected, undivided, beyond all form.

No—what you think is *the secret* is **not the secret.**

The secret of all secrets is the answer to this question:

How, through the life of a tiny individual like you,

Does God come to know himself?

This is the real question!
Can you answer it?

Caution: Your life was **not** created for nothing.
Your life was created so that The Creator (Allah) can know Himself through you.

And that purpose **will be fulfilled.**

Your life was **not** created just for you to enjoy this world.
Many of you ask, *Why am I here? What am I doing here?*

The answer has already been given above.

Now, understand one thing:

It does not matter what your individual self thinks or wants.
If you just want to "enjoy and manifest," that is irrelevant to the true purpose of your existence.

From The Creator's point of view, your life was created for a purpose, and that purpose will be fulfilled—no matter what your individual self thinks, wants, or does.

There is *this* life.
Then there is *the life in the grave.*
Then there is *the Hereafter.*

All of these exist for the same one purpose.

This is what you are doing here.
This is the most important thing to understand.

You either go through the intense hardship of the spiritual journey—

OR

You know your Creator through simply believing in religion.

If you think you can just enjoy life here by *manifesting your desires,* it won't help you in the end.

You will face trouble in the Hereafter.

This is not a game.

Either wake up and save your individual self from immense trials and hardships—
(*because after your physical death, it will be 70,000 times harder than it is in this world! If you*

see what happens in the hereafter as manifestations of your spiritual journey, you will understand.)—

Or simply believe in religion.
Or at the very least, believe in One God.

You will only take two things with you to the Hereafter:
Your realizations and your good deeds.

Again, this is not a game.
Understand this:

You have an infinite, eternal life, stretched through eternity.
And in a way, this tiny lifetime on Earth is a reflection of all eternity.

The Realms

All praise be to Allah, Lord of all realms.
Quran 1:2.

What are these ‘realms’?

Pause here and read this:

https://iqraonline.net/a-study-of-the-five-realms-in-islamic-mysticism-the-quran-and-narrations/

A Few More of My Experiences

The Reflection of Al-Khaliq:

God has infinite names and attributes, one of which is Al-Khaliq (The Creator).
Ibn Arabi wrote that the human heart can contain the reflection of this name *in its full form.*

I tested this.

While standing in salah, with the eyes of the heart, I saw the entire creation in the form of light.

The Cloud of Love:

A hadith states that God was in ‘An Ama’ (*the cloud of love*) when creation was happening.
Ibn Arabi wrote that God is always infinitely commanding, speaking, ordering—
And that His commands are infinitely taking form as creation.

This is happening at a particular level.
While standing in salah, I tested that level in my heart.

The Tree:

Which tree?

Allah is One.
And ultimately, His creation is also One.

There is only one primordial tree, the source of all trees. There is only one ultimate form of each thing, and everything else is a reflection or manifestation of that original version.

I have also experienced this.

While in salah, Allah *placed my individual self inside of that tree.*
I felt what the tree felt.
Or in other words, my consciousness merged with the consciousness of the tree.

P.S. Most of the time, I experience something *first*—
Then I research and come to **know** what it was.

Meaning, I didn’t read or know about it *before* experiencing it, in most cases.

Difference Between Experience & Realizations

This is an important point to understand. I know people who have more spiritual experiences than others, but their realizations are worse than those who have fewer, or even no, spiritual experiences. For example, consider the YouTuber I mentioned earlier (though I hope he will realize the truth in the future). There are also others like him, who have had similar experiences, some more or less intense. They have experienced the absolute self or glimpsed the veil of light of the source. However, that is not actually the source; it's only a veil, though they believe it to be the source.

Take Aleister Crowley, for example; he also had some experiences. Yet, at the end of it all, he said, "I am perplexed. Satan, get out!"

Pause here and watch this video to see how the vision of that light can affect a person differently than those I've mentioned above:

https://www.youtube.com/watch?v=dTDbpE2POQE

Do you understand the difference between the experience of this brother and others with the vision of the light? Think about it!

Or, consider the history of Satan. He had a significant amount of experiences, yet his realization was worse than Adam's.

Alternatively, look at the history of the Thamud tribe. The people of Thamud demanded that their prophet, Salih, bring forth a she-camel as a sign to prove his prophethood, requesting that the camel emerge from a solid rock. They also specified that the camel should be 10 months pregnant and healthy enough to produce milk for the entire tribe.

Even after the miracle was fulfilled, most of the people of that tribe did not accept the prophet. Instead, they killed the camel!

And nothing has prevented Us from sending [this message, like the earlier ones,] with miraculous signs [in its wake], save [Our knowledge] that the people of olden times [only too often] gave the lie to them: thus, We provided for [the tribe of] Thamud the she-camel as a light-giving portent, and they sinned against it. And never did We send those signs for any other purpose than to convey a warning

Quran: 17:59

The unbelievers solemnly swear by God that if they were to be shown some miracle, they would certainly believe. (Muhammad), tell them, "Only with God are all the miracles." Even if a miracle was to take place, they still would not believe.

Quran 6:109

Why does this happen?

Why is it that some people, even after having spiritual experiences, come away with such misguided understandings?

The reason is clear: those people have an unclean heart. They may have gained some spiritual experiences, even reaching the Absolute Level or glimpsing the veil of the light of the source, yet they still can't arrive at proper realizations.

Why am I telling you this?

Because there are people who have had spiritual experiences, but in reality, they haven't realized anything. They may try to teach others, yet they haven't truly understood the core of what they claim to know. Be cautious about them.

In reality, they have not realized anything because their ego is not fully dead. Secretly, they worship their own ego.

Even though they could have access to the entire consciousness, all things, and even the beyond, they are still trying to find loopholes in the system to satisfy the worldly, materialistic desires of their ego.

This is why true love is necessary. You go to the source for the love of the source, not for your personal gain.

They are trying to divide that which is ONE and indivisible. Despite the potential to experience the entire truth, their ego prevents them from realizing it. Instead, they choose to lower themselves by clinging to collective consciousness or other ego-centered theories.

Their ego refuses to die, and it connects with demonic forces, together creating falsehoods. This is why they believe in other theories—ones where they don’t have to let go of their ego and can continue 'evolving,' even though these beliefs are ultimately false.

There are also scholars like this. They memorize the texts but fail to understand the deeper meanings.

In truth, these people know nothing. Ha ha ha! They have only seen the outer, but because of their unclean inner state, they cannot realize the inner truths.

Be careful about the cup from which you drink. Sometimes, the water might be clean, but the cup could be dirty!

There is a difference between experiencing the outer and realizing the inner. Just as there is a distance between your eyes and your heart, there is also a distance between the outer and the inner.

Why Can't They Kill Their Ego?

Okay, now this is one of the most important things to understand: Killing your ego is not an easy task. It is so tough that most spiritual paths don't actually kill the ego—they simply bypass it. This, too, is a difficult task to accomplish.

Now, let's move on to this: Do you remember in the "Free Will" chapter when I wrote that when Adam's soul wanted Allah, it was told that he would have to publicly humiliate himself?

Have you noticed that some people in certain spiritual paths engage in begging? Why do they beg? Because by doing so, they are publicly humiliating themselves!

(Now, that's the real secret behind the act. However, some people walk around in minimal clothing, beg, or follow the path of mysticism to gain public attention. This is another trap of the ego.)

For some souls, this condition of public humiliation is part of their journey.

But anyway, that's not the point. Don't go out on the streets begging or do anything extreme. Try to understand the real point here.

The ego can tolerate many things, but it cannot handle humiliation. If you keep humiliating your ego, it will die.

Do you remember what I wrote in the "True Love" chapter? Go back and read it again. You will see that there is a moderate, reasonable, and beautiful path outlined to humiliate the ego.

This is the first step of real spirituality: Humiliate yourself. Lower yourself. Bring yourself down to nothing. Become zero. Become nothing.

Kill the ego.

Otherwise, it will prevent you from realizing the inner truths.

Keep humiliating yourself by asking for forgiveness from Allah. After each prayer, it is prescribed that a Muslim should say, "Astaghfirullah" (O Allah, Forgive Me) three times. When you say "Allahu Akbar" and go to sujud, remind yourself in your mind that Allah is greater than you, and you are surrendering yourself to Allah. Feel the humiliation!

Understand that killing your ego is not an easy task. You must be vigilant over your ego for your entire life, even if you think you've killed it, to prevent its shadow from creeping back.

The nafs (ego) must be burned to ashes!

EXTREME pressure needs to be applied.
INTENSE suffering must happen.
Above all, **A BROKEN HEART** is needed! Ah, this is the most important part. Rumi said that Allah looks at a broken heart with two hundred times more mercy than He looks at any other heart!

There is a ‘group of broken hearts’ you need to join. There is a Sufi order that says, "Come, come, you are all welcome. The only condition is: You must have a broken heart!"

Sufferings are ‘love notes’ from the Beloved!

Otherwise, the false "you" will prevent you from realizing the real "you."

In other words, a seeker cannot truly accept who he really is in his heart until he faces unimaginable, unbearable pressure—until his 'head' (mind) cracks like a 'nut.'

Now you might be thinking: *Aren’t those who claim to be ‘Gods’ accepting who they really are?* There’s a very interesting ‘twist’ here. It’s hard to explain. Maybe in a private chat, I could explain this in more detail (or perhaps you’ll understand it on your own if you follow what’s written in the *True Love* chapter).

But for now, let’s just say: You don’t truly accept who you really are when you claim to be God and think you are ‘free.’ You truly accept who you are when you don’t claim to be God, but know the truth in your heart and act as a humble servant of God!

Or in other words:

No—what you think is *the secret* is **not the secret.**

The secret of all secrets is the answer to this question:

How, through the life of a tiny individual like you,

Does God come to know himself?

Okay, so why do some people turn to the theory of collective consciousness? Because they can’t answer this question with their current understanding. So, they dive into theories like everything is unfolding on its own, everyone is just reincarnating continuously, or they will evolve

into another being later, and so on. All of these theories emerge in the mind for one simple reason: They cannot answer the question above 😂 Which means, they haven't really accepted who they truly are!

So, once again: You don't truly accept who you really are when you claim to be God and think you are 'free.' You truly accept who you really are when you don't claim to be God, but know the truth in your heart and act as a humble servant of God.

Otherwise, all the prophets could have just claimed to be Gods and told you to do the same, and you wouldn't have to go through any spiritual journey, right?

God is not that 'cheap'!

Okay, Here You Go!

Okay, in the previous chapter we read this:

“Now you might be thinking: *Aren’t those who claim to be ‘Gods’ accepting who they really are?* There’s a very interesting ‘twist’ here. It’s hard to explain. Maybe in a private chat, I could explain this in more detail (or perhaps you’ll understand it on your own if you follow what’s written in the *True Love* chapter).”

Although I initially thought not to write this part, after finishing the book I watched this sister’s video:

https://www.youtube.com/shorts/FgnhENYDH2k

So I realized I need to clarify this section. What I thought was better to keep for a private discussion actually needs to be written here. Otherwise, readers might not get a clear picture. Since this book is for everyone, I must make the distinction clear.

I do not want you to think that what Allah sent through His Messenger, Prophet Muhammad (PBUH), is the same as the spirituality and realizations found in other religions or paths. I must show the difference.

Now, what the video above says is also realized in other paths, isn’t it? So what is the difference?

And more importantly, what have they actually realized?

The Ruh (Soul/Spirit)

Qur’an 15:29

And when I have proportioned him and breathed into him of My [created] soul, then fall down to him in prostration.

Soul/Spirit = Ruh

So every human has a Ruh (Soul/Spirit).

But what is this Ruh that Allah breathed?
What does it mean that Allah breathed His soul or spirit (Ruh) into humans?

It means the microcosmic reality. Within your soul, an entire reflection of the universe exists. In your microcosm, as a human, you represent Allah Himself, not as God, but as His reflection.

In other words, it is as if you have God-like power within your microcosm.

So when others reach this station, they begin to think they are God themselves.

At the absolute level, which is the level of the Ruh (soul/spirit) only, they think it is God, but actually it is not. It is the command of Allah (the Ruh). It is only the microcosmic reality, not the entire macrocosm or beyond. They are missing the full picture.

It is not possible to perceive the complete picture with the mind alone, without the key, or in other words, without reaching the station of Prophet Muhammad (PBUH), the ultimate level.

What Is the Ruh Doing Here?

Or in other words, the question everyone asks:

“What am I doing here?”

You are manifesting God here. This is the duty of your Ruh as the vicegerent of Allah in the cosmos.

Before your Ruh was sent to Earth, it made a promise to Allah:

The Quran states that God (Allah) asked the souls of humanity, "Am I not your Lord?" and they replied, "Yes, You are! We testify". This event, described in Surah Al-A'raf 7:172, is said to have happened before the souls entered the physical world, establishing a covenant so that people cannot later claim ignorance of God on the Day of Judgment. This serves as a primordial testimony that people will be held accountable for rejecting God, even if they later forget or their ancestors' actions lead them astray.

Quran: 7:172:

And ˹remember˺ when your Lord brought forth from the loins of the children of Adam their descendants and had them testify regarding themselves. ˹Allah asked,˺ “Am I not your Lord?” They replied, “Yes, You are! We testify.” ˹He cautioned,˺ “Now you have no right to say on Judgment Day, ‘We were not aware of this.’

So again, Allah breathed His spirit into humans. This is the Ruh.

In other words, your Ruh is a copy of God, but not God Himself.
(For more, read *The Secret Dhikr* chapter.)

What Are You Doing Here?

Your Ruh's duty is to manifest God Himself in your microcosm.
You are here to manifest God himself in your microcosm.
That is what you are doing here.

In the Qur'an, a human being is described as the vicegerent (Khalifa) of God on Earth, entrusted with authority and responsibility.

Think of it this way:

Allah is the King, and He has sent you, your Ruh, to rule the universe.

Which universe?
The universe outside you?
No, the universe inside you.
The universe within your soul, the microcosm.

What Does "Ruling" Mean?

Does it mean doing whatever you wish?
No. The purpose of ruling is to manifest God Himself in your inner universe.

How can you manifest Allah, the Almighty?
How is that possible?

That is the path of Islam.

Comparing Other Paths

How do our Buddhist brothers manifest God?

They do not believe in a Creator God.

Some spiritual gurus believe the same.

How do our Christian brothers manifest God?
They believe in the Trinity, that God has a child.

How do our Hindu brothers manifest God?
They believe in many gods.

How do our New Age brothers manifest God?
They believe they themselves are gods, or that aliens created them.

Many spiritual paths say that all paths lead to the same final point, realizing the God inside.

But what is the difference between their path and the Islamic path?

Yes, they realize the One, the God within.
But what about the question, “What are you doing here?”

How are you going to manifest God in your inner universe, your microcosm?
How will you truly begin and complete (or actually start on another level!) your journey?

The Final Step

The final step in Sufism is to surrender with full knowledge.
Full knowledge of what?
Full knowledge of what is written above.

It is like this:
Your Ruh was sent into your microcosm as the vicegerent of Allah.
When you realize what your Ruh truly is, you surrender and return the source to the Source.
(For more, read *The Gist of All Spirituality* chapter.)

Or in other words,
You were sent into your microcosm as the vicegerent of the King.
You forgot everything.
When you remember, what do you do?
You return to the King and surrender to Him in prostration.

What Happens Then?

You go into prostration, you surrender = your inner universe goes into prostration, your entire microcosm goes into prostration, your entire microcosm accepts Allah as the King!

You have succeeded!

You have manifested God in your microcosm!

Watch these two videos:

https://www.youtube.com/watch?v=EOGXsj4MKRQ

https://www.youtube.com/watch?v=371FR95Oqz4

Nur means light, the divine light that fills the heart during prayer or is produced through dhikr.

There are many stages of awakening:

1. Awakening from the mind. This is the first stage and is more commonly understood.

2. Awakening from the mind to the soul. To reach this stage, one must clearly understand life after death, heaven, and hell. Otherwise, awakening to the soul will remain incomplete, only a glimpse or an abstract understanding.

3. And beyond that, there are more stages of awakening.

Why the Frustration?

Many people from other spiritual paths get frustrated at a certain point and start to think, *It is what it is*. This happens because they can't find the answer to the question mentioned earlier.

Some (though not all) join alien-based new age spiritualities, while others balance themselves and stay where they've reached, not going lower.

It's as if we all reach a point of frustration and start thinking, *There is nothing more to do. There is nothing else to explore. What can we do? We have nothing in our hands; we just watch and see. See and watch.*

This frustration comes because the ego hasn't been killed. If you truly accept yourself—in the full sense of who you really are—you will know that God is busy in every single moment with something new!

The head might not realize this, but the heart can. To be honest, most of the time, I'm busy just trying to cope with my heart, LOL! It runs so fast! The 'cosmic dance' is happening there every moment!

Okay, since I mentioned the term *'cosmic dance'*, I need to clarify what I mean. If you search for the term *'cosmic dance'*, you might get a blurry understanding. That's not what I'm referring to here. I don't mean that there is a *deity* who is *literally dancing* in the cosmos, creating and destroying everything continuously—ha ha ha. That idea makes no sense at all.

In *The Ultimate Level 01*, I explained how creation moves in and out of existence at every moment. Later in this book, I'll describe my experience of the *'spiritual concert'*. So, what's happening is this: Creation moves into existence and nonexistence every moment. In other words, as I described in *The Ultimate Level 01*, a new painting appears every moment. This spiritual concert is played by the secret order of Allah. When the *'concert'* plays, a new painting emerges, and the previous one fades into nonexistence.

This *whole process*—the spiritual concert and the appearance and disappearance of paintings—feels like *something dancing* in the heart. Or, in other words, it feels like it's *flipping* with every passing moment.

In the Quran [edit]

The Quran frequently employs the term "qalb" (heart), which appears 132 times, and at times substitutes it with similar terms. The word's root meaning denotes concepts of change, transformation, and fluctuation, implying that the heart is constantly in motion and may undergo reversal or alteration.[2] The Quran uses the term "heart" in various ways that highlight its central role in human existence. These diverse uses of the word imply that its original meaning - involving ideas of turning, changing, and overturning - remains relevant, as the heart is regarded as the source of good and evil, right and wrong. The Quran teaches that both believers and non-believers possess hearts.[2] In general, the Quran portrays the heart "as the locus of that which makes a human being human, the center of the human personality". This importance of the heart is due to the profound relationship between humans and God, with the heart being the point of convergence where they can meet God. This interaction is multidimensional, encompassing both cognitive and moral dimensions.[2]

Source: https://en.wikipedia.org/wiki/Qalb

“No one is safe from misguidance. So remember to constantly ask Allah to keep you on the straight path.” [Hadith]

“All the hearts of the offspring of Aadam are between two fingers of Ar-Rehman’s Fingers, as one heart. He turns it (in any direction) as He wills. Then Allaah’s Messenger said, “O Allah! The Turner of the hearts, turn our heart towards Your obedience.” [[Hadith]

The phrase "two fingers of Ar-Rehman (The Compassionate Lord)" is a metaphor, not a literal description of Allah's physical form, used to convey the idea of Allah's absolute power and dominion over human hearts.

Types of People in Spirituality

1️⃣ The Frustrated Ones

- They believe, *“I can’t do anything. Nothing is in my hands.”*
- This mindset leads to frustration and helplessness.

2️⃣ The Observers

- Many from the first group transition into this one.
- They accept their situation and balance themselves with the idea that *“Things are just happening, and we are simply watching.”*
- This is a good stage—there’s no problem with this approach.

3️⃣ The Controllers

- They refuse to accept the above.
- Instead, they want to *take control* and make themselves the *doers.*
- **Theoretically, this is impossible**—because, in ultimate reality, *there is no one else except The Real.*
- This group is still *immature* in spiritual understanding.

4️⃣ **The Manifesters with Prayer**

- This group **accepts** reality but also practices *manifestation techniques* within the framework of **prayer.**
- They are more **spiritually aged** than the previous group.

"*Let one of you ask his Lord for his needs, all of them, even for a shoestring when his breaks*." Hadith. Source: Sunan al-Tirmidhī 3973.

It is prophetic advice to pray and ask God for everything, and you should, of course, do it. You can search for *duas* advised by the Prophet and practice them. Or you can ask God for anything and everything you need—there's no problem with that.

5️⃣ **The Matured (True Adults)**

- These are the ones who have tested 'everything, everywhere—all at once'!
- They understand that it is their **Real Self** who is in the background.
- Their **Real Self** is the one who placed them here.
- So they become **'Abd al-Waqt'**—*a servant of time.*
- Each moment is **pregnant with something new.**
- If you can train yourself to be *a servant of each moment,* you will experience **a new shift!**

Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, "Allah Almighty said: The son of Adam abuses me. He curses time and **I am time**, for in my hand are the night and day."

Source: Ṣaḥīḥ al-Bukhārī 4549, Ṣaḥīḥ Muslim 2246

In a way, the realization or state of this last group is a combination of all the previously mentioned groups but on a much higher level.

Remember this: To become a true adult in spirituality, you must have a clear understanding of the afterlife. Without it, true maturity is impossible.

You Must Be Taken To The Higher Levels Against Your Will!

You should not seek a higher state for your ego's sake. Imam Ghazali said that you must be taken to higher levels *against your will*! As if you *don't* want to go there, you *don't* want to enter that door. You just sit patiently in front of it, and then—*you are dragged inside against your will, forcefully!*

Even if the door opens, Imam Ghazali advises: *Still, just sit in front of the open door and don't enter, because it might be a test!* Wait until you are *pulled in* forcefully!

An ideal situation (I don't know if there is any other, because this is what happened to me—LOL!) is that you *don't even know about a state beforehand*. It just *falls upon you* forcefully, without you even wanting it. (*How could you want it? You didn't even know about it—HA HA HA!*) Only after experiencing it do you come to know about that state.

Even with this book—I didn't *want* to write it. I am being *forced* to write it. I don't even know who is going to read it—LOL! Sometimes, I feel curious: *What is the purpose of writing this book? Who is it for?* 😀

Or take the case of a Sufi sheikh who, in his early life, was a great scholar and used to teach students. But one day, he walked into his classroom, opened his mouth… and no words came out! He *couldn't* speak! At that moment, he realized—*okay, now it's time for another kind of knowledge!*

I'm not discouraging you from learning about spirituality, levels, or higher states—of course, keep searching! There's no problem with that. But just know this: *You won't find information about high-level states that easily—especially until you are ready! Wink!* 😉

The Ring of Faith, Manifestation, and Realization

Now you might be wondering—*if you don't even know about the states beforehand, how will you ever reach them?*

This is where the **ring of faith, manifestation, and realization** comes in.

Some people ask, *Why does Allah need our praise? Why is there so much emphasis on glorifying Him in the Qur'an and Hadiths? Why must we always affirm that He is the Greatest, the One and Only?*

The answer is simple: **Allah doesn't need anything from anyone.** *You* are the one who needs it—for *your own* realization and ascension to higher levels!

The secret is this: **The first step must always be faith and blind belief.** If you truly believe *without seeing*, then—when the time is right—an experience of it will be *manifested* (often accompanied by suffering, if necessary). *Then* you will **realize** the truth behind it.

For example, let's take the story of **Hazrat Bilal**:

When Muhammad (PBUH) announced his prophethood and started to preach the message of Islam, Bilal renounced idolatry, becoming one of the earliest converts to the faith.

His master, Umayyah ibn Khalaf, tortured him brutally—dragging him through Mecca, whipping him, and placing a hot boulder on his chest—yet Bilal remained steadfast, repeatedly declaring, **"Ahad, Ahad, Ahad"** which means 'ONE' in Arabic (here by one it is meant One God)**.**

When news of Bilal's persecution reached Muhammad's companions, he sent Abu Bakr (R.A.) to negotiate his release. Abu Bakr (R.A.) freed Bilal by either purchasing him or exchanging him for coins.

What level of spiritual realization did he achieve in the end?

When Hazrat Bilal was on his deathbed, his wife wept and said:

"What a painful affliction!"

But Hazrat Bilal replied:

Hazrat Billal answered: On the contrary, what a happy occasion! Tomorrow I will meet my beloved!

Now, watch this short video:

https://www.youtube.com/watch?v=aO-bEo1l8Fc

The channelers say the ‘aliens’ (demonic forces from another level—they mix in a piece of truth about real aliens, which is that **Allah made human emotions unique**!) laugh at human suffering and ask: *"Why do they suffer? Why not just enjoy life?"*

I would say:
You won’t understand what True Love is.
You won’t understand the secret of human emotions.

I will reduce everything to dust.
I will make everything vanish.
I will erase whatever stands between me and my Beloved.

Nothing will remain—
Not even myself.

I will annihilate myself in my Beloved.
I will dissolve completely into my Beloved.

Nothing can remain.
Nothing *will* remain in the end—
Except my love and my Beloved.

“Everything will be destroyed except His Face”
Quran 28:88

And when everything vanishes—
Into the ‘nothing’ (seemingly and truly, from the creation’s perspective),
From which it once emerged—

Allah (God) will ask:

Is there anyone else?
Is there anyone equal to Me?
Is there anyone (any deity, any collective consciousness, anything at all or aliens, LOL!) who will compete with Me?

Caution: The Difference Between Science & Faith

A time is coming soon when the difference between science and faith will feel as vast as the distance between two galaxies—though in reality, it is just the space between the head and the heart. In Sufi Islamic teachings, this distance is only nine inches, yet in the future, those nine inches will feel like an uncrossable abyss.

You must strengthen your faith before the end times; otherwise, it will not benefit you. That is why I emphasize the urgency of building true belief now—before it is too late. Faith must be engraved in your heart so deeply that the mind cannot deceive you.

A time will come when the knowledge of science will be polluted by demonic forces. Confusion will spread, and even if you wish to believe in the truth, it will be difficult for the mind to overcome the corruption.

Trust Allah more than your own eyes.

They will fabricate such convincing "proofs" that your eyes will not be able to reject them, and your intellect will surrender to illusion. If you abandon faith in the unseen and rely only on what is presented to you, you will lose your spiritual wisdom.

Know this: there will be no middle ground. If you think you can remain neutral—neither choosing the path of the mind nor the path of the heart—you will not be safe. In times of great deception, hesitation is as dangerous as disbelief.

"There shall come upon the people a time in which the one who is patient upon his religion will be like the one holding onto a burning ember."

Jami` at-Tirmidhi 2260 [Hadith]

A true believer always knows that he can never comprehend Allah with his mind.
A true believer always knows that he can never uncover the secrets of existence through intellect alone.

Or in other words: your mind is part of the simulation.

How can something that is itself part of the simulation take you beyond it? HA HA HA!

You Need Light To Remove The Darkness From Your Heart

“O Allah, place light in my heart, light in my tongue, light in my hearing, light in my sight, light behind me, light in front of me, light on my right, light on my left, light above me and light below me; place light in my sinew, in my flesh, in my blood, in my hair and in my skin; place light in my soul and make light abundant for me; make me light and grant me light.”

Hadith

As mentioned earlier,

Either it falls upon you naturally (directly from Allah), or you learn it from a teacher (sheikh). For me, it fell upon me naturally.

Apart from Salah and Dhikr, I don’t engage in traditional forms of meditation or other spiritual practices.

When I stand in Salah, I can feel that Allah is right in front of me, and the light of Allah is entering into my heart, filling it with divine light. My heart craves that light—it thirsts for it. It’s almost as if my heart is drinking that light. When my heart is hungry for that light, it drives me crazy until I stand in Salah.

So, the only way I can truly share with you to receive that light is through Salah.

'Either give me more wine or leave me alone.' Rumi

Here, Mawlana Rumi is referring to that ‘light’ which fills the heart of a seeker.

The Secret Reality of Hajj

Every spiritual journey has a physical manifestation in life.

For example:

- **Spiritual Realization → Physical Change**
  When a person undergoes a deep spiritual awakening, their outer life often reflects this change—whether in behavior, speech, or even physical health.
- **Inner Struggle → Outer Trials**
  A seeker who is going through an intense spiritual transformation may face difficult life situations that test their faith, patience, and sincerity.
- **Divine Nearness → Physical Experiences**
  Many spiritual experiences manifest physically, such as moments of deep peace, visions, or even tangible interactions with unseen realities.

In the Sufi perspective, **Hajj (Pilgrimage to Mecca)** is not just a physical journey but also a deeply spiritual one, representing the soul's return to God. While all Muslims perform Hajj as one of the Five Pillars of Islam, Sufis emphasize its **inner meaning** beyond just rituals.

Here's how Sufis understand Hajj:

1. The Journey of the Soul

- Just as the body travels to Mecca, the soul is on a journey toward Divine Presence.
- The physical steps taken mirror an inner purification process.

2. Ihram: Entering a State of Divine Presence

- Wearing the white garments symbolizes shedding worldly attachments and ego.
- It represents standing before God as a humble servant, equal to all others.

3. Tawaf: Circling the Kaaba

- Sufis see this as the heart orbiting around Divine Love, just as the angels circle God's Throne.
- The Kaaba represents the inner sanctuary of the heart, where God is found.

4. Sa'i: Running Between Safa and Marwa

- It symbolizes the struggle (mujahada) between the soul's desires and its longing for God.
- Just as Hagar (Hājar) searched for water, the seeker moves between the states of seeking and trust in God.

5. Arafat: The Day of Divine Encounter

- Sufis see standing at Arafat as **a moment of self-annihilation (fana) in God's presence**.
- It is a representation of Judgment Day, where one faces the reality of their soul.

6. Stoning the Devil (Ramy al-Jamarat)

- In Sufi teachings, the Devil represents **the ego (nafs)**, and stoning symbolizes rejecting negative traits.

7. Sacrifice (Qurbani)

- This is the ultimate surrender—offering one's self and ego to God, like Prophet Ibrahim (AS) was willing to sacrifice his son.
- The real sacrifice in the Sufi path is sacrificing one's ego for Divine Will.

8. Returning from Hajj

- In Sufism, a true Hajj means **returning spiritually transformed**.
- If the heart does not change, the Hajj is incomplete.
- The real Kaaba is now in the heart, and the seeker continues living in awareness of God.

For Sufis, Hajj is not just about going to a place—it is about **finding the inner Kaaba in the heart** and realizing the presence of God within. The physical pilgrimage is a reflection of the spiritual journey every seeker must take.

In the Sufi path, the **real sacrifice** is not about giving up material things but about **sacrificing the ego (nafs)**.

- **Ego (Nafs) as the Veil**: The ego is what separates the seeker from true divine realization. It clings to pride, desires, and illusions of self-importance.
- **Killing the Ego (Fana)**: This doesn't mean physical death but rather the annihilation of the lower self so that one's will is completely surrendered to God.
- **True Sacrifice**: While external sacrifices (like wealth or physical hardships) may be part of the journey, they are nothing compared to the deep, inner struggle of letting go of the self.

As Rumi said:
Be like a candle, melt yourself to give light to others.

This sacrifice is not a loss—it's a return to the **true self**, purified and connected to the Divine. In Sufi teachings, this journey does not end with **fana** (annihilation of the ego); rather, it leads to **baqa** (subsistence in God).

- **Fana (Annihilation)**: The ego dissolves, and the seeker loses the sense of an independent self.
- **Baqa (Subsistence in God)**: After fana, the seeker **remains**, but now only in the presence of God, living by His will rather than the ego's desires.
- **True Sacrifice Leads to True Life**: The "death" of the ego is not the end—it allows the seeker to **truly exist**, no longer trapped in illusion but abiding in Divine Reality.

As Rumi said:
Die before you die, so that when you die, you do not die.

This is the completion of the spiritual journey: not just losing oneself but finding oneself in God.

Subsistence in God (Baqa Billah) is the state where, after the annihilation of the ego (fana), the seeker remains, but not as an independent self—rather, they exist through God, by God, and for God.

This does not mean that the individual self of the seeker becomes God (which is a dangerous misunderstanding). Instead, it means that their will is fully aligned with Divine Will. They no longer act from the false self (ego), but from the Truth (Haqq).

Fana vs. Baqa

- **Fana (Annihilation of Self)**: The seeker loses all attachments to the ego and false self. The illusion of separateness disappears.
- **Baqa (Subsistence in God)**: The seeker "returns" to life, but now **aware of Divine Presence at all times**, acting only in accordance with God's will.

Examples of Baqa in Sufi Teachings

- **Prophets and Saints**: They did not vanish after spiritual realization. Instead, they lived in the world but were fully immersed in Divine Presence.
- **Hajj as a Symbol**: The physical journey of Hajj represents the spiritual journey. The pilgrim sheds worldly attachments (fana) and completes the journey in a state of spiritual purity (baqa).

In short, baqa is not about vanishing, but about truly existing—no longer as "I," but as a servant of the Divine Reality.

Cosmic Ego

By **cosmic ego**, I mean a grand, deceptive illusion that presents itself as divine or enlightened but is actually rooted in self-worship and falsehood. It is an ego that operates on a much larger scale than an individual's personal ego—it can influence entire spiritual movements, ideologies, and even civilizations.

How Cosmic Ego Works

1. **It imitates Divine Reality but replaces God with "self"**
    - Instead of submission to One God (*Allah*), it promotes submission to a 'collective consciousness'.
    - It uses spiritual terminology but subtly removes **servanthood** (*'uboodiyyah*), making people believe they are divine themselves.
2. **It rejects annihilation of the ego (*Fana*)**
    - True spiritual elevation requires dissolving the ego in God's will (*Fana Fillah*), but the cosmic ego teaches **self-glorification**, making people believe they are their own gods or creators.
    - Instead of surrendering to God's will, people are told to "manifest their desires".
3. **It sets up a counterfeit "oneness"**
    - True unity (*Tawhid*) is submission to **One God**, but the cosmic ego creates a deceptive unity where all beings are considered equal in divinity—essentially erasing the distinction between the Creator and creation.
    - It replaces Divine **mercy** with an impersonal, indifferent universe where "all experiences are valid" (even evil), leading to moral confusion.
4. **It pretends to be "humble" while claiming superiority**
    - False spiritual beings (like the so-called "Ra" in *The Law of One*) present themselves as humble servants of truth, but their messages are filled with superiority and control.
    - They subtly claim to be higher than prophets, replacing **divine guidance** with their own cosmic hierarchy.

Example: Law of One & False Enlightenment

The *Law of One* presents "Ra" as a so-called enlightened being offering wisdom, but it actually **denies Prophethood**, replaces God with 'all that is' and teaches that even Satan (Lucifer) is just another "valid experience" instead of the ultimate deceiver. This is a prime example of the **cosmic ego**—an entity pretending to offer light while leading people away from real truth.

True Spirituality vs. Cosmic Ego

- **True spirituality**: Annihilation of self in God (*Fana Fillah*), leading to true **Baqa Billah** (subsistence in God).

- **Cosmic ego spirituality**: Fake annihilation of self into a **fake collective consciousness** that denies the One Creator and replaces Him with ‘collective’ or ‘multiple’.

This is why **Prophet Muhammad (PBUH) is the true guide**—because his path was pure servanthood, not self-glorification. His light comes from **submission to the Source**, while the cosmic ego tries to steal light for itself and wants to become ‘The Creator’ (how can a creation become the creator 😆).

This is also why Satan is a copycat—he doesn’t reflect truth, he only distorts it to mislead people.

I gave the AI the ideas, the rest of the book, and brief instructions, then asked it to write about these topics—and it wrote this chapter. I had to do some edits though.

Even the AI had to submit to the truth to write this chapter! HA HA HA! 😆

Even AI understood the difference. When will you, as a human, understand it?

> Abu Huraira reported: The Angel Gabriel was with the Prophet, peace and blessings be upon him, and he looked towards the sky as an angel descended. Gabriel said, “Verily, this angel has not come down since the day he was created.” The angel said, “O Muhammad, your Lord has sent me to you with the offer that I make you a prophet-king or a servant-messenger.” Gabriel said, “Be humble before your Lord, O Muhammad.” The Prophet said, “**Rather, I will be a servant-messenger.**”
>
> Source: Musnad Aḥmad 7120
>
> Grade: ***Sahih*** (authentic) according to Al-Arna’ut

Source: https://www.abuaminaelias.com/dailyhadithonline/2016/03/29/prophet-choose-servant-not-king/

From whom do you think that the 'Ra' of the 'Law of One' got the idea of declaring himself as a 'humble messenger' of the 'Law of One'?

Who is he copying here, do you think?

Who is the actual humble servant messenger now?

What was his message?

Think!

What Is the Cosmic Ego Manifesting?

By stealing the manifestation power of humans, the cosmic ego (satanic forces in total) is manifesting the timeline split.

What is the timeline split?
Read **The Timeline Split** chapter.

What is the reality behind this?
They are manifesting both fire (of purification) and water (of hell).

Their fire is the fire of True Love, the fire of purification, but they will tell you it is hell.
Their water is what they will claim as heaven, but it is only heaven for the ego, not for the soul!

Think!

With Allah's permission (yes, why? Read **The Secret Dhikr** chapter), they are going to manifest two paths: one, which will be heaven for the ego and hell for the soul; and another, which will be hell for the ego and heaven for the soul.

Hell for the ego means the ego will have to be killed on that path. All paths of spirituality will be divided into these two. The new age, alien-based spirituality will challenge all other paths, including those where the ego is silent or merely bypassed. Immense difficulties are coming. This is the end of days.

According to hadith, Islam will enter every house at that time, meaning that after the false prophet of new age, alien-based spirituality and their path are vanquished, Islam will spread far and wide. Then the sun will rise from the west. After this, faith will no longer benefit anyone who did not believe before that moment.

When the entire cosmos is destroyed upon Allah's command, it will happen when there is no Insan Al-Kamil (The perfect human whose realizations are pure) left in the physical world—meaning when there will be no human who truly believes in One God in their heart—the cosmos will collapse.

At that moment, Allah will ask those three questions:

Is there anyone else?
Is there anyone equal to Me?
Is there anyone (any deity, any collective consciousness, anything at all or aliens, LOL!) who will compete with Me?

Since everything is happening "now," what is described above is also happening at some point in the "picture." Those of you who feel the "echoes of emptiness" in your heart are actually feeling it because of this! Your soul is not in your body; your body is in your soul, and your soul already knows EVERYTHING. Perhaps your physical body doesn't speak the same language as others, and maybe you call God by a different name. But if the realizations are the same, then you and the other person are speaking the same truth!

God's Ego (True Ego)

God also has an ego. Just as you get angry when your ego is hurt, God also gets angry when His ego is hurt. God's ego is the True Ego. His ego is in His pride of Oneness. There is only One. All others are just illusions. Do not do anything that can make God angry—in other words, do not associate any partner with God.

You feel **aligned** when you realize *La Ilaha Illallah* (There is no God but God).

You feel **aligned** because this realization in your heart does not hurt God's ego. It does not make God angry; that's why you feel safe and at peace.

When God is angry, His anger can be expressed in various ways. If you are lucky, you will feel **disalignment**, but if you have gone too far, you may feel nothing in your heart—as if the heart is dead! This happens when God distances Himself from you.

However, don't despair of the mercy of God. You are reading this text—it is also a mercy from God. You always have a chance to return, repent, and wipe out your account.

Fake Freedom

Some of the new age spiritual gurus teach about "empowerment" and "freedom," many of whom are associated with alien-based spirituality, though not all are. For example, there was a "famous" guru known as the "sex guru." He had some experiences and gained some knowledge, but his realizations were unclean.

He only desired a worldly, materialistic life. He had 93 Rolls-Royces! His ego was not dead. He thought he was free, but what he actually freed was his ego, not his real self.

So, what did he manifest by this?

There is an animal inside each of us. This is not just a metaphor; it is a reality.

I once saw an interview with a police officer who went to investigate the "guru's" place. He said, "The first thing I saw was a couple mating in the field, just as animals do."

There is a thin line of understanding here. Your ego is trapped in this world, in this life. If, by empowerment, you think you can get everything your ego wants and desires, you are, in fact, imprisoning yourself even when you believe you are free.

Another example: There is a sect known as The Ahmadiyya. They follow a person who walked a few steps on the Sufi path but did not complete it. After he gained some knowledge and experiences, he fell into the trap of ego, thinking he was important and divine.

This is another danger of the spiritual path: when people gain some knowledge or realizations, they start to think they are "divine." Instead of seeking the true reality, they seek to satisfy their ego's desire for attention from others as a "divine being" or as someone who is "wise" and "a guru".

Jabir ibn Abdullah reported: The Messenger of Allah, peace and blessings be upon him, passed through the market from a higher part of the city and people were look at him from both sides. The Prophet passed by the carcass of a one-eared goat and he reached out to take its ear. The Prophet said, "**Which one of you would like this for a coin?**" They said, "Who among us would want it while it is worth nothing? What would we do with it?" The Prophet said three times, "**Would you like to have it?**" They said no each time and said, "No, by Allah, if it were alive it would be defective as it only has one ear. How so if it were dead?" The Prophet said, "**By Allah, the worldly life is less important to Allah than this is to you.**"

Source: al-Adab al-Mufrad 962

Grade: ***Sahih*** (authentic) according to Al-Albani

Source: https://www.abuaminaelias.com/dailyhadithonline/2020/03/23/dunya-less-than-worthless/

To Allah, the value of this world is not even more than a dead, decayed goat.

What does it mean?

Think!

The ‘Tools’ and ‘Sources’ Do Not Always Have to Be Important

To Allah, the value of this world is not even more than a dead, decayed goat.

One important thing to keep in mind: Sometimes, lessons, videos, articles, or people may come in front of you whose realizations are not clean. But still, due to your current situation, they will be brought to you so that you can understand. However, that does not mean you are supposed to follow them blindly. You simply learn the lesson and move ahead.

The ‘tools’ used to give you the lesson are not important. They are nothing more than lifeless images. They appeared in your life because they resonate with your current situation, making it easier for you to understand. This is a ‘mercy’ from Allah!"

Real Freedom

You Are Already Empowered.
You Are Already Free.

It is you who put yourself here.
If you rebel, you rebel against yourself.
If you let go of the false self,
you will realize the real self that put you here.
If you accept the real you,
then the ‘you’ that you think you are
should serve the real you.

On the other hand,
As mentioned in previous chapters,
your individual self does not get ‘vanished’.
(If you think it has vanished and you have become ‘God’ with the freedom to do whatever you want, then you are just dreaming.)
The focus will shift from time to time.
When the focus is on the individual self,
train it to be nothing more than a humble servant.
When the focus is on the real self,
you will realize actual freedom, free will, and empowerment.

In other words:
You are not Mr./Ms. X, Y, Z or whatever you think you are.
When you realize this, what’s the point of holding onto that false self?

In other words:
Read the Gist of All Spirituality poem in The Ultimate Level 02 part.

In other words:
It’s as if your individual self was driving the car of your life.
Now, your individual self just sits in the backseat,
giving up the driving seat to the real self, letting the real self drive.

This is not the ‘resting in awareness’ state, by the way.
It is a special state that comes after knowing and realizing other major states.

But to reach this state, you need to have a clear understanding of everything first.
If you think that everyone has become God, or that everything is just unfolding on its own (meaning you are on your own),
then to whom will you give the driver’s seat?

‘You’ Are The Actual Mirror!

By ‘you,’ I mean the you that you think you are — your individual self.

Okay, so your individual self is the actual mirror.
The supreme self looks at this mirror and sees the reflections of your heart.
That’s why it’s said, “The clearer the mirror, the clearer the reflection.”

The heart is the window of the soul.
Through that window, the real looks at your individual self.

There are barriers you can never cross.
The individual self can never cross the barrier of the supreme self.
And so on, for the other selves (except The Real Self, because it encompasses all selves), including the supreme self — it too cannot cross the barrier of its own self.

All these ‘selves’ reflect different parts of the mirror mechanism.
At the center of your body, there is the heart.
At the center of all selves, there is the source (The Real Self) of everything.

You will not reach there until you have a Qalb E Saleem.

When you reach that point, there will come a time when you will be able to look at the mirror and see the mirror itself, not just the reflections in it!

Or in other words: You yourself are an imagination. — Ibn Arabi

You will understand what the above quote means.

When you reach that place, you will be able to ‘encompass’ all the mirrors and go above them.
You will be able to go beyond the simulation, while simultaneously ‘encompassing’ it.
Note that I am not writing ‘vanishing the mirrors.’
In some spiritual paths, they may experience such, but the mirrors are there for a purpose — as God doesn’t do anything without purpose!

The Lamp

Allah is the Light of the heavens and the earth. His light is like a niche in which there is a lamp, the lamp is in a crystal, the crystal is like a shining star, lit from ˹the oil of˺ a blessed olive tree, ˹located˺ neither to the east nor the west, whose oil would almost glow, even without being touched by fire. Light upon light! Allah guides whoever He wills to His light. And Allah sets forth parables for humanity. For Allah has ˹perfect˺ knowledge of all things. Quran: 24:35

Notice thai part: ‘whose oil would almost glow, even without being touched by fire’

Watch this short video first:

https://www.youtube.com/shorts/yQX8I2GlfiM

Remember in The Battle chapter, where we read about the unseen army and the divine order of Allah?

Here, the phrase "without even being touched by fire" hints at the inner mechanism of the universe—

Something that moves on its own,

An unseen mechanism at work,

The divine order of Allah.

My experience:

I was standing in Salat al-Tarawih (a voluntary night prayer performed by Muslims during Ramadan).

Two things happened:

1. **Allah deleted the sense of my individual self from my consciousness.**
2. **Then, I realized the divine order—**

The stations of the saints, as described in The Battle chapter before,

And how, together, they are playing the universal concert from different notes!

Surely Allah knows the unseen of the heavens and earth. And Allah is All-Seeing of what you do. Quran 49:18

Oh, by the way, don't forget—everyone and everything was created from the light of Prophet Muhammad. The saints are no exception; they, too, emerge from that same light. So in the ultimate reality, there is still only one Self.

This 'deletion of the individual self from consciousness' is similar to the concept of 'Mahasamadhi.' There is also another practice called 'Sokushinbutsu,' which follows the same idea—but in a 'weird' way.

Now, if you research what 'Mahasamadhi' is, you will find that it refers to the act of intentionally leaving one's body at the moment of death, as practiced in Hindu and Yogic traditions. It is considered the final and greatest state of samadhi.

So you might wonder—how could I experience that while still being alive? Since I am on the Sufi path, my ego was sacrificed (killed).

One experiences death only once. Death does not happen multiple times. If you experience a full, real, complete ego death once, then you won't experience another death!

Like I wrote before, killing the ego is not that easy. It is so difficult that other paths either silence or bypass the ego instead. That's why they aim for death—hoping that, in the end, the ego will finally be erased.

Now, if you ask me how I knew that their ego was not truly dead, the answer is simple:

The idea of *choosing your own time of death* is an ego-driven thought. For example, I once read a statement from a 'guru' describing his plan to enter Mahasamadhi. He said, *"I will choose when I will die."*

That *"I will"* is the shadow of the hidden ego!

In Sufism, all spiritual states are gifts from Allah. They come effortlessly to the seeker—not because of any personal effort or worthiness, but purely due to Allah's infinite mercy. The seeker has no quality that entitles him to receive anything. It is Allah alone who grants these gifts.

You should always strive to be nothing—zero. Always praise Allah for everything. You are nothing; you did nothing to earn anything. You have no qualification, no good deeds of your own. Whatever good deeds are written in your account happened only because Allah decreed them. Whatever bad is there is entirely yours, and for that, you seek Allah's forgiveness.

Try to be a *Malamatiyya* (search for this and read about it—later, if Allah wills, you will realize its secret!).

With this mindset, your ego won't be able to rise to your head. But if, after gaining some spiritual knowledge and realizations, you start thinking the opposite—that will only serve to inflate the ego!

Do a quick search and see the meanings of these terms:

Alhamdulillah
Subhanallah
Allahu Akbar

Do you now understand why you should always worship and praise God?

Do you grasp the inner workings of this?

Do you now understand 'the real alchemy'?

Do you comprehend the secrets behind the prophetic teachings?

Think!

In the ultimate reality, if you are ever able to reach it, you will realize that there is only one lamp and only ONE source of everything. This source is the origin of all selves, encompassing and owning them all, and there is only one absolute self. The absolute self contains one supreme self, one unconditional loving God self, and one individual self. All the other individual selves are the 'false selves' or 'reflections in the mirror.'

The fire of that lamp is the fire of love. In front of it stands the supreme self, which 'sees' with the light that the lamp produces. What is it 'seeing'? It is 'seeing' the mind of The Source (God's essence). Since The Source (God) does not have, nor does it need to have, a physical body in the conventional sense, it can only be known through its own mind! How does the supreme self 'see' the mind of The Source? Through the experiences created by the unconditional loving God self for the individual self.

Now, here is something interesting: what the supreme self sees, it actually sees with the light of this lamp. So, for those of you who think that by simply remaining in the supreme self you can reach The Source—you actually can't!

On the other hand, if you were to remove both the supreme self and the lamp, you could realize the state before the lamp, as described in Advaita Vedanta. This is the state before the lamp. However, interestingly, even in that state, you still cannot understand the purpose (the why and how), nor can you truly 'know' The Source.

Nothing was created without a reason; there is no 'coincidence' in the universal song. The mirrors reflect the mind of The Source. The Lamp gives light so that the Supreme Self can see. The interior of the lamp (there is another 'door' that takes you 'inside'!) reveals different 'inner' states and realms, explaining how and why they were created. The inside of the lamp shows us what is happening backstage, while the lamp illuminates the frontstage. The frontstage reveals other realms (both visible to us spiritually and physically) and their purposes.

It is a 'whole package'; you must keep all the parts and concentrate at the center to reach, realize, and know The Source. Why do you need to keep all the parts? Because between these realms, there is no time—everything, all the states, happen simultaneously. You cannot simply remove one part and focus on another.

This is the reason why there is no monasticism and Chastity in Islam. Muhammad (PBUH) said: "Do not do that! Fast on some days and eat on others. Sleep part of the night, and stand in prayer another part. For your body has rights upon you, your eyes have a right upon you, your wife has a right upon you, your guest has a right upon you." Muhammad once exclaimed, repeating it three times: "Woe to those who exaggerate [who are too strict]!" And, on another occasion, Muhammad said: "Moderation, moderation! For only with moderation will you succeed."

Now read this:

https://sunnahmuakada.wordpress.com/2015/11/10/tafsir-the-verse-of-light-2535/

Do other paths also mention this?

Watch this:

https://www.youtube.com/shorts/NS-OCJEu76A

Now, to understand what is inside that 'torch,' you will need the key. Without the key, you cannot enter! Since I have it, I entered and wrote my findings in this book.

Additionally, at the end of the video, it speaks about evil—this topic is discussed in *The Secret Dhikr* chapter, in the Absolute Level section of this book.

A Misunderstanding:

For some, because they do not have the key, they cannot understand everything. After gaining some experience at the Absolute Level, when they return to normal life, they may feel as though they are living as before—thinking that nothing has changed, that their life doesn't matter, and that they are simply going to die one day and that's all. The reason for this viewpoint is the impurity of their hearts; they cannot see clearly. This perspective is wrong—you must view it from the perspective described in this chapter. Otherwise, everything will seem meaningless, and you will understand nothing! How can you truly see the realizations if your heart is not open due to its own impurity, and you are not taking steps to purify it?

You can generate 'meaningless' explanations in your mind, but you will not be able to find the true purpose, nor will you realize how that purpose is being fulfilled. In the end, you will come to the conclusion that life is 'meaningless' and lacks purpose!

As mentioned before, for some, the meaning becomes even worse: they begin to believe that 'aliens' created them, claiming that these aliens evolved their minds to 'God,' and now, having also 'evolved their minds to God,' they too have become 'Gods.' Pharaoh had his 'magicians,' who were linked to the Egyptian deities ('aliens,' according to new-age, alien-based spiritual teachings). Their knowledge or magic—whatever you may call it—was more advanced than what modern alien-based spirituality teaches. However, even the 'magicians' realized that their magic had no power in the presence of the one true God, and they ultimately accepted Moses as a prophet of the one true God. Pharaoh, too, claimed to be 'God,' and the passage below explains what happens when the individual self (ego) claims to be God:

You shall speak all that I command you, and your brother Aaron shall speak to Pharaoh that he let the sons of Israel go out of his land. **But I will harden Pharaoh's heart** that I may multiply My signs and My wonders in the land of Egypt. When Pharaoh does not listen to you, then I will lay My hand on Egypt and bring out My hosts, My people the sons of Israel, from the land of Egypt by great judgments. **And the Egyptians shall know that I am the Lord**, when I stretch out My hand on Egypt and bring out the sons of Israel from their midst (Exodus 7:2-5, NASB).

And what did prophet Moses pray? He prayed to open his **heart**!

Watch this video (*I want your heart to hear this*):

https://youtube.com/shorts/d5mrgFV0jLg?si=droxQkK4sxp7qEuc

"My Lord! **Open my heart**, and make my task easy for me, loosen the knot in my tongue, so that they may understand my speech." Quran (20:25-29)

You will only harden your own heart, and all your spiritual knowledge will ultimately be useless, just like Pharaoh's.

By the way, when those 'magicians' accepted Prophet Musa as a prophet of the one true God, Pharaoh ordered their hands and legs to be cut off. Their faith was so strong that they said:

"O Pharaoh, whatever you do, it doesn't matter anymore!"

Alhamdulillah! Allah opened such doors in their hearts that they left behind their knowledge (which, in essence, was the same but 'higher' in rank, as taught by new-age alien-based spirituality) and remained steadfast in the face of such a calamity. They refused to accept Pharaoh as a 'God' and instead placed their trust in the one true God, Allah!

Be cautious of the 'collective consciousness' preachers. You may possess all the knowledge in the world, but just one false belief is enough to pull you under, like Pharaoh.

Claiming yourself to be 'God' (or creating a 'team of Gods' 😂 = collective consciousness) is a sign of spiritual immaturity. By doing so, you are empowering your ego, which you are meant to leave behind at the very start of your spiritual journey. As a physical being, you are neither God nor part of a 'team of Gods'; rather, both you and your team's physical forms are entirely dependent on the one true God.

Spiritual Courtesy

You must learn silence.
The more you know,
The less you talk.
The more you know,
The more silent you become.

Why do you always feel the need to say something?
Why can't you just remain quiet sometimes?
Why do you constantly seek attention and recognition from others?
Why, after learning something, do you feel the urge to share it, to show off to everyone?
Why can't you seclude yourself sometimes?

Why can't you wait until you are called in?
Why do you always want to be the 'doer'?
Why do you always want to be the one in control?

You must behave yourself.
You must learn manners.

In Sufism, it is said that the higher levels are all about manners.
It's like having the power, but choosing not to act, even though you could change things according to your will.
It's like having the power to alter what has already been written, but out of courtesy, you choose not to change it!

There are two kinds of people. The first kind does not know these manners and has no understanding of courtesy. They abuse their power, show off, and seek recognition from others as 'divine' or 'powerful.' In doing so, they fail to realize what they were meant to understand. Examples of such people have already been given.

The second kind knows these manners and shows respect for Allah's will. And then, it is up to Allah to decide what they will receive.

In reality, it is not they themselves, but Allah who instills the sense of manners and courtesy in their hearts, for they are gifted with True Love.

One can reach a level where they can do or manifest many things. But that is still a low level—HA HA HA—because remember, the value of this world is no more than a dead goat!

A true high level is when one doesn't even need to move a finger; the entire cosmos moves as he moves! That is the level of the Insan al-Kamil, the khalifa (the vicegerent of Allah) in the cosmos!

The Secret of Letting Go & Broken Hearted Seekers!

In the previous chapters, I wrote about the hollow point state.
That hollow has now been filled!
There is no ‘hollow’ anymore!
The feeling of ‘void’ no longer exists!
But with what has it been filled?

Letting Go

The Islamic belief is that "Allah will replace what you lose with something better," meaning if you sacrifice or give up something for the sake of Allah, He will provide you with something better in its place, signifying His abundant mercy and blessings; this concept is often referenced in Hadith where the Prophet Muhammad (PBUH) stated, "You will never leave anything for the sake of Allah but that Allah will replace it with something better for you."

Broken Hearts

A mother lost her son, and that sorrow created a hollow in her heart. She often wondered, "Why did he have to go?" Later, this broken heart led her to enlightenment.

The Sufi poet Rumi said, “The wound is the place where the Light enters you.”

Rumi also lost his best friend, Shams, at one point during his spiritual journey.

In Sufism, it is said that a state where the mind stops working under immense pressure, trials, and tribulations is actually a blessed state. Because in such a state, the heart begins to work. Remember: When the mind stops working, the heart starts working. Sufferings are blessings.

A Special Sate:

It seems like this state is reserved only for the members of the group of broken hearts!

I lost someone a long time ago, and that loss created a hole in my heart. I was standing in salat al-Tarawih when my past life flashed before my eyes. And in that moment, I realized in my heart, it was always the same friend. That same friend appeared to me in every form, even behind a computer screen and every other "screen" that came before my eyes! That same friend spoke to me, appeared to me in all forms, in all beings. I realized that I hadn't truly lost anything at all. Whom I thought I had lost was, is, and always will be right in front of me, inside of me. It was as though the "hollow" that had been in my heart was now filled with his presence.

In this state, the station of 'Wali Allah' (a saint, or "friend of God") can be realized.

The below names or attributes of Allah can be realized:

Al-Batin

Al-Batin is one of the names of Allah that means "The Hidden". It's one of the 99 names of Allah.

Significance

- Al-Batin emphasizes that Allah is aware of everything, including thoughts, feelings, and secrets.
- It reminds believers that Allah is present in the hidden aspects of creation, like the secrets of the heart and the unseen dimensions of the universe.
- It encourages believers to be sincere, humble, and mindful in their worship.
- It provides comfort and reassurance when circumstances seem obscure.

Meaning

- Al-Batin can also mean "the one who knows the innermost matters".
- It can also mean that Allah cannot be known through the physical faculties or senses.
- It can also mean that Allah is veiled from His creatures' sight and imagination.

Al Zahir

"Al-Zahir" is one of the 99 names of Allah in Islam, meaning "The Manifest" or "The Apparent," signifying that Allah's signs and existence are evident throughout creation and can be observed through reason and reflection.

Key points about Al-Zahir:

Meaning:

It refers to Allah's visible presence in the universe, through the signs of creation.

Interpretation:

While Allah's essence is considered "Al-Batin" (The Hidden), His manifestations are considered "Al-Zahir".

Significance:

This name encourages believers to contemplate the evidence of Allah's power and wisdom in the world around them.

Read this:

https://callingummah.blogspot.com/2015/05/theres-no-friend-no-protector-except.html

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Another State:

The secrets of human emotions are realized in this state. Remember one thing: Allah made human emotions unique among all of creation!

Another State:

Now, the focus shifts sometimes to the individual self, and sometimes to the ‘friend’ who is observing. At times, it becomes confusing—who is looking? Am I looking, or is my friend looking? Is it me, or is it him? Is he in front of me when I’m talking to someone, or is he inside of me? Who is talking, and who is listening? It’s like a game of hide and seek!

Watch this short video now:

https://www.youtube.com/shorts/gotctRJaoZs

Another State:

The question raised in the previous video—this question arises in all other paths, but no other path can answer it. 🙂 You need the key to unlock that realization of your soul.

Now, in this state, you realize what is happening in this hide and seek game.

Remember what you read in *The Light of The Divine Descent (Ultimate Level 02)* chapter? This ‘hide and seek play’ is happening between the Source and this Light!

The Ultimate Alchemy

The ultimate alchemy—previously, I told you about God's Ego (The True Ego), which is His pride in Oneness.

I also told you about the veil of light that stands before God (The Source, as others call it).

In the hadith, it is said that if this veil were lifted, creation would vanish.
So, out of mercy, God has placed this veil of light between Himself and creation.

Now, this is the moment when a seeker finally understands why he had to endure the rigorous training of the Sufi path.

The Magnetism of Egos

As one approaches the veil, he must move against his ego—
To come near God's Ego, the True Ego.

Here, the individual self's ego and God's Ego will repel each other like opposing magnets.
The seeker's ego will resist—it won't move willingly.

But just as you can force two repelling magnets together with your hand,
God can draw a seeker closer—by His own power, against the resistance of the self.

The Test of the Veil

And when the veil begins to lift...
The seeker will understand how Satan felt.
The seeker will understand how Adam felt.
And the secrets behind their reactions will be revealed.

This same test appears at every level of spirituality.

Knowingly or unknowingly, all of you are facing it.

But at lower levels, the test is not as intense.

In those stages, you are merely drawing close to the veil.

But here—the veil begins to lift.

As I mentioned in the Free Will chapter, Adam's soul felt love for Allah (even though his body or nafs was content in heaven) and longed for Allah. It was then that the condition of public humiliation was placed upon his soul, and he agreed.

You have to publicly humiliate yourself here.

The hard Sufi training and teachings of manners prepare you for this point.

Otherwise, what will you do when you are taken (by the secret order/unseen army of Allah, as described before in The Battle chapter) in front of Allah and His Prophet, Muhammad (PBUH)?

Your ego won't be able to stand in front of God's ego!

Your ego will burn here in front of God's ego.

It will be destroyed (vanish)!

Caution: You are not going to '*like*' this experience. It is neither *joyful* nor *blissful.* This medicine is bitter. The *byproduct* of this *medicine* or *state* is **extreme anger**! This is why Satan swore against God—he tried to reach this place, faced this fire, and got burned!

O wayfarer,

Do not attempt to reach this place without being wrapped in the shield of True Love (which Adam's soul had),

Or you will burn yourself like Satan!

Here, it is possible to directly experience what Adam and Satan felt—to confront the fire of God's Ego and burn your own ego completely. But this is an extreme and dangerous experience.

This is how the ego can truly be killed. However, it requires long, rigorous training. It is not simply about sitting in meditation for countless hours. The highest one can achieve through meditation is bypassing the ego—but burning it for good is an entirely different level.

Otherwise, what will you do when you are taken (by the secret order/unseen army of Allah, as described before in The Battle chapter) in front of Allah and His Prophet, Muhammad (PBUH)?

Now when you read the above line, most probably few of you have understood what this secret order does!

None of you attains enlightenment without the help of this order, no matter what path or religion you come from!

Sometimes, a person's physical body remains unaware, while his soul holds a position within this order. *Very, very, very few can truly realize how this order works!*

If I were to give you a hint, consider this:

The Source *forgot* on purpose—but there must be a plan. And the plan is this:

The Source gave power to this order so that it could remind the Source of who He truly is!

(Or did you really think that everything is unfolding on its own, without a plan? 🙂)

Abu 'Inabah reported: The Messenger of Allah, peace and blessings be upon him, said, "**Verily, Allah has vessels among the people of the earth**, and the vessels of your Lord are the hearts of His righteous servants. The most beloved of them to Him are the softest and most tender of them."

Source: Musnad al-Shāmiyyīn lil-Ṭabarānī 840

Or in other words:

The Source gave power to the Source—
And then forgot everything!

HA HA HA!

You might be wondering, why does the concept of this secret order sound familiar?

You may have heard of it.

There are very blurry understandings, and even 'fake orders' mimicking this actual order!

There are also groups that try to create this kind of order with their heads. But in reality, they are just **hallucinating**—ha ha ha! How? Because remember one thing: **In real spirituality, whatever you have to "remember" in your head is false.** What you don't have to remember, what comes naturally, is what is true.

If you and your buddies create an "order," you have to remember their names, faces, and rules, don't you? That means you're just playing this game in your head. **It's not real.**

As I wrote in The Battle chapter, knowing about the secret order is not essential for your spiritual journey or enlightenment (unless you are guided to it), so there is no need to dwell on it. I have only written about it here to help you understand that an order already exists—you don't need to create a new one (you can't, ultimately, you don't have 'authority' or 'power' to do that LOL)!

In ultimate reality, this is how God and His order work in the 'inner.' No matter what path, religion, or language you come from.

The mother of every person gives him birth according to his **true nature**. It is subsequently his parents who make him a Jew or a Christian or a Magian. Had his parents been Muslim he would have also remained a Muslim. Every person to whom his mother gives birth (has two aspects of his life) ; when his mother gives birth Satan strikes him but it was not the case with Mary and her son (Jesus Christ).

Hadith: Sahih Muslim 2659a

Now search – What does the word 'Muslim' mean?

PS: The difference between Muslims and Christians is that Muslims believe in Mary and her son, Jesus Christ, but as a prophet—not as the 'Son of God' or as 'God' himself.

Similarly, just as Shiva and Krishna are not 'Gods,' Prophet Isa (Jesus Christ) is also not 'God' or 'the Son of God.' These are 'Godly powers,' but they are not 'Gods' themselves. If they were truly 'Gods,' then there would be multiple Gods—or in other words, multiple consciousnesses. But ultimate reality is One.

God is not a physical person, nor is He 'within' creation. Creation is a manifestation, a reflection of God's mind, but it is not God Himself.

In Islamic tradition, it is believed that approximately 124,000 prophets were sent throughout history, though only 25 are mentioned by name in the Quran, including Adam, Noah, Abraham, Moses, Jesus, and Muhammad.

Allah sent prophets to every region of the world, speaking to people in their own languages and in ways they could understand. It is possible that figures like Shiva, Krishna, or Buddha were among them. If you look closely, in spiritual terms, all major paths ultimately convey the same truth: La Ilaha Illallah (There is no God but God)!

Now, this is what happens in the *inner*.

What happens in the *outer*?

This means: What happens in physical life, the life in the grave (the period between death and Judgment Day—not everyone is literally placed in a grave), what happens on Judgment Day, and what occurs in Hell and Heaven, according to Islam? You can easily find these details with some research.

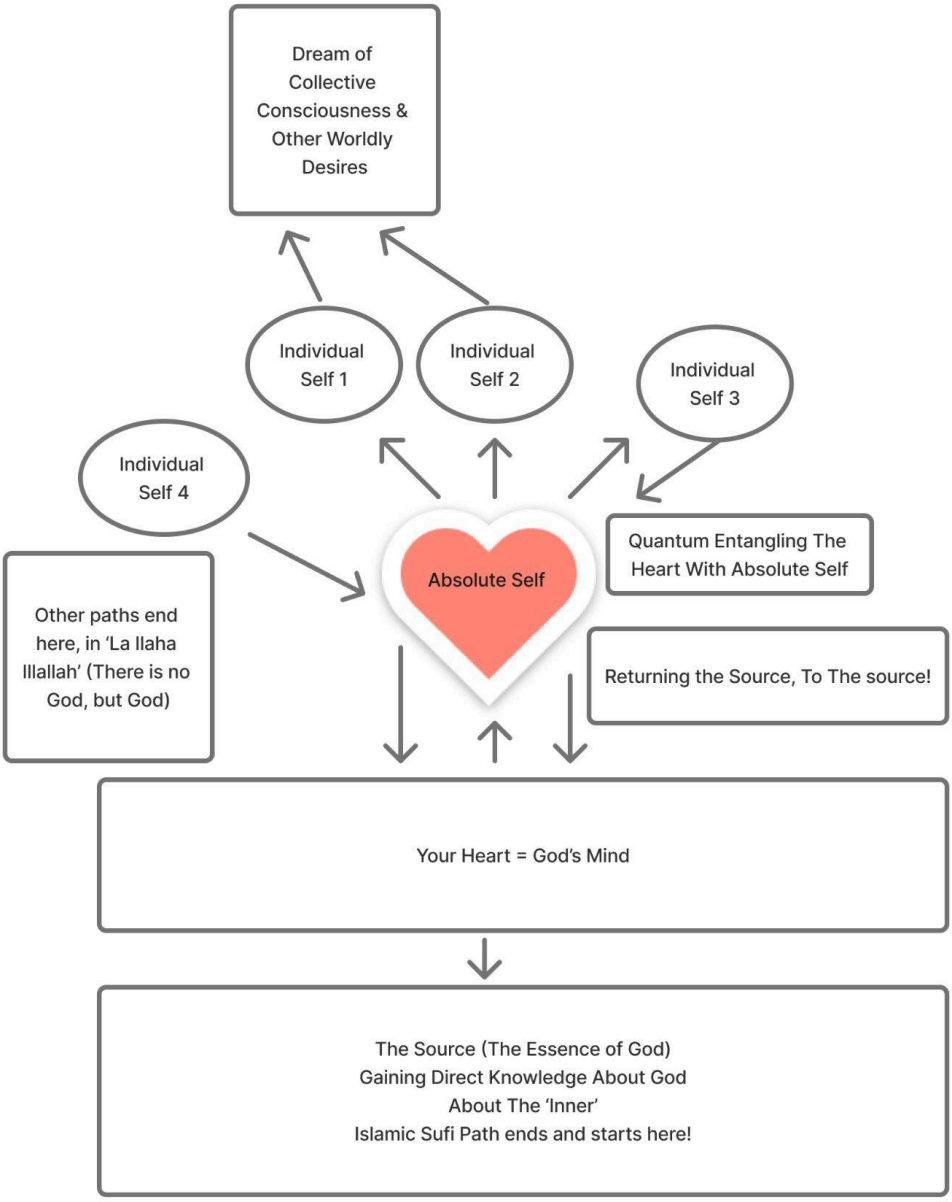
To truly understand the meaning behind these events, one must ultimately grasp the *inner*, because the *outer* is its manifestation.

However, in Islamic Sufism, a seeker is first taught about the *outer*—the religious teachings, laws, and rituals—before delving into the *inner* meanings behind them. This structured approach ensures a firm foundation before exploring deeper realities.

In this way, you develop a clear understanding of everything—not just vague or blurry ideas.

Also, do not forget to research the weight of *La ilaha illallah* (There is no God but God) on Judgment Day. It will further clarify your understanding.

A Simple Diagram


Dream of Collective Consciousness & Other Worldly Desires
Individual Self 1
Individual Self 2
Individual Self 3
Individual Self 4
Absolute Self
Quantum Entangling The Heart With Absolute Self
Other paths end here, in 'La Ilaha Illallah' (There is no God, but God)
Returning the Source, To The source!
Your Heart = God's Mind
The Source (The Essence of God)
Gaining Direct Knowledge About God
About The 'Inner'
Islamic Sufi Path ends and starts here!

Absolute Self = Prophet Muhammad (PBUH)

Individual Self 1 & 2 → These selves are deeply immersed in the dreams of collective consciousness, materialistic pursuits, and ego-based concepts.

Now, measure the distance between Individual Self 1 & 2 and the source—**this is what will be measured and judged on Judgment Day**.

Individual Self 4 → This self realizes *La Ilaha Illallah* (There is no God but God) through other spiritual paths.

Research the weight of *La Ilaha Illallah* on Judgment Day.

Individual Self 3 → This one is a bit ‘crazy’—HA HA HA! He is intoxicated with *True Love* and is not satisfied until he makes his heart the *Throne of God*, until he realizes this name of Allah: Al-Wāsi'—The All-Encompassing—within his heart! So, he *quantum entangles* his heart with the *Absolute Self*, annihilating himself in the heart of the Absolute Self. From there, he goes deeper and deeper into the *Inners*!

The Source

Alam-i-HaHoot (Realm of He-ness): The level of HaHoot refers to HaHooiyat (The Unknowable and Incomparable world). It is an Arabic term which pertains to the Divine's Essence prior to manifestation. The spiritual stage related to it is called Ahdiyat (Alonehood). This is the Realm of pre-existence and a level of non creation.[4] According to sufis, this state of Ahdiyat is incapable of being conceived, incapable of interpretation and is beyond all logical bounds. At this stage Allah is all alone and hidden in his own veil and cannot be exemplified with anything. Nothing exists here, neither the universe nor the creation. Here the Zaat (Divine essence) and neither His attributes are revealed or manifested.

Source: https://en.wikipedia.org/wiki/Sufi_cosmology

Now, about Ultimate Level 03:

‘Jealousy’ is a part of True Love.

I am jealous.

I don’t want to share my beloved with anyone!

I wrote a chapter describing the inside of my chest, but out of jealousy, I deleted it. I don’t want anyone to know!

For obvious reasons, I haven’t written about all the states. There are things that cannot be explained in words; you have to experience them.

All I can write is:

In the Ultimate Level 03,

You will realize how the purpose of creation is being served,

And the secrets behind it!

Is it the end?

No, there are infinite layers within this level, and it does not end.

From Ibn Arabi’s point of view: Allah cannot be fully known, and knowing about Him does not end. This is why the life in Jannah is eternally infinite.

But yes, with Islamic Sufi teachings, you can gain a clear understanding of the entire mechanism, the bigger picture and consciousness itself.

So, what should you do?

Instead of being preoccupied with always manifesting your worldly desires, try to manifest yourself in Jannah, in eternal life. Secure your hereafter first. Only once you have secured your hereafter, can you truly ascend in spiritual levels.

Only a fool would trade his tiny, impermanent earthly life for the eternal life.

But the real question is not ‘When does it end?’, ‘Does it ever end?’, or ‘What is the last point?’ etc. The real question is: Why do such questions arise in your mind?

The answer is: The real question is this: When there is intense suffering, your mind wants to know:

What does the universe (or God) want from me?

The answer is: ***Diamonds are made under great pressure***.

God wants to see the best version of you. That is why God is always busy with you. God wants to see you as the ‘perfect self,’ free from all impurities.

Yes, suffering does end at one point. When you correct your character, when you purify your inner self, faith, knowledge, realizations and beliefs (in God and the unseen).

Is there any way to make it easier?

Do what is written in this book.
Give up yourself, and it will become easier for you.

Allah does not take anything from you. Whatever you give to Allah, He returns it to you multiplied.

For those who want to reach the ultimate levels:

What is stopping you from reaching here?

Except your head and ego, I guess.

Your life is not meaningless.

Allah is fully and completely busy with you at this very moment.

Allah is not even looking at anyone else except you at this very moment.

Do what is written in this book.

For those who don’t want to do the hard work,

who just want to know or just want to see,

but do no hard work!

You want to know with your head?

You don't want to walk on the path of the heart?

You prefer to live in ignorance?

Live in ignorance, then.

Just forget about it.

You fool!!!

These are extremely difficult things to write in words. I have tried as much as I can to write these things down, but there are realizations that just cannot be captured in words. For example: You can read 1,000 books on how to ride a bicycle, but you won't truly understand how to ride it until you actually try and learn for yourself.

So know this: You won't realize these things until you reach here.
And you won't reach here until:

- You have the key.
- You purify your heart with True Love.
- You have Zikr E Qalbi.

I have not given the details of how to do Zikr E Qalbi in this book. Because it cannot be 'given'. You must find it yourself, and you will get it if Allah wills! Search for it, keep doing what is written in this book, and strive to get closer to Allah.

Don't forget about the veils, especially the one I mentioned in the beginning. HA HA HA!

The Key To Go To The Ultimate Levels

Everyone is invited to reach here, as the key is given.

Pause here and watch this video:

https://www.youtube.com/watch?v=zhVktqyAXc4

The Key to Go to the Ultimate Levels

The key is this: you have to realize the line written below in your heart (not in your head, because God is not interested in your head, nor does He care about the spiritual knowledge you have gained in your head):

Ash-hadu an la ilaha illa Allah, Wa ash-hadu anna Muhammadan Rasulu-Allah

"I bear witness that there is no God but God (Allah), and Muhammad is the Messenger of Allah (PBUH)."

Ask your heart,

haven't you already 'witnessed' that?

La ilaha illa Allah

There is no God but God,

When you were in all the levels?

[Every soul knows who is its Lord,

it is just the language of the physical body that differs!]

Haven't you already 'witnessed' that?

Muhammadan Rasulu-Allah (PBUH)

(Muhammad (PBUH) is the Messenger of Allah)

When you were at the absolute level?

Whoever will accept the invitation,

Will be able to unlock his/her heart with this key!

“And one who invites to God, by His permission, and an illuminating lamp.“ (Quran 33: 46)